

WEEKLY PLAYING/COACHING TIMETABLE FOR COMPTONS TENNIS CLUB - SEPTEMBER 2019

Inter club matches, coaching and social tennis may take place on all courts at weekends and some evenings . Please check white court board on clubhouse wall. They take precedence.

At all other times courts are available for social play.

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	
9.00am						9.00-10.00am Mini Social Tennis (4 - 9 years of age)		
9.30am								
10.00am	10.00-11.30am Adult Intermediate	10.00-12.00 noon Social Tennis (Hosted on alternate Tuesdays)	10.00-11.30am Adult Intermediate Doubles Play	10.00-12.00 noon Social Tennis (Hosted on alternate Thursdays)	10.00-11.30am Ladies Team Training	10.00-11.00am Junior Social Tennis (10 years of age +)		
10.30am								
11.00am								
11.30am								
12.00pm								
12.30pm								
1.00pm								
1.30pm								
2.00pm					2.00 – 4.00pm Beginners/Rusty rackets social (Coach led every 4 weeks)	2.00-4.00pm Adult Social Tennis	2.00-4.00pm Adult Social Tennis (Hosted on 1 st Sunday of each month)	
2.30pm								
3.00pm								
3.30pm								
4.00pm	4.00-5.00pm Mini Red (4 - 8 years of age)				4.00-5.00pm Mini Red (4 - 8 years of age)			
4.30pm								
5.00pm			5.00-6.00pm (11 - 14 years of age)	5.00 - 6.00pm Invitational (8 - 10 years of age)	5.00 - 6.00pm Mini Orange (8 - 10 years of age)			
5.30pm	5.30-8.30pm Mens Team practice	6.00- 7.30pm Ladies Match practice. (Coach led alternate weeks)				6-7.30 pm Junior invitational tournament group (14+)		
6.00pm				7 – 8.30pm Wednesday night advanced tennis				
6.30pm					6.30-7.30 Tennis Fit			
7.00pm					7.00 - 9.00pm Adult Social (Coach led)	7.00- 9.00pm Adult social tennis (2 nd Friday of month)		
7.30pm								
8.00pm								

10.00PM LIGHTS OUT

KEY	RED ball	UNDER 8 YEARS members £65/term	TURQUOISE	ADULTS COACHING
	ORANGE ball	Approx 8/9 YEARS members £65/term	PINK	LADIES MATCH PRACTICE
	GREEN ball	Approx 9/10 YEARS members £65/term	BLUE	MEN MATCH PRACTICE
	YELLOW ball	Approx 11+ YEARS members £65/term	GREY	SOCIAL
	PAY & PLAY	Junior Sessions £5 members/£7 non member		