

Denmead Tennis Club Sunscreen Policy

Denmead Tennis Club acknowledges the importance of sun protection and want children and staff to be protected from the harmful UV rays of the sun. We will work with everyone including children and parents to achieve this through:

Education

All coaches will be advised about being sun sensible at the start of each spring and summer term

Protection Covering

up

Children should wear wide-brimmed hats or sports caps that shade as much of the ears, face and neck while outdoors.

Drinking lots:

We will make sure drinking water is available and encourage children to drink regularly during hot weather.

Creaming up:

Sunscreen use will be encouraged at all times during coaching and camp activity. Parents should apply sunscreen before their child leaves for coaching or camp, with a named bottle of sunscreen in their bag so it can be reapplied during the day. We recommend using as high an SPF as possible.

Timetabling:

Our camps, in particular are often all-day and sometimes during the hottest part of the day. We will advise parents that hats, clothing and sunscreen are all worn to help prevent sunburn.

Reviewed and approved December 2022