



COVID-19 LOCAL RESTRICTIONS IN SCOTLAND

TENNIS ACTIVITY BY LEVEL

OUTDOOR TENNIS						
TYPE OF ACTIVITY	LEVEL 0	LEVEL 1	LEVEL 2	LEVEL 3	LEVEL 4	
SUMMARY	SOCIAL PLAY	<ul style="list-style-type: none"> Permitted Singles & Doubles 	<ul style="list-style-type: none"> Permitted Singles & Doubles 	<ul style="list-style-type: none"> Permitted Singles & Doubles 	<ul style="list-style-type: none"> Permitted Singles & Doubles Doubles must maintain physical distancing 	<ul style="list-style-type: none"> Permitted Singles & Doubles Doubles must maintain physical distancing
	1:1 COACHING	<ul style="list-style-type: none"> Permitted 	<ul style="list-style-type: none"> Permitted 	<ul style="list-style-type: none"> Permitted 	<ul style="list-style-type: none"> Permitted 	<ul style="list-style-type: none"> Permitted
	GROUP COACHING / ORGANISED GROUP ACTIVITY & COMPETITIONS	<ul style="list-style-type: none"> Permitted Subject to field of play bubble limits 	<ul style="list-style-type: none"> Permitted Subject to field of play bubble limits 	<ul style="list-style-type: none"> Permitted Subject to field of play bubble limits 	<ul style="list-style-type: none"> Permitted Subject to field of play bubble limits 	<ul style="list-style-type: none"> Permitted Subject to field of play bubble limits
	CHANGING FACILITIES / TOILETS	<ul style="list-style-type: none"> Can be opened 	<ul style="list-style-type: none"> Can be opened 	<ul style="list-style-type: none"> Can be opened 	<ul style="list-style-type: none"> Can be opened 	<ul style="list-style-type: none"> Toilets and changing rooms of outdoor sports facilities closed
	SPECTATING & SUPERVISION	<ul style="list-style-type: none"> Spectating not allowed Parent/guardian supervision permitted (one per player) 	<ul style="list-style-type: none"> Spectating not allowed Parent/guardian supervision permitted (one per player) 	<ul style="list-style-type: none"> Spectating not allowed Parent/guardian supervision permitted (one per player) 	<ul style="list-style-type: none"> Spectating not allowed Parent/guardian supervision permitted (one per player) 	<ul style="list-style-type: none"> Spectating not allowed Parent/guardian supervision permitted (one per player)
	TRAVEL FOR OUTDOOR EXERCISE	<ul style="list-style-type: none"> Minimise journeys No travel to L3 /L4 areas other than for U18s 	<ul style="list-style-type: none"> Minimise journeys No travel to L3 /L4 areas other than for U18s 	<ul style="list-style-type: none"> Minimise journeys No travel to L3 /L4 areas other than for U18s 	<ul style="list-style-type: none"> Minimise journeys Only travel locally 	<ul style="list-style-type: none"> No travel into / out of area
	SOCIALISING RULES BEFORE/AFTER PLAY	<ul style="list-style-type: none"> Max 15 people from 5 households Minimise where possible 	<ul style="list-style-type: none"> Max 6 people from 2 households Minimise where possible 	<ul style="list-style-type: none"> Max 6 people from 2 households Minimise where possible 	<ul style="list-style-type: none"> Max 6 people from 2 households Minimise where possible 	<ul style="list-style-type: none"> Max 6 people from 2 households Minimise where possible
	PHYSICAL DISTANCING	<ul style="list-style-type: none"> Physical distancing to be maintained before, during and after play at all times across all levels 				