

Adult Weekly Coaching Programme

Day	Class	Level	Time	Max Players	Coach	Court	Price
Monday	Club Session	Improver	10:00-12:30	N/A	No Coach	Outdoor 6,7,8 +4 in S	Membership
Monday	Club Session	Beginner/Improver	18:30-20:30	8	No Coach	Outdoor 8,9	Membership
Tuesday	Club Session	Intermediate	17:30-20:00	N/A	No Coach	Outdoor 6,7,8 +4 in S	Membership
Tuesday	Mixed Group Coaching	Competition Players	18:30-20:00	8	Grant	Indoor 2,3	£10
Wednesday	Club Session	Improver	10:00-12:30	N/A	No Coach	Outdoor 6,7,8 +4 in S	Membership
Wednesday	Ladies Team Training	All ladies teams	19:00-20:30 Every 2 weeks	8	Craig	Indoor 2,3	£8 every 2 weeks
Wednesday	Mixed Group Coaching	Intermediate/Advanced Players	19:00-20:30 Every 2 weeks	8	Grant	Indoor 2,3	£10 every 2 weeks
Thursday	Mixed Group Coaching	Beginner	18:00-19:00	8	Craig	Indoor 2,3	£7
Thursday	Hosted Club Session	Improver +	19:00-20:30	12	Craig	Indoor 1,2,3	£4 Members only
Thursday	Club Session	Intermediate +	17:30-20:00	N/A	No Coach	Outdoor 6,7,8 +4 in S	Membership
Friday	Mixed Group Coaching Matchplay	Beginner & Improvers	18:00-19:00	8	Craig	Indoor 2,3	£7
Friday	Club Session	Improver/Intermediate	19:00-21:00	N/A	No Coach	Outdoor 6,7,8 +4 in S	Membership
Saturday	Mixed Group Coaching Matchplay	Improvers/Intermediate	12:30-14:00	8	Craig	Indoor 2,3	£10
Sunday	Club Session	Intermediate	10:00-12:30	N/A	No Coach	Outdoor 6,7,8 +4 in S	Membership

Learn & Develop | Ladies Group Coaching | Mens Group Coaching | Mixed Group Coaching

Compete | Ladies Team Training | Mens Team Training

Club | Club Session | Hosted Club Session

Standards for groups are the minimum standards to participate
 Every new member will receive a complimentary session into the above programme as a form of an induction
 Please download the coaching app to book and email Director of Tennis Grant Braodley to discuss initial standard
grant@seriousaboutsportltd.co.uk

Coaching App

Google Play Store (android)

<https://play.google.com/store/apps/details?id=app.activitypro.crawleytowntennis>

App Store (iPhone):

<https://apps.apple.com/gb/app/crawley-lawn-tennis/id1580279270>

Once you have registered you will receive a welcome email, and more information on how to use the App.

To book an adult coaching clinic:

Click on session at the top of the page, click category, click on adults and then choose the session you would like to play in.

The adult sessions renew weekly and sign up is available 7 days in advance.

Payment must be made directly to the coach on the day either in cash or through BACS - Please not that cancellations within 24hrs and 'no shows' will be charged

