

www.clubspark.lta.org.uk/crawleylawntennisclub

## DEUCE-Y-NEWS - JANUARY 23

## Dates for your diary

Social Committee Friday tournaments
Friday 27<sup>th</sup> January, 7pm - theme Aussie Open
Please register by no later than Thursday 26<sup>th</sup> Jan. See
advert below on page 2

Friday 24<sup>th</sup> February, 7pm - theme TBA Please register by no later than Thursday 23<sup>rd</sup> Feb

#### Tennis £5

from 7pm to 8.30pm Timed tennis doubles **Meal £5** from 8.30pm

#### Coach led tournament

Saturday 18<sup>th</sup> February, 3pm to 5pm Grade 7 tournament which means your result can be uploaded for those who have an LTA profile. Enter as a doubles team

Entry £5 per player

Register at <u>amberslaneypaice@hotmail.co.uk</u> by no later than Friday 17<sup>th</sup> Feb

#### Coach led Club evenings

Every Thursday 7pm start - sharp £4 fee payable on the night

Please book on the coaching app.

If your plans change, please contact <a href="mailto:craig@seriousaboutsportltd.co.uk">craig@seriousaboutsportltd.co.uk</a>

and let Craig know and also promote the space on our Tennis Buddies WhatsApp group so that someone else can replace you in the session.

If you want to be added to the group contact Lindsay on Bookings@crawleyltc.co.uk

#### AGM

This year's AGM will take place on 24<sup>th</sup> March 2023, 7pm in the Clubhouse. Please send us your agenda suggestions by 18<sup>th</sup> February 2023 at:

secretary@crawleyltc.co.uk

A formalised agenda will be issued by 25th Feb 2023.

On the evening, we will be holding the vote for the incoming Club Chair. Nomination forms can be obtained from <a href="mailto:secretary@crawleyltc.co.uk">secretary@crawleyltc.co.uk</a>

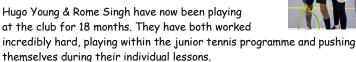
Completed forms must be sent to the same address no later than 3<sup>rd</sup> March 2023.

### Update from the Chair

Many congratulations to our coaching team for their excellent work with our younger members ... we now have 4 junior members involved in LTA County Training, which is something to be proud of, Tim

# Crawley LTC goes from strength to strength!

We are proud to announce we have a further 2 County tennis players at the club - Great work boys!



Congratulations also goes to their parents who have very much supported the boys through their development.

Both boys are still only 6 years old and are part of the 8 & Under county squad. They have a fantastic opportunity to progress their tennis skills and I am sure you will all relish following their path.

Well Done Rome & Hugo See you on court! Grant Broadley - Director of Tennis

#### Code of Conduct

This is the **ninth** code in our Code of Conduct series:

These Codes of Conduct, or tennis etiquette, are based on good practice developed by the Lawn Tennis Association around the standards and values expected to be adopted by tennis clubs around the country.

- 9. Remain positive throughout the game, particularly when things are not going well:
- Tennis can be a frustrating game e.g. if you are not getting your serves in, not hitting your shots well or if your doubles partner is having a bad game. But try to remain upbeat and happy, even when you are angry with yourself and/or you feel like strangling your partner! Your opponent and/or doubles partner doesn't want to be playing tennis with someone who is miserable so try to stay upbeat and positive.
- This also applies to avoiding subtle signs of disapproval such as deep sighs, giving them the evil eye or failing to encourage your partner, as this will only make your partner play worse. In some cases, much worse!
- Everyone is more likely to play better tennis if they are calm, relaxed, focused and feeling supported

## Team Updates:

#### Matches

#### Mens 1st Team

16<sup>th</sup> October Wickwoods (A) 0 - 4 10<sup>th</sup> December Grasshoppers (H) 4 - 0

#### Mens 2<sup>nd</sup> Team

16<sup>th</sup> October Steyning (H) 2 - 2 12<sup>th</sup> November Sussex County (A) 4 - 0

#### Mens 3rd Team

 $30^{th}$  October Angmering (A) 2 - 2  $12^{th}$  November Howard (H) 1 - 3

#### Mens 4th Team

20<sup>th</sup> November Steyning (H) 2 - 2 3<sup>rd</sup> December Horsham (H) 1 - 3

#### Ladies 1st Team

29th October Chichester (A) 3 - 1  $19^{th}$  November Storrington (H) 4 - 0

#### Ladies 2<sup>nd</sup> Team

 $20^{th}$  November W Chiltington (H) 3 - 1  $4^{th}$  December Hurstpierpoint (A) 1 - 3

#### Ladies 3<sup>rd</sup> Team

29<sup>th</sup> October Grasshoppers (A) 4 - 0 26<sup>th</sup> November Billingshurst (H) 1 - 3

#### Mixed Team - Weald Mixed League

22<sup>nd</sup> October Cuckfield (H) 4 - 0 19<sup>th</sup> November (H) 2 - 2

#### Over 55's Team - Weald League

20<sup>th</sup> September Redhill (A) 1 - 3 17<sup>th</sup> October Limpsfield (A) 1 - 3



## Australian Open themed Evening

#### Friday 27th January at 7pm

Hosted by James Atkin
Dust of those rackets and join us for the first
tournament of the year!

Tennis only £5 - timed doubles

Join us afterwards for an Ozzie BBQ, for another £5

Sign up in the clubhouse or message

James on 07802 289321

## Player Profile Simon Cannell

I first started playing tennis at school along with the other main sports like cricket, hockey and rugby. My Grandfather was a huge tennis fan, though, so he encouraged me to focus on that - which I duly did - becoming County number 1 for quite a few years in my age group, and playing county matches all over the country.



My school year group was fairly decent

at the time and we managed to win the national schools tennis championships which was a huge thrill especially as I remember we only lost one set in the whole tournament (which from memory was my fault!).

My favourite player back then was McEnroe (wasn't everyone's?) although we would get in trouble for copying his on-court antics.

I played up to the end of university, but after leaving Loughborough I moved to London to 'seek my fortune'. The result was that I didn't pick up a racket for the next 15 years. That all changed when I moved to this area and stumbled across Crawley tennis club – and I'm so pleased that I did.

You will normally see me on court trying (most unsuccessfully) to give advice to my 2 sons or having the odd, more competitive, match against some other CLTC members or other teams.

I set up my own recruitment/search company some years ago which keeps me busy and outside tennis I play cricket in the summer and love gardening, horse racing and surfing.

### Coach's Extra Curricular Activities

#### Saturday afternoon tournaments

- They will be held regularly through the year and will often coincide with the Grand Slam tournaments. The first one is Saturday 18<sup>th</sup> Feb, 3pm to 5pm. Contact: amberslaneypaice@hotmail.co.uk to book on.
- You will enter as a doubles team.
- The format will be round robin or compass.
- There will be some great prizes for the winners!
- LTA members will have their results
   Uploaded to your profile

#### Serving Clinics

Saturday 28<sup>th</sup> January at 3pm Saturday 4<sup>th</sup> March at 3pm Saturday 6<sup>th</sup> May at 3pm Saturday 8<sup>th</sup> July at 3pm CARDIO
TENNIS
Indoors at Crawley LTC
Mondays 12.30-1.30pm
Fridays 8-9am
Start your day or break up your work
day with a high intensity workout
combined with tennis drills!

BOOKABLE VIA THE APP

Clinics bookable at: craig@seriousaboutsportltd.co.uk

**Remember,** if you are the last to leave, make sure all clubhouse lights and heating are turned off and lock all doors and gates

#### Contacts:

management.team@crawleyltc.co.uk

Bookings@crawleyltc.co.uk

coaching@crawleycltc.co.uk

social@crawleyltc.co.uk https://teamwear.specialistsports.com/crawley-ltc/login/ind password: Crawley21