ADEL TENNIS CLUB

March 2023

Welcome to the 2023 Summer Season

2023 NEWSLETTER

Welcome to the new summer season for 2023. We have great plans and visions for this year and are hopeful it will be one of our most successful both on and off the tennis court.

Head Coach Appointment

We are proud to welcome, Jamie Costa, as our new Head Coach at the club. Jamie brings a wealth of experience in club tennis and programme development. He is a firm believer that everyone is more capable than they know. His values very much align to those of the club and he is committed to making Adel one of the most inclusive clubs in Leeds by providing opportunities to all. Please help us by giving Jamie, an Adel Welcome!



Safeguarding & Welfare

Adel TC recently reviewed all welfare and safeguarding procedures and policies with the guidance of the LTA. We are a club that takes welfare very seriously and aims to make everyone feel safe. We have updated policies on our website which you can view here: <u>https://clubspark.lta.org.uk/AdelTennis</u> <u>ClubASectionofAdelWMA/WELFARE</u>

Join our Adel TC Members Whats App Group!



Social Tennis

Mon @ 18:30

Sat @ 14:30

Interested to play for a team?

Ladies or Medley - Contact Tracy Watson Mens - Contact Dave Barrick

Tracy: 07762 300090 Dave: 07922 686194

Please contact Nat Wright on 07885 673073 to be added to receive news, alerts and event info.

Updated Notice Board



We have updated our notice board in the tennis pavilion. All the infomation you may need is now located there.

New Logo

We are starting the 2023 summer season with a new club logo. This is in line with the aim of modernizing the club, by becoming more active on social media and pushing our new creative coaching programme offered to all members.



<u>Time to Renew Your</u> <u>Membership!</u>

<u>2023 Adel TC Membership</u>

Adult	£125.00
Adult Concessions 19 - 25 y/o, Adult Coaching Only Membership - Not Team (Mens)/Social Tennis, Off Peak Membership (Weekdays 9 - 4pm) or Ladies Team Player	£80.00
Couple (2 Adults)	£220.00
Family (2 Adults & Children)	£285.00
Junior (U18 - Inc 1 Adult Chaperone)	£45.00
Visitor Fees (Payable under 'Events' on Clubspark) (Adult / Junior)	£5.00 / £1.00

Membership includes the AWMA subscription fee.

Membership is purchasable through the Adel TC Clubspark webpage.

https://clubspark.lta.org.uk/AdelTennisClubASectionofAdelWMA/M embership/Join

Adel TC Redevelopment

We have an exciting redevelopment proposal progressing through the hard work of our committee to benefit the members and the wider community at Adel. The redevelopment aims to contribute to our vision whilst ensuring our values are upheld, protecting the long term future for Adel Tennis.



What's Next?!



Primary School Coaching

Return of Booming Backhands!



Inclusive Coaching



Competitive Opportunities



What would you like to see at your tennis club?

Contact Jamie 07375 4754752 info.adeltennis@gmail.com

<u>Developing Female</u> <u>Tennis</u>

In 2023 we are more passionate than ever to encourage female participation in tennis regardless of ability or age.

With this drive, we are introducing a new membership deal!

Ladies Team Player Membership



As participation develops at the club Jamie would like to organise female only sessions, competitions, and social opportunities. This ensures we are working towards our club & coaching statements.

'Providing Opportunities For All'

'One Club One Community'



Meet the Coach Day

The club ran a successful Meet the Coach Day on the 25th Feb. The event attracted new juniors to the club to discuss with Jamie the new coaching arrangements and plans for the future. A big thank you to the children, parents and adult players who attended.



New Coaching Programme

Welcome to our new coaching programme. We aiming to are provide opportunities to all players regardless of playing ability or Please age. contact Jamie with any suggestions or requests that you would like to see as part of the programme.

Saturday Sessions

JUNIOR SESSIONS 🍣 🍣 🍣 🍣		
LTA YOUTH BLUE & RED	9:30 - 10:30 AM	
LTA YOUTH ORANGE & GREEN	10:30 - 11:30 AM	
LTA YOUTH YELLOW	11:30 - 12:30 PM	

ADULT SESSIONS 😽

CARDIO TENNIS	8:30 - 9:30 AM
BEGINNER/IMPROVER GROUP	12:30 - 1:30 PM
TEAM TENNIS	1:30 - 2:30 PM

FREE Taster Session

Welcoming both newcomers & current players to our new coaching programme!

New Coaching Values

A Attitude
D Determination
E Energy
L Learning

We want both our players and coaches to enter the court with a positive attitude, ready to show determination to improve their tennis alongside high energy (physically and mentally) to assist their learning on-court.

Bring a Friend!

You are welcome to bring a friend to a session for **FREE**. If that friend then books onto a block of coaching sessions you can receive a **FREE** private lesson.



Book Here!

https://clubspark.lta.org.uk/Adel TennisClubASectionofAdelWMA/ <u>Coaching</u>

Dates for the Diary

21st May - Advantage
Tournament & BBQ
9th Sept - Club Finals Day

Our Vision

To constantly grow a thriving, inclusive club that welcomes people from all walks of life, and all playing abilities, to enjoy tennis, have fun, and enjoy friendship.

To contribute to the health and wellbeing (physical and mental) of our local community, and more distant communities where possible.

<u>Safeguarding</u>

Adel Tennis Club is committed to prioritising and promoting safeguarding in our club at all times. To support a safe environment for all members we have updated our Safeguarding Policies, as well as Code of Conduct expectations, which can be found on Clubspark. If you have any concerns in regard to Safeguarding at the Club, please contact the Adel Tennis Club Welfare Officer.

Welfare Officer: **Chris Hitchen** (welfare.adeltennis@gmail.com)

Our Values

We are committed to creating, and maintaining, a safe environment to play tennis for all members.

We are fair in both the way we play tennis and relate to our fellow club members, and foster an atmosphere of mutual respect and understanding.

We seek to be known as a friendly club for the way we warmly welcome people into new membership regardless of playing ability or sociodemographic characteristic.

We honour the history and tradition of the club and are committed to playing our part in safeguarding for future generations.

We are generous with our knowledge, skills and experience in supporting club growth, stability and vitality.

We work in partnership with others to broaden the appeal of tennis to all sectors of society.

Safeguarding Policy:

https://clubspark.lta.org.uk/AdelTennis ClubASectionofAdelWMA/WELFARE/S <u>AFEGUARDING</u> **Diversity & Inclusion Policy:** https://clubspark.lta.org.uk/AdelTennis

ClubASectionofAdelWMA/WELFARE/IN CLUSION

Useful Links:

Clubspark: <u>https://clubspark.lta.org.uk/AdelTe</u> <u>nnisClubASectionofAdelWMA</u> Facebook: https://www.facebook.com/Adel <u>Tennis/</u>