

Use of changing rooms policy

Bassett Lawn Tennis Club



Revision chronology				
Version no.	Date	Changes	Author	Designation
V1	March 2023	First document based on LTA template titled 'use of changing rooms policy'.	Lyndsey Goulston	Welfare Officer

Briefing

This document is intended to allow venues to meet the needs of its members, taking into account the facilities that are available to them, the number of people accessing them and the activities they are undertaking.

Whilst changing facilities in venues vary greatly, venues are required to have a policy on the use of changing facilities. This document provides a template policy which venues can adopt or use as a starting point alongside the CPSU changing rooms guidance (<https://thecpsu.org.uk/resource-library/best-practice/safe-use-of-changing-facilities/>) to develop their own policy.

Venues who find it difficult to adhere to some of the procedures in this document and CPSU guidance may decide that it is more practical for players to come to the venue already changed, wearing suitably warm clothing e.g. tracksuits, and go home afterwards to change and shower.

It is also recognised that not all venues have their own private facilities and may use those owned by the community/local authority/schools/private business. These facilities may already have their own policy on the use of changing areas to which the venue may have to adhere as part of a facilities usage agreement.

Use of changing rooms policy

Bassett Lawn Tennis Club (BLTC) strives to ensure that all children are safeguarded from abuse and have an enjoyable tennis experience.

This document sets out the BLTC policy for the acceptable use of our changing rooms.

1. Groups of children will have sole use of changing rooms. This reduces any risks and potential vulnerability associated with mixing adults and children when changing and showering.
2. If adults and children need to share our changing rooms, they will do so at different times.
3. Where it is unavoidable that changing rooms are used by both adults and children at the same time, there will be access to separate changing, showering and toilet areas.
4. Any child below the age of 8 years must be accompanied by their parent (or guardian) in the changing rooms.
5. Under no circumstances will adult staff, coaches or volunteers change or shower at the same time as children using the changing rooms.
6. During weekday junior coaching sessions, adults should inform the club coach prior to changing or showering so that appropriate measures can be taken.
7. During changing or showering, the door to the changing room should be locked.
8. Mixed gender groups of children and mixed gender teams must have access to separate changing rooms.
9. If we are made aware that a child or adult self-identifies as a gender that differs from the gender they were assigned at birth, we will work with them and their parents/carers (where it relates to a child) to make

reasonable adjustments to changing arrangements to suit their needs (n.b. for more information on this please go to <https://thecpsu.org.uk/help-advice/topics/lgbt-young-people-and-sport/>)

10. Mobile phones, other electronic devices and photographic equipment must not be used in changing rooms.
11. Where no changing facilities are available children, parents and travelling teams/players will be made aware prior to the game and advised to make alternative arrangements and to take appropriate additional clothing e.g. tracksuits etc.
12. If children play for adult teams, they and their parents must be informed of the club's policy on changing arrangements.
13. Please note that if children are uncomfortable changing or showering at the Club, no pressure should be placed on them to do so. Encourage them to do this at home.