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Ashbourne Tennis Club: Terms of Use and Covid-19: Return to play guidelines

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Introduction

The terms of use outlined in section one refer specifically to Ashbourne Tennis Club, Moor Lane, DE6 1NA and apply to both members and non-members of the club at all times.

Section two outlines the return to managed play guidelines which apply currently at the club and should be adhered to by all players and visitors that attend the club.

1. Terms of Use

- 1.1. Only tennis must be played on the courts. Any other activity is forbidden
- 1.2. Appropriate sports clothing must be worn at all times (i.e. correct non-slip, non-marking footwear and tops worn at all times)
- 1.3. All players must conduct a personal risk assessment before playing and ensure that the courts are safe for use. Any players playing when the courts are considered unsafe do so at their own risk
- 1.4. No play is to take place before 8am (7am on court 4) and after 10pm daily
- 1.5. All courts must be booked in advance, online via Club Spark
- 1.6. Players must cancel a booking in advance of the booking time if they can no longer play
- 1.7. All players using the courts must be members of the club (except for a Pay & Play booking where payment is received at time of booking)
- 1.8. Personal property is your own responsibility at all times
- 1.9. Players must ensure everything is taken off the courts that is taken on, including all litter and water bottles
- 1.10. Make sure the court gates are locked when you exit (See 2.5.4 for current requirements)
- 1.11. Make sure the Summer House and Shed are locked and the lights are switched off if you have used them (See 2.7 for current conditions)
- 1.12. Show respect for all other court users and visitors – no swearing or excessive shouting
- 1.13. No coaching for payment except with our appointed coaches Matchpoint Management

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2. Guidelines for the Return to Play after Lockdown

These specific guidelines refer to the return to play at Ashbourne Tennis Club, Moor Lane, DE6 1NA, to ensure tennis activity can be enjoyed in a way that is in line with Government advice and helps prevent the spread of Covid-19. Members should be aware that undertaking any activity, including tennis, has the potential for increased risk of transmission on Covid-19, and attendees should read:

<https://www.gov.uk/government/publications/staying-safe-outside-your-home>

Members and Pay and Play users are advised to read and abide by the Lawn Tennis Association (LTA) Covid-19 guidance for players, coaches and venues. Link below:

<https://www.lta.org.uk/about-us/tennis-news/news-and-opinion/general-news/2020/march/coronavirus-covid-19---latest-advice/>

2.1. Players

- 2.1.1. Anyone attending the venue (including players, coaches, staff and any other visitors), should undergo a pre-attendance self-assessment for any Covid-19 symptoms using the information on the NHS website: <https://www.nhs.uk/conditions/coronavirus-covid-19/symptoms/> before leaving home
- 2.1.2. No-one should leave home to participate in tennis if they, or someone they live with, has symptoms of Covid-19. Should an individual have demonstrated any such symptoms, they must follow NHS and PHE guidance on self-isolation
- 2.1.3. Players should bring their own equipment where possible, and the minimum amount needed to play. Equipment such as racquets can be shared, but where this happens ensure thorough cleaning before and after use. Players should not share items such as towels. Clean and wipe down equipment, including racquets and water bottles before and after use
- 2.1.4. Wash your hands with soap and water for at least 20 seconds before leaving home to go to the court (or use an alcohol gel if washing hands is not possible)
- 2.1.5. Players should bring their own alcohol gel to the courts and follow hygiene advice provided within Government guidelines. There will be no alcohol gel provided at the club. Players should use alcohol gel after touching any shared surfaces such as court gates, fences, benches, etc, and avoid doing so where possible
- 2.1.6. Players should avoid touching their face
- 2.1.7. Players should not share food or drink with others
- 2.1.8. Players must maintain social distancing – stay at least two metres away from other players at all times (including during play, when taking breaks and before and after play)
- 2.1.9. Players should not make physical contact with other players
- 2.1.10. Avoid chasing the ball down to another court if other players are using it
- 2.1.11. Players should not congregate on or around the court after playing to allow access for others
- 2.1.12. Players should take away any rubbish as the club rubbish bins have been removed
- 2.1.13. Players should arrive as close as possible to when you need to be there

2.2. Singles and doubles play

- 2.2.1. Singles play is allowed against a different household as long as you remain 2 metres apart as far as possible

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- 2.2.2. Doubles play is permitted with people from outside of your household, as long as you remain 2 metres apart as far as possible – meaning 4 people from different households can now play doubles
- 2.2.3. Consider agreeing in advance which player will take the shot if a ball travels to the centre of the court

2.3. Club Nights

- 2.3.1. Social distancing rules remain and members should ensure there are no more than 4 members on each court
- 2.3.2. When waiting off court to play, members must be restricted to six person gathering limits and maintain social distancing, in line with wider government guidance
- 2.3.3. The clubhouse can now be opened on club nights to access tennis balls and floodlights when required; members must ensure they use hand sanitiser before and after entering/leaving the clubhouse/accessing padlock/floodlight keys
- 2.3.4. Only one member should be in the clubhouse at any one time
- 2.3.5. The clubhouse and veranda should not be used as shelter during bad weather. Members must remain socially distanced outside or in their cars
- 2.3.6. Record of all club night players (see 3.1.2 also) - To support NHS Test and Trace the club must have a record of everyone attending, including on club nights. Please use the NHS app to scan the QR code on the fence and clubhouse or if you cannot do that please record your name and number on the attendance sheet.
- 2.3.7. The club will minimise ball sharing by allocating a set of four balls to each court.

2.4. Equipment

- 2.4.1. Players do not need to use their own clearly marked tennis balls – however, if you choose to use shared balls then extra care must be taken to ensure you do not touch your face during play, and you should clean your hands with alcohol gel before and after play
- 2.4.2. Players should still avoid using their hands to pick up tennis balls from other courts where possible – use your racquet/foot to return them

2.5. Courts – bookings and access

- 2.5.1. Courts must be booked in advance via Club Spark. Members can access the ‘court bookings’ tab via the club website:
<https://clubspark.lta.org.uk/ashbournetennisclub>.
- 2.5.2. Players should register on Club Spark to enable court bookings if they do not currently have access. Any questions please contact Sally Longley, Club Secretary: 07787 118013 or David Longworth, Membership Secretary: 07952 237892.
- 2.5.3. All players using the courts must be members of the club (except for a Pay & Play booking)
- 2.5.4. The court gates will remain open for players to access the courts. Players should use the gate nearest to Court 1 for access to Court 1 and Court 2 and the gate nearest to Court 3 for access to Court 3. Court 4 is accessible by its own gate.
- 2.5.5. Players should not proceed onto the pathway leading to any of the courts from the car park or from the courts back to the car park until the path is clear
- 2.5.6. Park car at a safe distance (greater than 2 metres) from other cars in the car park

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2.6. Nets

- 2.6.1. The nets will be adjusted to the correct height so players should not adjust them.
Net winders have been removed.

2.7 Clubhouse and Facilities

- 2.7.1 The clubhouse will remain closed except for access to turn on/off floodlights, access club night tennis balls, access the First Aid Box and record names in a book for 'test and trace '
- 2.7.2 Members must ensure they use hand sanitiser before and after entering/leaving the clubhouse/accessing padlock/floodlight keys
- 2.7.3 There should only be one person in the clubhouse at any one time
- 2.7.4 One 24 hour toilet at Peak Gateway is now open for members to use
- 2.7.5 Do not use benches at the courts
- 2.7.6 No social activity should take place before or after tennis

8. Coaching – refer to LTA Return to play guidelines

<https://www.lta.org.uk/globalassets/news/2020/lta-guidance-for-tennis-coaches---covid-19.pdf>

- 8.1. Coached sessions are allowed, no more than 12 adults per court, including the coach(es) , and group sizes of no more than 15, plus coach(es) for children
- 8.2. Any coaching equipment used (e.g. cones) should be cleaned and wiped down afterwards

2.9 Supervision

- 2.9.1 Where attendance of a parent/guardian (non-participant) is required, or a carer for a disabled player, it is permitted and is not counted as part of the maximum group size of six, but should be off court and limited to one per player where possible, with social distancing strictly observed while watching the sessions

3.1 NHS Test and Trace

- 3.1.1 If someone who has played at our venue develops symptoms on Covid-19, they should be directed to follow the Government's 'test and trace 'guidelines:

<https://www.gov.uk/guidance/nhs-test-and-trace-how-it-works>

- 3.1.2 To support track and trace the club must keep a temporary record of everyone that attends the club for 21 days, therefore: i) For club nights and similar events players must scan the test and trace QR code provided or failing that record their name and number the attendance register in the clubhouse

ii) For individual bookings – the person making the court booking must have, and be able to share, contact details of all players and may be contacted about who they were on court with for that booking

Review of Guidelines

These guidelines will be reviewed by the Management Committee on a weekly basis and when any Government and LTA advice and guidelines change. Any amendments to these guidelines will be communicated to all Ashbourne Tennis Club members. A copy of these

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guidelines will be situated in the Noticeboard at the courts along with posters providing key messages. These guidelines will be available on Club Spark and the Club Website

<https://clubspark.lta.org.uk/ashbournetennisclub>

Any questions please contact:

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