



Dear Members

Collingwood Lawn Tennis Club celebrated its centenary in 2021 and ended the year with a record membership.

We are mindful that members new and existing are aware of all the playing, competing and coaching opportunities provided. Therefore, attached to this letter is a diary of court usage, explanations and who to contact to ensure as many playing opportunities as possible.

The club is an LTA registered venue, and all our coaches are qualified and registered with the LTA. The club operates tennis on a membership basis, therefore once subscribed all general playing, tournament entries, team play is at no extra costs. There are charges for keep fit and specific coaching, although we do offer quite a comprehensive free coaching programme for juniors and seniors.

We have all the membership information on our website, which is easily found by searching Collingwood Lawn Tennis Club.

<https://clubspark.lta.org.uk/CollingwoodTennisClub>

Key Contacts

- Head Coach: Stuart Cass: stuart.cass4@gmail.com
- Senior Coach: Lauren Jones: lauren_jones21@hotmail.co.uk
- Club secretary: David Pope: davidpope622@btinternet.com
- Membership Secretary: Neil Carmichael:
neil.carmichael@blueyonder.co.uk

Monday's

Cardio Tennis

10am-11am: This proved hugely popular last year and Lauren will be running the sessions every Monday from 28th March. It's a tennis training / cross circuit keep fit session, which is high energy and applicable to all levels of fitness. It's book on-line and pay on the day. Given the level of attendance we expect to use 2 adjacent courts. Do bring appropriate footwear and a racket. Tennis balls and all other equipment is provided. Please note these sessions are open to non-members. It's a book on-line via the LTA website.

Youth Start: Juniors

4pm-5pm April to May is an LTA initiative run by the coaches for complete beginner juniors aged 4-11. These are LTA devised taster sessions with the view to encouraging new juniors into the sport. See details at the end of this note.

Ladies Team Training

6pm-7.30pm from Monday 28th March. The club pays the coach for the first round of sessions. This is well attended and covers a range of playing styles, which is a way of saying you are good enough to join in. These sessions also encourage the older juniors to join in, who are often our best players.



Tuesday's

Mixed Doubles 'mix in'

10am-12 noon: Senior ladies and men's mix in: Well attended mix in social play. All welcome. Format is doubles normally rotate round pairs per set, therefore you can play as many or as few sets as you or your 'knees/hips' let you.



Adult Coaching

7pm-8pm: From 12th April the club offers free adult coaching for all members. Its 7pm-8pm and as the nights get lighter moves to 7.30pm-8.30pm. All members, all abilities welcome. This is a particularly good session to join in with if you are thinking of joining the club or nailing that first serve.

Wednesday's

Men's mix in

9am-11am: Senior men's mix in. By senior we mean adults and the format is mix in doubles.

Men's Club Night

6.30pm-7.30pm +: Men's club night for team members, existing and new members. Format is doubles and or singles. This is a new evening session based on the original team practise night to encourage more players to join in.

Thursday's

Mixed Doubles 'mix in'

10am-12 noon: Senior ladies and men's mix in: Well attended mix in social play. All welcome. Format is doubles normally rotate round pairs per set, therefore you can play as many or as few sets as you or your 'knees/hips' let you.

Friday's

Men's mix in

9am-11am: Senior men's mix in. By senior we mean adults and the format is mix in doubles. This is well attended and new members welcome.



Junior Club

4pm-6pm: This is a session for juniors that are unable to attend the regular Saturday session. Its new and the coaches will publish dates when it begins.



Saturday's

Members free to play all day. There are sometimes junior matches (3pm-4pm) although these will be detailed on our website and on the notice board in the clubhouse. In addition there are one-one coaching sessions bookable direct with the coaches.

Junior sessions Saturday mornings: 9am to 2pm. This is part of the 8 weeks free coaching the club offers all junior members in April and May. The coaches use the Priory courts, however when weather is inclement they have to move up to the Pavilion courts.

Sunday's

Members free to play all day. There are sometimes junior and senior matches although these will be detailed on our website and on the notice board in the clubhouse. In addition there are one-one coaching sessions bookable direct with the coaches.



Our Programmes

Teams

We enter a number of senior and junior teams in the local County league. There are levels across age groups for everyone from junior to super vets. These are home and away fixtures therefore you get to play at other clubs in the region. Once the league has finalised the format for this year we will inform members of match dates. The junior programme is well established and will be communicated by the coaches. As for adults anyone wanting to represent the club come along to the Monday (Ladies) or Wednesday (Men's) evening sessions accordingly.



Tournaments

We hold the club tournament in the summer, normally with finals in early July. We ensure a very wide range of categories for juniors and seniors including singles, doubles, mixed doubles, vets etc. We always welcome juniors to enter the senior section, particularly in singles. Its free to enter and trophies are on offer. The club will communicate the categories and timing to all members.





Juniors

The club is committed to participation across all age groups and abilities. This is specifically important to develop juniors. The club is fortunate to have highly skilled and committed coaches that offer a comprehensive junior programme from beginners to elite players, therefore all abilities are encouraged to play. We offer as part of junior membership free 8 weeks of coaching in April and May. Thereafter the sessions continue with direct payment to coaches. There are a wide variety of ages and abilities to suit all junior players. The juniors are also encouraged to play in several inter club matches throughout the season at no extra cost.

LTA Youth Start

The LTA operate a youth start programme for beginners aged 4-11. It is a nationwide programme. Not all clubs operate the programme, very few operate so early in the season and to our knowledge no other club offers such a value for money offer: Youth Start is bookable direct with the LTA: It is first come first 'served.'

In summary it is a programme for complete beginners aged 4-11:

- 6 dynamic sessions with qualified coaches
- Tennis racket, balls and t-shirt
- £29.99 plus £5 postage and packaging.

The sessions are in March and April and as part of the youth start programme the club offers a full junior membership at no extra cost. This means that youth start members can join in with the free 8 weeks coaching offered as part of the full junior membership. This is an introductory offer for complete beginners and to respect our junior members is non-repeating. The logic is that juniors enjoy the beginner sessions and progress accordingly.

One to One Coaching

Our coaches offer one to one coaching sessions for juniors and senior members throughout the season. Sessions are normally one hour and booked and paid for direct with the coaches.



Schools: Juniors

In association with other local clubs we actively encourage the schools to play tennis. Our local school, Kings Priory include tennis as part of their sport programme hence during the day you will often see the school using courts. We also encourage a club link day in early April to showcase the facilities and run sessions to encourage new junior members. When the school are utilising the courts they will always leave the single court for members.

Holiday camps: Juniors

The coaches utilise both Collingwood and Cullercoats for school holiday camps: This year due to extra bank holidays we are planning Tuesday to Thursday for red/tots at Cullercoats 10am-2pm and older full ball at Collingwood 12noon-4pm. For details and booking contact the coaches.

Hopefully, something for everyone. We are always flexible to add and adjust session based on member feedback.

This note will be posted onto our website and displayed in the club house. As the season progresses, we will update accordingly.

The Committee