



COVID-19 LOCAL RESTRICTIONS IN SCOTLAND TENNIS ACTIVITY BY LEVEL

	OUTDOOR TENNIS					
SUMMARY	TYPE OF ACTIVITY	LEVEL O	LEVEL 1	LEVEL 2	LEVEL 3	LEVEL 4
	SOCIAL PLAY	PermittedSingles & Doubles	Permitted Singles & Doubles	Permitted Singles & Doubles	PermittedSingles & DoublesDoubles must maintain physical distancing	PermittedSingles & DoublesDoubles must maintain physical distancing
	1:1 COACHING	Permitted	Permitted	Permitted	Permitted	Permitted
	GROUP COACHING / ORGANISED GROUP ACTIVITY & COMPETITIONS	PermittedSubject to field of play bubble limits				
	CHANGING FACILITIES / TOILETS	Can be opened	Can be opened	Can be opened	Can be opened	Toilets and changing rooms of outdoor sports facilities closed
	SPECTATING & SUPERVISION	Spectating not allowedParent/guardian supervision permitted (one per player)	 Spectating not allowed Parent/guardian supervision permitted (one per player) 			
	TRAVEL FOR OUTDOOR EXERCISE	■ TBC				
	SOCIALISING RULES BEFORE/AFTER PLAY	Max 15 people from 5 householdsMinimise where possible	Max 6 people from 2 householdsMinimise where possible	Max 6 people from 2 householdsMinimise where possible	Max 6 people from 2 householdsMinimise where possible	Max 6 people from 2 householdsMinimise where possible
	PHYSICAL DISTANCING	Physical distancing to be maintained before, during and after play at all times across all levels				

