

# ABERAERON SPORTS CLUB

## CHANGING ROOM POLICY

Aberaeron Sports Club (ASC) has two changing rooms off the main hall, ladies and gents toilets and a single cubicle shower room.

Please note the following guidance for use of these facilities.

Please also note there may be additional guidance in place for other circumstances e.g.the Covid emergency which further limits use and should take precedence.

1. The shower room is out of use.
2. The two main changing rooms are used by adults only.
3. As no changing facilities are available children and parents should be made aware prior to activities and advised to make alternative arrangements and to take appropriate additional clothing e.g. tracksuits etc.
4. Use of mobile phones and other camera equipment is strictly forbidden in toilet and changing areas other than for an emergency 999 call.
5. Children under 4 should be supervised by a parent or carer using the toilets.
6. For children 5 – 11, a DBS checked member of staff or volunteer may wait outside the toilet to allow a child to call for assistance if required.
7. Adults and children should not use the toilet facilities at the same time, unless it is an individual adult with their own children.
8. Children of the same gender and age group may use the toilets at the same time.
9. Children should use the toilet identified for their gender. However, if we are made aware that a child or adult self-identifies as a gender that differs from the gender they were assigned at birth, we will work with them and their parents/carers (where it relates to a child) to make reasonable adjustments to arrangements to suit their needs. Please contact the Welfare Officer (details on the board).
10. We are happy to discuss the needs of vulnerable adults and adjust the guidance if required and where we can. Please contact the Welfare Officer (details on the board).
11. Guidance during events may be different following a risk assessment. The guidance will be written and shared prior to the event.

Reviewed: October 2022

Next Review: October 2024