

TENNIS COACHING REPORT 2023

It has been another very busy year with the coaching programme at Cringleford Tennis Club.

At the beginning of February 2023, I was very proud to be awarded Norfolk LTA Development Coach of the Year.

(I am the only coach in Norfolk to have won this award twice!)

Thank you very much to everyone who nominated me and for the many lovely congratulatory messages and bouquets of flowers that I received.

At the end of February, I was selected by the LTA to be a coach on the 'Prime Video LTA Youth Girls Programme'.

The programme was launched to inspire the next generation of girls in British Tennis. Prime Video LTA Youth Girls is designed to inspire thousands of girls to play tennis in a fun and friendly coaching environment.

These 'girls-only' sessions have been hugely popular and the sessions will be continuing at CTC in 2024.

This year, the Junior Coaching Programme has continued to expand, due to the very high demand for places.

There has been over 100 children attending the courses every week during term time at CTC and Cringleford Primary School throughout 2023.

During the School Holidays, I have organised LTA Youth Team Challenge Events for all of our Junior Members, including match weeks and festivals.

These events are designed to get more junior players playing and competing with their friends.

The festivals were themed throughout the year and included the French Open, US Open, Monster Smash and Girl, Set and Match.

All of the children received certificates and medals for participating in these events.

A huge congratulations to our Junior Members, Imogen and Alice Millson and Jack Bunting who have all attended Norfolk County Training sessions throughout 2023.

In early Spring, Annika MacMillan achieved her first LTA coaching qualification and joined the coaching team.

In February, the Club received a disability training session for Club Members from Danny Sapsford and Mark Bullock from the charity Bright Ideas for Tennis.

We hope to continue working with Bright Ideas for Tennis in 2024 and organising some disability sessions for the children at Harford Manor School.

The Ladies Morning sessions have continued to be popular and well attended throughout the year.

Thank you very much to the CTC Committee for all their support and help throughout the year.

Katie