# ABERCORN'S NEWSLETTER January 2023 edition



## MESSAGE FROM THE CLUB PRESIDENT

Happy New Year!

Welcome to our first monthly Abercorn Newsletter of 2023 and thanks to Kitty for creating such a fantastic design.

The aim of the newsletter is to keep you up to date with all that's happening at the club and provide you with information on upcoming events to pop in your diary.

In this edition we look at the club goals for 2023, welcome new committee members following our AGM, update you on plans to improve our facilities as well as provide you with dates of future activities & events.

As you know from my email prior to Christmas I will be stepping down as Club President next year which will be 10 years that I have carried out the role so definitely time for some fresh blood to continue to develop our fantastic club.

That means we will be looking for someone to take over the role so if this is of interest to you then please let me know and I would be happy to have a chat.

I would also love to have your ideas for content for our newsletter so please let me know if there's anything you would like to see and also if you have any articles you would like to include.

I hope you enjoy reading the newsletter and would welcome any feedback.

Kind regards

Laura Club President



# WHAT'S COMING IN 2023....

### Our Club goals for the year are:

**Increasing membership** - We will continue to attract new members to the club through open days and other events. We will specifically focus on squash membership which has not fully recovered following covid.

**Building a new squash coaching programme** - As part of our aim to increase squash membership we want to build a coaching programme with something for everyone, beginners to intermediate, drills and team training.

**Juniors** - We have lots of junior members and want to provide them with the opportunity to play competitively in the East of Scotland junior tennis and squash leagues. They are our future team players!

**Building community links** - We want to give something back to the community and provide opportunities for local voluntary groups, charities and disadvantaged groups structured sessions to enjoy tennis and squash. If you have links with any community groups who may be interested, then please let me know.

**Bar and lounge areas** - Invest in updating the bar and making the lounge area more comfortable and accessible for members to use as well as continuing to hire it out for events and functions.

### Projects for 2023:

#### **Installing Padel Tennis court**

At the AGM in November we gave an update on our research into the feasibility of installing padel tennis at the club. We had a site visit from PadelTech a company that installs courts to give us some advice and guidance on what is possible and will continue to progress this to provide our members with more detailed information on the proposal including costings.

### Floodlights

We are planning to install floodlights on court 4 and have received a quote for the traditional lights. We are also exploring the option of Tweener lighting which has recently been installed at Joppa tennis club. These are fitted to the fence rather than poles which would make maintenance easier.

We will also be replacing the bulbs in the existing floodlights with LED lights which are much more energy efficient.

## 2023 HAS ARRIVED..... TIME TO MAKE SOME NEW YEARS RESOLUTIONS

#### **Tennis:**

- Tennis Coaching Commences on the 8th of January with Graeme, Robin & Katie. So don't forget to sign up on our website
- 13th 17th February we have our junior tennis camp!

### Squash:

view page

• HIT squash is an initiative launched by Scottish Squash to attract women to learn the basics of squash with a fitness angle as well. Senga is running the first block which starts on the **10th of January** and already our class is full which is great.

# UPCOMING SOCIAL EVENTS IN JANUARY

## 28th January - Bingo & Pizza

**night.** Apparently Bingo is extremely popular in Italy, so Barbara (Bibbi) has volunteered to show us how it is done Italian style. We have all of January to learn those numbers, so get brushing up on your diciotto,

## 1st - 24th February - Table Tennis

**Tournament.** Lindsay Issac is a table tennis aficionado and has volunteered to run a table tennis tournament over the month of February, with the finals being played on Friday 24th Feb. If you fancy your chances to be crowned table tennis champ, please email: **info@abercornsportsclub.co.uk** 

# **Other News...**

## **Committee changes:**

This year Robin Tarry and Neelu Sarkar stepped down as Membership Secretary and Vice President respectively but will stay on as general committee members. A big thank you for all the work they have done over the years to ensure the smooth running of the club. In their place, we welcome Julie Arnott as our new Vice President and Iain Macrae as our new Membership Secretary who I'm sure will make an excellent contribution and will get full support from the committee.

## Welfare Officer:



The club is looking for a Welfare Officer to take over from Chloe who has enough on her plate being Club Treasurer!

It's an important role for the club which ensures we have policies and procedures in place to safeguard our members, guests and visitors, specifically children and vulnerable adults. It involves some online training, making sure our policy is regularly reviewed and being the point of contact for members to raise any issues or concerns.

If this is of interest and you would like further information drop us an email at <u>info@abercornsportsclub.co.uk</u>\_\_\_\_\_\_



Pilates C

## Weekly Pilates Classes:

Will continue our Pilates classes every Thursday starting on the 12th of January. if you would like to join please contact Claire Shillinglaw via <u>clare@pilatesandyogaforalll.co.uk</u> or you can book online at

https://www.pilatesandyogaforall.co.uk/pilates-classes-bookonline/#/packages/bundle/20472





## January:

10th - HIT Women's Squash Class 28th - Bingo and Pizza

## February:

13th-17th - Kids Tennis Camp 1st - 24th - Table Tennis Tournament

## March:

18th - Quiz Night 18th - Open Day

## April:

3rd-7th & 10th-14th - Kids Easter TennisCamps29th - American Doubles with Food & Drink

## May:

20th - Cheese and Wine Night 24th - Squash Tournament

## FIND US ON SOCIAL MEDIA TO FIND OUT MORE....

www.abercornsportsclub.co.uk

Give us a follow on Instagram and Facebook so that you can be updated with all the latest information!



# https://clubspark.lta.org.uk/AbercornSportsClub