

COVID-19 CONTROL MEASURES TENNIS AND SQUASH BOOKINGS BSS.MEM.TSQ.CCM

Version: May 2021

Introduction

Coronavirus control measures still apply. This information sheet explains the requirements and considerations to be made by players before, during and after bookings.

During the pandemic, squash bookings are a maximum of 30 minutes' <u>playing time</u>. Additional time (up to 15 minutes) is allocated for cleaning after each booking, and a further 10-15 minutes for ventilation. This is due to the requirements of indoor spaces and recommendations from England Squash.

Tennis bookings are a maximum of 60 minutes (bookable via 2 x 30 minutes back-to-back). Cleaning after each booking is not necessary, although players should sanitize the areas immediately if they do touch any surfaces (such as gates if closed or nets).

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COVID-19 CONTROL MEASURES

TENNIS AND SQUASH BOOKINGS

Before Arrival

- Players must know themselves to be healthy and symptom-free of COVID-19, otherwise they must not visit the facility (parents should do this on behalf of children/minors).
- Any player who has recovered from a COVID-19 infection where symptoms required hospitalisation should consult their GP before returning to play. Vulnerable/shielding individuals should also consult their GP before returning to play
- Players are not permitted onsite if they have been in contact with anyone who has been unwell with suspected or confirmed COVID-19 during in the two weeks prior.
- Bookings and payment must be made online, in advance. No booking = no play, no exceptions. Payments are contactless. Bookings include contact details when creating an account to make a booking. Contact details also facilitate NHS test and trace.
- Players who make the original booking must share this information sheet with any visitors they plan to attend with

Upon Arrival

- Players to arrive at the facility in kit, ready to play
- Arrive promptly (no more than 5 mins ahead of playing)
- Squash players must wear a face covering whilst in the squash facility foyer (and area outside of the squash court itself). This is required when inside the squash facility at Bloxham School and a strong recommendation of England Squash. Tennis players do not need to arrive wearing a facemask (due to outdoor courts). Face coverings are not required whilst playing squash, nor tennis.
- Use hand sanitiser
- Scan NHS test and trace QR code
- Bring own water bottle and arrive at the club with it full.
- Bring own towel to wipe away sweat.
- Do not wipe hands on any surfaces within the facility (particularly squash court walls)
- Bring your own balls and racket.
- Bring a change of shirt if you are prone to sweat a lot.
- Take your kit bag and water bottle on court.
- Bring a small first aid kit for minor injuries.
- Players always keep socially distanced from all other players
- Squash facility windows are kept open to maintain ventilation and stop/reduce further touch points. Door to be kept shut, to reduce likelihood of damage to auto-opening system and for security reasons
- For squash, there is a maximum of 2 players using the court at any one time. 2 players can wait in the foyer, per court. Maximum of 8 people in the squash facility at all times. England Squash strongly recommends use of face coverings whilst not playing/not on court.
- For tennis, there is a maximum of 4 players using the court at any one time.

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When Leaving

- Squash players must sanitise all touch points within the facility, using the sanitisation equipment provided (spray and blue roll). There is up to 15 minutes allocated to do this after the <u>30 minutes of playing time</u>. Touch points include entry keypad, light switches, court handles, surfaces where bags have been left, push-button for exit and any other areas that may be touched. After sanitising the squash facility, there must then be 10-15 minutes in which the facility it unoccupied before the next booking arrives for their 30 minute session. This 10-15 minutes allows for ventilation of the indoor facility and also reduces the likelihood of players crossing one another other when using the same entry/exit point due to the facility's layout.
- Squash players must leave immediately after sanitising the touch points.
- Tennis players must leave the venue immediately when their playing time ends
- Players must take all their possessions with them
- Shower and toilet facilities are not available
- Complaints if you notice that any visitor or staff member is not following COVID-19 control measures and/or booking procedures, please email <u>leisure@bloxhamschool.com</u> or call 01295 724394 within 24 hours of noticing the issue.

If Someone Develops COVID Symptoms Whilst at the Facility

- Maintain social distancing
- They should return home if safe to do so and manage their symptoms in line with the relevant advice.
- If the person is unable to travel home safely, they should be isolated from others and someone from their household contacted to make safe arrangements. If this is not possible then phone 111 and follow instructions.
- Contact <u>leisure@bloxhamschool.com</u> or call 01295 724394. This will assist with identifying other players/staff/workforce who may have come into contact with that person

Other Considerations

- Please see England Squash and LTA posters around the facility for further guidance.
- No spectators allowed during normal gameplay. Parents/guardians/carers acting in a supervisory capacity may be allowed to spectate tennis whilst their children are participating in a coach-led activity however, social distancing guidelines must be maintained. Only one parent per household.
- No handshaking/physical contact and always maintain social distancing.
- Squash facility water machine no cups provided. These facilities should only be used to refill personal water bottles and should be sanitised immediately after use by the player using the machine.
- Squash facility windows must be kept open. Do not prop open the main entrance door due to security and the impact on the auto-closing door mechanism.
- Squash facility do not touch the walls. If you do, stop play and immediately sanitise the location on the wall. Please rip some sheets from the blue roll first and then spray the roll. Please do not spray the wall directly, to minimise any damage to the plaster.
- Squash and tennis coaches must follow guidance respective to their coaching qualifications and environment, and in accordance with a thorough risk assessment.
- England Squash guidelines state that players are not allowed to shout or raise their voice during the pandemic.

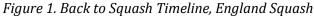
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- Follow current Government guidelines on contact with people not from the same household
- Follow current Government guidelines on minimum social distancing
- Players are responsible for providing their own equipment no sharing or hiring of equipment. Equipment should be cleaned by the player who owns the equipment
- Further details can be found online via Squash England and the Lawn Tennis Association

BACK TO SOUASH TIMELINE Last updated 30th April This is intended as a guide to show what is allowed at the various steps and is subject to change dependent on UK Government advice/legislation. For all guidance on the return to play, visit englandsquash.com/backtosquash		CURRENT STATUS We await further detailed guidance from Sport England for Step 3 (expected no earlier than 10th May). Once we receive the guidance and have taken the time to interpret what it means for squash, we'll update our guidance and share with the community.		
From 8 March	From 29 March	From 12 April	From 17 May*	From 21 June*
Step 1A Sport for education permitted in specific circumstances. • Curricular and OOSS (Out-of-school settings) squash allowed (must follow schools'/DfE guidance)	Step 1B Indoor disability sport permitted • Indoor disability sport with no social contact limitations whilst participating	 Step 2 Squash courts can open for use by individuals or same household groups. Adults - solo practice or same household/support bubble squash U18s - organised (coach/club led) out-of-school settings activities for up to 15 players One-to-one coaching for adults Club cafés and bars can open to serve outdoors or takeaway only 	 Step 3 TBC A group of up to six people or two households can meet indoors. Adults and juniors – modified version of squash Coaching a group of up to six players (adults and juniors) Internal club competition Indoor hospitality areas may open, including club bars and cafés 	Step 4 TBC Social contact measures relaxed. • All play, competitions and coaching • All hospitality areas open without restriction



STEP 3: From 17 May

- Social contact restrictions relaxed to maximum 30 people outdoors (formally organised sport already exempt from this outdoors from 29 March)
- Rule of 6 or two households indoors
- Organised indoor 'adult group sports and exercise classes' resume, with limit on numbers based on safe capacity for venue/activity & risk assessment
- Large events permitted within capacity limits subject to strict Government guidance
- Hospitality resumes indoors
- Domestic overnight stays in hotels, hostels and B&Bs permitted line with social contact restriction
- Possible restart of international travel (subject to review)

STEP 4: No earlier than 21 June

- Removal of limits on social contact
- Enable large events above Step 3 capacity restrictions, subject to the outcome of the scientific Events Research programme, and potentially using testing to reduce the risk of infection, subject to further evaluation.



Figure 2. Summary Grid Government Roadmap Overview, Lawn Tennis Association

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