



Berkshire Tennis run a Performance programme for all [LTA Junior County Cup](#) age group categories. Training sessions take place during term time at the frequency and venues listed below:

Age	Frequency	Venue
8U	Monthly (Sundays)	<a href="#">Maidenhead LTC</a>
9U	Monthly (Sundays)	
10U	Monthly (Sundays)	
11U	Weekly (Thursdays)	<a href="#">Bradfield Tennis Centre</a>
12U	Monthly (Sundays)	
14U	Monthly (Sundays)	
18U	Monthly (Sundays)	

There is also a Girls Development programme that runs as follows:

Age	Frequency	Venue
Development	Monthly (Sundays)	<a href="#">Reading University Sports Park</a>
Yellow Ball Transition	Monthly (Sundays)	

### TRAINING SQUAD SELECTIONS

Players invited to join the training squads are selected using the following methods/criteria:

8U and 9U	<ul style="list-style-type: none"> <li>• Selection from a Berkshire Tennis Fun Day</li> <li>• Suggestion from a Coach</li> <li>• Competition profile</li> <li>• Recent Form (9U only)</li> </ul>
10U, 11U, 12U, 14U and 18U	<ul style="list-style-type: none"> <li>• Ranking (Recent Form for 10U)</li> <li>• World Tennis Number</li> <li>• Competition profile</li> </ul>

All players in County Training Squads are expected to adhere to the Berkshire Tennis Code of Conduct, be training in a Performance Programme (squad training twice a week and a 1:1 lesson as a minimum), and to compete regularly in LTA singles events [graded 4](#) and above (on average twice a month).

Individual competitions can be found via the LTA [Competition Management System](#). Players are also expected to compete in the Berkshire Junior County Championships at the end of August each year.

Sessions and players are reviewed termly in line with the school holidays. Players not meeting the criteria may find their place in training squads in jeopardy.



### TEAM SELECTIONS

Berkshire Tennis compete in numerous team events throughout the year, including the LTA Junior County Cups, 12 Counties, Lionel Cox and the 8U Inter County Regional events.

Players are invited to represent Berkshire based on the following criteria:

8U	<ul style="list-style-type: none"><li>• Competition profile</li><li>• County Coach feedback</li><li>• Attitude, sportsmanship and behaviour when training and competing</li></ul>
9U & 10U	<ul style="list-style-type: none"><li>• Recent Form</li><li>• World Tennis Number</li><li>• Competition profile</li><li>• County Coach feedback</li><li>• Attitude, sportsmanship and behaviour when training and competing</li></ul>
11U, 12U, 14U & 18U	<ul style="list-style-type: none"><li>• Ranking</li><li>• World Tennis Number</li><li>• Competition profile</li><li>• County Coach feedback</li><li>• Attitude, sportsmanship and behaviour when training and competing</li><li>• Adherence to the Berkshire Tennis Code of Conduct</li></ul>

Age group Team Captains may use 1 “wild card” selection outside of the criteria above.

### BERKSHIRE TENNIS CLOTHING

Berkshire Tennis kit is available to purchase from [My Custom Teamwear](#). Players selected to represent Berkshire Tennis receive a white match shirt to wear whilst competing.