

Code of Conduct

All members of staff and volunteers agree to:

- Prioritise the well-being of all children and adults at risk at all times
- Treat everyone fairly and with respect
- Be a positive role model. Act with integrity, even when no one is looking
- Help to create a safe and inclusive environment
- Not allow any rough or dangerous behaviour, bullying or the use of bad or inappropriate language
- Report all allegations of abuse or poor practice to the club Welfare Officer
- Not use any sanctions that humiliate or harm a child or adult at risk
- Value and celebrate diversity and make reasonable efforts to meet individual needs
- Keep clear boundaries between professional & personal life, including on social media
- Have the relevant consent from parents/carers, children and adults before taking or using photos and videos
- Refrain from making physical contact with children or adults unless it is necessary as part of an emergency or congratulatory (eg. handshake / high five)
- Refrain from smoking & consuming alcohol during club activities or coaching sessions
- Avoid being alone with a child or adult at risk unless in exceptional circumstances
- Not abuse, neglect, harm or discriminate against anyone; or act in a way that may be interpreted as such
- Not have a relationship with anyone under 18 for whom they are coaching or responsible
- Not have a relationship with anyone over 18 whilst continuing to coach or be responsible for them.

All children agree to:

As a junior member of Blairgowrie Tennis Club you are expected to abide by the following code of practice:

- Be friendly, supportive and welcoming to other children and adults
- Play fairly and honestly
- Respect club staff, volunteers and officials and accept their decisions
- Behave, respect and listen to your coach
- Take care of your equipment and club property
- Respect the rights, dignity and worth of all participants regardless of age, gender, ability, race, culture, religion or sexual identity
- Not use bad, inappropriate or racist language, including on social media
- Not bully, intimidate or harass anyone, including on social media
- Not smoke, drink alcohol or drugs of any kind on club premises or whilst representing the club at competitions or events
- Talk to the club Welfare Officer about any concerns or worries they have about themselves or others
- Keep to agreed timings for training and competitions, or inform their coach or team manager if they are going to be late
- Wear suitable kit for training and match sessions, as agreed with the coach.

Blairgowrie Tennis Club



LTA Registered Venue

Volunteer Information

Why Volunteer at our Club

This information pack is for anyone wanting to know more about volunteering in our club. Volunteering is a great way to improve your sense of purpose and belonging, connect with others and contribute meaningfully to a good cause. It has also been shown to improve wellbeing and reduce isolation. Benefits of volunteering include:

- Making a difference and having a positive impact on peoples' lives
- Giving you a feeling of purpose and self-worth
- Using and developing existing skills in varied and rewarding roles
- Improving health, wellbeing, confidence and self-esteem
- Meeting new people from a range of backgrounds and making friends
- Learning new skills and building experience for employment
- Creating positive feelings and a sense of reward
- Feeling part of a caring and supportive team.

Being registered with the LTA means we can facilitate training to include sports leader training, first aid, level 1 coaching assistant, disclosures and safeguarding.



We really appreciate volunteers because they bring their time, commitment and enthusiasm and really help everyone achieve more. If you want to know more about helping out at our friendly, welcoming and busy club, please contact a member of our committee. We will be delighted to hear from you.

You can help in lots of different ways:

- On the Committee to help manage the club: Committee roles comprise: President, Secretary, Treasurer, Governance, Safeguarding, Membership admin.
- Communications, Social events & Promotion of the club
- Fundraising and completing funding applications
- Assisting with junior coaching

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A message from a previous volunteer...

Volunteering with the tennis club is so rewarding! It gives me the chance to develop skills and do things I wouldn't normally do. It's been a really positive experience, I've learned so many new things, and met some really great people too! It helped me get experience working with children so I could add it to my job applications and get a paid job in school. It has also boosted my confidence after raising my children. It's a great place to volunteer!

Welcome to Blairgowrie Tennis Club

Firstly, thank you very much for offering to spend some of your spare time supporting our club. Our volunteers come from all walks of life which enhances the experience that our juniors and members receive.



Safeguarding

We take safeguarding very seriously at our club which is why your first responsibility is to get familiar with our safeguarding policies and complete safeguarding training. These include:

- Safeguarding Policy Including Codes of Conduct and Reporting Procedure
- Photography, Film & Publicity Policy
- Whistleblowing Policy
- Diversity and Inclusion Policy
- Sun Safety Policy
- Management & Maintenance Policy
- Anti Bullying Policy
- Changing Room Policy



Scan the QR code to find all our current policies. If you have any questions you can contact anyone on the committee – don't be stuck, we are here to help and support you.

Club Committee & Contacts

President - Shirley Davidson
shirl34blair@hotmail.com
Vice President – Vacant

Secretary – Rob Exell
BNTCsecretary@gmail.com

Treasurer – Gordon Walker

Committee Members:
William Forrest
Susan Whiteford Ailsa Smith
Annie Hunter Martin Kirkpatrick
Governance: Louise Walker
GovernanceBTC@gmail.com

Digital Media Consultant, Membership
Secretary - Cara Davidson
07703 804996
caradavidson207@hotmail.co.uk

Coaching Team:
Susan Whiteford - 01250 874304
susan.whiteford@btinternet.com
Nicola Carrie Zoe Gulson
Cara Davidson Fergus Walker

Club Welfare Officers:
Sandi MacDougall & Áine Fitzgerald
07444 017941
WelfareOfficerBTC@gmail.com



For lots more information about our club, including coaching timetable, social tennis, fundraising events, membership packages, competitions and leagues, scan the QR code or go to:

<https://clubspark.lta.org.uk/BlairgowrieLTC>

