

# COMPTONS WEEKLY ADULT TENNIS PROGRAMME

## July 2023

Day	Class	Level	Time	Max Players	Coach	Court	Price (Members)
Monday	Adults Group Coaching	Intermediate	10:00-11:30	8	Rhys	3,4	£10
Monday	Men's Team Training	Advanced	18:00-20:00	16	Captain	1,2,3,4	FOC
Tuesday	Adults Group Coaching	Intermediate	9:00-10:00	8	Luke	3,4	£7
Tuesday	Adult Club Social	Intermediate & above	10:00-12:00	16+		1,2,3,4	Membership
Tuesday	Adults Group Coaching	Rusty Rackets (Beginners/Improvers)	12:00-13:30	12	Luke	2,3,4	£10
Tuesday	Ladies Team Training	Advanced (Coach led alt weeks)	18:00-19:30	16	Julie/Luke/Captain	1,2,3,4	£TBC
Wednesday	Adult Group Coaching	Intermediate Doubles Play	09:00-10:30	4	Julie	1	£10
Wednesday	Adult Group Coaching	Intermediate Doubles Play	10:30-12:00	4	Julie	1	£10
Wednesday	Adult Advanced Night	Advanced	18:00-20:30	16+		1,2,3,4	Membership
Thursday	Adult Club Social	Intermediate & above	10:00-12:00	16+		1,2,3,4	Membership
Thursday	Adults Group Coaching	Intermediate	13:00-14:30	8	Luke	3,4	£10
Thursday	Adults Group Coaching	Adult drills session Intermediate +	19:00-20:30	8	Luke	5,6	£10
Friday	Ladies Team Training	Advanced (Teams 1-3)	10:00-11:30	12	Rhys	2,3,4	£10
Friday	Adults Group Coaching	Rusty Rackets (Beginners/Improvers)	13:30-14:30	12	Luke	2,3,4	£7
Friday	Adult Club Social	Rusty Racket (Improvers and Beginners)	14:30-15:30	12	John & Marion	2,3,4	Membership
Friday	Adult Social Events	Pizza Night/Advanced Night (Dates TBC)	18:00-21:00	12-16	Organiser	1,2,3,4,5	TBC
Saturday	Adult Group Coaching	Improvers "On Track"	11.00-12.30	12	Rhys	5,6,7	£10
Sunday	Adult Club Socials	Intermediate & above	14:00-16:00	20+		2,3,4	Membership

To join the social tennis WhatsApp groups please contact Wendy Walsh on 07766 090167. The WhatsApp group is used to inform members of who is coming to social sessions and allow members to communicate with each other.

For team practices you will need to contact the mens and ladies team captains

If you wish to be added to the WhatsApp groups for adult intermediate coaching, or tennis fit please contact the coach in charge of the session.

Rhys – 07882219027, Julie – 07828450434, Luke - 07808659559

If you are interested in individual lessons please contact Rhys hanger (head coach), either by email on [rhanger@sky.com](mailto:rhanger@sky.com) or Tel: 07882219027 and he will pass your details to the right coach in the team for your tennis, or alternatively please contact the coach you would like lessons with directly.

NON MEMBERS WILL BE CHARGED AN ADDITIONAL £2 TO ATTEND GROUPS