

Autumn Adult Tennis Programme 2023

Hosted by



Tuesday

10am-10:55am Club Morning

A group for players looking to further their development

Coach Tom

Friday

10am-10:55am Coaching Masterclass

A group for advanced players looking to improve their match play

Coaches Tom & Connor

Wednesday

7pm-7:55pm Intermediate Coaching

A group for competent players aiming to take their game to the next level

Coach Lauren

Saturday

9am-9.55am. Cardio Tennis

Open to all. Fun, sociable, cardio class, based around basic tennis drills. A great workout!

Coach Tom

Programme runs 4th September - 9th December

No classes 23rd to 28th October

All sessions are pay as you go.

£9 for members. £12 for non-members.

- All players need to book on via our ClubSpark website prior to attending a session: clubspark.lta.org.uk/eastdorsetacademy
- Any enquiries email or call Head Coach Tom Beach on tom.edtennis@gmail.com or 07525630050



Follow our social media @ East Dorset Tennis Academy

