



# **Digswell Tennis Club**

## **British Tennis**

### **Changing Room Policy**

December 2021

# USE OF CHANGING ROOMS AND SHOWERING FACILITIES POLICY

Digswell Tennis Club strives to ensure that all children are safeguarded from abuse and have an enjoyable tennis experience. The club has separate male and female changing room, but no showers. Each changing room has a lockable toilet.

This document sets out the Digswell Tennis Club policy for the acceptable use of our changing rooms.

1. Groups of children will have sole use of changing rooms. This reduces any risks and potential vulnerability associated with mixing adults and children when changing and showering.
2. If adults and children need to share our changing rooms, they will do so at different times, unless parent and child or family members or adult nominated by the parent.
3. Ideally if changing rooms are used by both adults and children at the same time, there will be access to separate changing, and toilet areas. Due to the facilities at the club this is not possible at this time.
4. Under no circumstances will adult staff, coaches or volunteers change at the same time as children using the changing rooms.
5. Mixed gender groups of children will have access to separate changing rooms, or use the same changing room but at different times.
6. If we are made aware that a child or adult self-identifies as a gender that differs from the gender they were assigned at birth, we will work with them and their parents/carers (where it relates to a child) to make reasonable adjustments to changing arrangements to suit their needs (*n.b. for more information on this please go to <https://thecpsu.org.uk/help-advice/topics/lgbt-young-people-and-sport/>*)
7. Mobile phones and other electronic devices must not be used in changing rooms.
8. For younger groups of children, a DBS checked member of staff or volunteer will wait outside the changing rooms to allow children to call for assistance if required.
9. Where no changing facilities are available children, parents and travelling teams/players will be made aware prior to the game and advised to make alternative arrangements and to take appropriate additional clothing e.g. tracksuits etc.