



# COVID-19 LOCAL RESTRICTIONS IN SCOTLAND

## TENNIS ACTIVITY BY LEVEL

		OUTDOOR TENNIS				
TYPE OF ACTIVITY		LEVEL 0	LEVEL 1	LEVEL 2	LEVEL 3	LEVEL 4
<b>SUMMARY</b>	<b>SOCIAL PLAY</b>	<ul style="list-style-type: none"> <li>Permitted</li> <li>Singles &amp; Doubles</li> </ul>	<ul style="list-style-type: none"> <li>Permitted</li> <li>Singles &amp; Doubles</li> </ul>	<ul style="list-style-type: none"> <li>Permitted</li> <li>Singles &amp; Doubles</li> </ul>	<ul style="list-style-type: none"> <li>Permitted</li> <li>Singles &amp; Doubles</li> <li>Doubles must maintain physical distancing</li> </ul>	<ul style="list-style-type: none"> <li>Permitted</li> <li>Singles permitted</li> <li>Doubles only permitted in certain circumstances (*see further detail in additional guidance)</li> </ul>
	<b>1:1 COACHING</b>	<ul style="list-style-type: none"> <li>Permitted</li> </ul>	<ul style="list-style-type: none"> <li>Permitted</li> </ul>	<ul style="list-style-type: none"> <li>Permitted</li> </ul>	<ul style="list-style-type: none"> <li>Permitted</li> </ul>	<ul style="list-style-type: none"> <li>Permitted</li> </ul>
	<b>GROUP COACHING / ORGANISED GROUP ACTIVITY &amp; COMPETITIONS</b>	<ul style="list-style-type: none"> <li>Permitted</li> <li>Subject to field of play bubble limits</li> </ul>	<ul style="list-style-type: none"> <li>Permitted</li> <li>Subject to field of play bubble limits</li> </ul>	<ul style="list-style-type: none"> <li>Permitted</li> <li>Subject to field of play bubble limits</li> </ul>	<ul style="list-style-type: none"> <li>Permitted</li> <li>Subject to field of play bubble limits</li> </ul>	<ul style="list-style-type: none"> <li>Only permitted for children aged 11 and under</li> <li>Restricted to two coaches</li> </ul>
	<b>CHANGING FACILITIES / TOILETS</b>	<ul style="list-style-type: none"> <li>Can be opened</li> </ul>	<ul style="list-style-type: none"> <li>Can be opened</li> </ul>	<ul style="list-style-type: none"> <li>Can be opened</li> </ul>	<ul style="list-style-type: none"> <li>Can be opened</li> </ul>	<ul style="list-style-type: none"> <li>Toilets can be opened</li> <li>Changing rooms to be closed</li> <li>Floodlight access allowed</li> </ul>
	<b>SPECTATING &amp; SUPERVISION</b>	<ul style="list-style-type: none"> <li>Spectating not allowed</li> <li>Parent/guardian supervision permitted (one per player)</li> </ul>	<ul style="list-style-type: none"> <li>Spectating not allowed</li> <li>Parent/guardian supervision permitted (one per player)</li> </ul>	<ul style="list-style-type: none"> <li>Spectating not allowed</li> <li>Parent/guardian supervision permitted (one per player)</li> </ul>	<ul style="list-style-type: none"> <li>Spectating not allowed</li> <li>Parent/guardian supervision permitted (one per player)</li> </ul>	<ul style="list-style-type: none"> <li>Spectating not allowed</li> <li>Parent/guardian supervision permitted (one per player)</li> </ul>
	<b>TRAVEL FOR OUTDOOR EXERCISE</b>	<ul style="list-style-type: none"> <li>Minimise journeys</li> <li>Only local travel to L3 &amp; L4 areas other than U18s</li> </ul>	<ul style="list-style-type: none"> <li>Minimise journeys</li> <li>Only local travel to L3 &amp; L4 areas other than U18s</li> </ul>	<ul style="list-style-type: none"> <li>Minimise journeys</li> <li>Only local travel to L3 &amp; L4 areas other than U18s</li> </ul>	<ul style="list-style-type: none"> <li>Minimise journeys</li> <li>Only travel locally</li> </ul>	<ul style="list-style-type: none"> <li>Minimise journeys</li> <li>Only travel locally</li> </ul>
	<b>SOCIALISING RULES BEFORE/AFTER PLAY</b>	<ul style="list-style-type: none"> <li>Max 15 people from 5 households</li> <li>Minimise where possible</li> </ul>	<ul style="list-style-type: none"> <li>Max 6 people from 2 households</li> <li>Minimise where possible</li> </ul>	<ul style="list-style-type: none"> <li>Max 6 people from 2 households</li> <li>Minimise where possible</li> </ul>	<ul style="list-style-type: none"> <li>Max 6 people from 2 households</li> <li>Minimise where possible</li> </ul>	<ul style="list-style-type: none"> <li>Max 2 people from 2 households</li> <li>Minimise where possible</li> </ul>
	<b>PHYSICAL DISTANCING</b>	<ul style="list-style-type: none"> <li>Physical distancing to be maintained before, during and after play at all times across all levels</li> </ul>				