

## PLAYING TENNIS DURING CORONAVIRUS OUTBREAK



Singles & doubles with different households allowed



Clean equipment



Group coaching for up to 6 people permitted (including the coach)



Maintain social distancing (2m rule) at all times



No shaking hands or physical contact with other players



Allow others to leave before you enter the court - wait away from the gates



Follow public health guidelines for hygiene



Do not play if you are self-isolating

Full guidelines for players, coaches and venues at Ita.org.uk/coronavirus