



Coronavirus (COVID-19)

COVID-19 is highly contagious.

COVID-19 can have serious consequences for people of any age and can and has led to death.

The revised measures are in place to allow doubles play and coaching activities and must be adhered to. The measures are for everyone's safety.

The most important things to remember are:

- No-one should leave home to participate in tennis if they, or someone they live with, has symptoms of COVID -19, currently recognised as any of the following:
 - A high temperature
 - A new, continuous cough
 - A loss of, or change to, their sense of smell or taste
- Keep at least 2 metres apart
- Do not share food or water
- Wash hands

As well as everyone being careful, the following measures for social distancing at BGTC must be observed.

1. Both courts are available for doubles as well as singles including with people from outside your household.
2. For those who are shielding, you can book both courts 1 and 2 for your use. Please don't book beyond an hour if courts are busy.
3. Courts must be pre-booked online – this is to reduce the risk of people turning up on spec and hanging around. Additionally, in the event of an outbreak, we will be able to trace who was on court.
4. Carefully pre-arranged and managed social activity can take place for groups of no more than eight people, subject to social distancing always being in place.
5. Coached sessions are limited to groups of no more than 8 people and must be pre-booked.
6. MAINTAIN SOCIAL DISTANCING other than where players are from the same household:
 - a. Stay at least two metres away from other players (including during play, when taking breaks and before and after play)
 - b. Do not make physical contact with other players (such as shaking hands or high five) try a racket wave.
 - c. Avoid chasing the ball down to another court if other players are using it
 - d. For doubles, agree in advance which player will take the shot if a ball travels to the centre of the court
7. If you arrive when others are playing, wait for them to finish. You can then enter through one gate and they can leave through the other.



8. The toilet and clubhouse are **CLOSED**.
9. Players must always keep 2m distance including walking to and from the courts, and when playing and changing ends unless they are from the same household.
10. Disposable gloves to be worn to adjust net height.
11. Bring handwash and make sure to wash hands on arriving home.
12. If you sneeze, don't let droplets go into the air, sneeze into a handkerchief or your elbow.
13. Bring wipes to wipe anything players have touched.
14. Do not touch other players things including tennis rackets, bags, coats etc
15. Players not to congregate on the court, or the terrace, before and after play. To do so would potentially breach the rule about groups up to six people from different households.

You cannot gather outdoors in a group of more than six

These measures will be revised as new information is received from
Government or LTA.