

CALNE TENNIS CLUB
TENNIS AND COACHING RULES DURING COVID-19 PANDEMIC
Issue 4 – Phase 4 20th July 2020 Onwards

**ONLY MEMBERS OF CALNE TENNIS CLUB WHO JOINED OR RENEWED
MEMBERSHIP ON OR AFTER 1st JULY 2020 MAY USE THE COURTS**

Activities that are permitted during Beversbrook Sports Facility opening hours, subject to compliance with the safety measures described below, are:

**SIGNIFICANT
CHANGES FROM
PREVIOUS LIST
ARE HIGHLIGHTED**

- Singles and Doubles play, including with people from different households
- Friendly matches between Clubs, internal recreational competitions, internal Club social tennis and Club Nights
- Club approved local leagues
- Coaching of adult groups of up to 5 players plus coach per court
- **NOTE: Singles, doubles and groups should limit any interaction with anyone outside the court(s) being used for their play.**

MEMBERS PLAY AT OWN RISK

Safety measures to be observed by players and coaches:

Note that coaching has priority as the coaches are at work

- **Members and customers should be aware that undertaking any activity, including tennis, has the potential for increased risk of transmission of COVID-19. The Club advises all attendees to read the Government's guidance on staying safe outside your home.**
- **Players and coaches should undergo a pre-attendance self-assessment for any COVID-19 symptoms using the information on the NHS website before leaving home.**
- **Do not come to the courts if you are symptomatic or living in a household with someone else who has a possible or confirmed COVID-19 infection, or if you have been asked to isolate by NHS Test and Trace.**
- **If you play or are coached at the courts and subsequently develop symptoms of COVID-19 you should follow the Government's 'test and trace' guidelines, which can be found on the gov.uk website.**
- **In order to support NHS Test and Trace, players, coaches, those being coached, and parents of juniors must record their arrival time and approximate departure time in the 'attendance register' in the foyer of the Clubhouse before entering the courts. Note that the book and pen are not cleaned so remember to use hand sanitiser after completing the register.**
- Observe social distancing guidelines, apply this to the location of your equipment and do not shake hands or otherwise touch others before or after play.
- Avoid touching eyes, nose and mouth whilst at the courts.
- Wash your hands with soap and water for at least 20 seconds before you leave home to play and on completion.
- Anti-bacterial hand sanitiser is provided on the centre gates between all 4 courts.
- Toilets and hand-washing facilities are available at Beversbrook Sports Facility.

- Changing facilities might become available at Beversbrook after 25th July but should be avoided where possible; players are encouraged to arrive ready for tennis and where possible travel home to change/shower on completion.
- Bring your own first aid kit for minor incidents. **For major incidents, Beversbrook staff will attend so alert them and emergency services directly in the event of a serious incident.**
- Catch coughs and sneezes in tissues then dispose of them immediately in the yellow bin at court side (or the bin outside the court gate if no yellow bin is present) and then clean hands with anti-bacterial gel. **Catch it. Bin it. Kill it.**
- Players may share tennis balls but take extra care not to touch their face during play. Do not pick up tennis balls from other courts; return them using foot or racket.
- Allow outgoing players to leave the court before you enter.
- Assume all fittings and items on court are infected and hand sanitise when appropriate.
- Note that net heights will be regularly set and locked by a committee member.
- Observe social distancing guidelines when changing ends.
- **If playing on court 4 with court 3 occupied by coaching, you MUST obtain the coach's permission to enter and leave the court and when you wish to change ends during play.**
- All 4 courts may be used simultaneously BUT if coaching is taking place on court 3, court 4 may only be used for coaching or singles play. Group players must not interact with players on adjacent courts.
- For doubles play, members should consider agreeing in advance which player will take the shot if a ball travels to the centre of the court. Players from different households should stay 2 metres apart as far as possible and try to avoid making physical contact.
- Players are not to 'chase the ball down' to another court if it is in use.
- **Do not** congregate before, during or after play; only players and coaches are allowed on the courts; stay off court until the previous players have exited and observe social distancing guidelines.
- **Do not** offer lifts or car-share to/from the courts unless from the same household **and, where possible, avoid using public transport.**
- When parking, leave at least 1 empty parking space between cars.
- **Supporters, parents and other spectators may stay by the courts but are limited to 6-person groups who must observe social distancing guidelines, both within the group and with other groups, and keep well clear of the gates.**
- Report any concerns or issues with these measures to the Club Committee by email to info@calnetennisclub.com as soon as possible.

ADDITIONAL, COACHING-SPECIFIC MEASURES

Note that coaching has priority as the coaches are at work

- Coaching is to be arranged directly with the Club's coaches Sid Falconer and Matt Hall and payments for coaching are to be made online; no cash is to be offered or taken.
- Coaches and coaching exercises are to be designed to comply with social distancing guidelines.
- Coaches should provide clear instructions to participants in advance so that they know which coach and which court to report to.
- Each coach may undertake **adult group** coaching of 1 group of up to 5 players (not including the coach); all may be from different households.

- Each coach must occupy a different court; court 3 is to be used for coaching if 1 coach is working. Courts 3 and 4 are to be used for coaching if 2 coaches are working.
- If 2 coaches are working, they must not move between courts and should only interact with their own group during each coaching session.
- Note that courts 1 and 2 are reserved for members' play but courts 4 and 3 may also be used for members' play if not being used for coaching.
- No club equipment is available for coaching and the equipment shed is not to be used.
- The coaches are to provide sterile/alcohol wipes and to wipe down the locks and handles of the coaching court gate before and after coaching. **The alcohol wipes are also to be made available for wiping down players' rackets if required.**
- The coaches are to control their clients entering and exiting the courts via the gate and to liaise with each other, and with members in court 4, while clients or members enter and leave the courts or when members change ends.
- **The coach on court 3 has sole authority to decide when members can enter/exit courts 3 and 4 and when they may change sides during play.**
- Coaches should ensure that players on the adjacent court, and those being coached, do not 'run down balls' beyond their own court to avoid the risk of breaching social distancing guidelines.
- Tennis balls may be touched by coaches and players where necessary for practicing serve and/or practice play. During such practice, players should avoid touching their face and on completion clean hands with the anti-bacterial gel provided.
- Those serving whilst being coached may, alternatively, wear a glove. The gloved hand should only be used to touch the tennis balls and players must avoid touching their face with the gloved hand.
- If coaches provide ball-collection tubes for their clients to collect and return the balls during lessons, then the coaches are to sanitise the tubes before and after every lesson.
- All equipment provided by the coaches is to be removed from court at the end of each coaching day and during gaps between lessons when the courts are available for members to use.
- Coaches should ensure that their clients remove all their personal belongings at the end of each lesson.
- Anything left on court at the end of each day will be assumed to be infected and will be disposed of.

Approved by Calne Tennis Club Committee

19 July 2020