# Junior Tennis Program 

## Mini Tennis Blue-6 \& Under

The Blue Stage introduces children to tennis through games and fun activities.
Here, we'll help kids improve their balance, agility and co-ordination while
teaching them about the sport we love. At this stage it's not about winning or losing, it's just getting to grips with the basics.

| Day | Time | Fee | Coach |
| :--- | :--- | :--- | :--- |
| Monday | 4pm -5 pm | $£ 14$ | Daniele \& Will |
| Thursday | 4pm -5 pm | $£ 14$ | Will |
| Friday | $5.30 \mathrm{pm}-6.30 \mathrm{pm}$ | $£ 14$ | Daniele \& Will |

## Mini Tennis Red-8 \& Under

Mini Tennis Red is for players aged 8 and under. Players learn to serve, rally and score with a slow ball, as well as learning the movement and coordination skills needed for tennis. Players are encouraged to play fun competitions in teams and as individuals, with short matches using tie-break scoring.

| Day | Time | Fee | Coach |
| :--- | :--- | :--- | :--- |
| Monday | $4 \mathrm{pm}-5 \mathrm{pm}$ | $£ 14$ | Will |
| Wednesday | $4 \mathrm{pm}-5 \mathrm{pm}$ | $£ 14$ | Will |
| Thursday | $5 \mathrm{pm}-6 \mathrm{pm}$ | $£ 14$ | Will |
| Thursday | $6 \mathrm{pm}-7 \mathrm{pm}$ | $£ 14$ | Will |

## Mini Tennis Orange-9 \& Under

Mini Tennis Orange is a great way for players to continue their progress from Mini Tennis Red and is for players aged 8 and 9 . Players develop a rounded game learning a range of techniques and tactics.
Courts are bigger and wider than the red stage but still smaller than a full size tennis courts. There are team and individual competitions with matches using tie-break scoring.

| Day | Time | Fee | Coach |
| :--- | :--- | :--- | :--- |
| Tuesday | $4 \mathrm{pm}-5 \mathrm{pm}$ | $£ 14$ | Will |
| Wednesday | $5 \mathrm{pm}-6 \mathrm{pm}$ | $£ 14$ | Will |
| Thursday | $5 \mathrm{pm}-6 \mathrm{pm}$ | $£ 14$ | Daniele |

## Mini Tennis Green-10 \& Under

Players in this group will focus on developing solid fundamental skills which will develop their ability to serve, rally and match play. The sessions focus on improving each player's technique through various basket drills.

| Day | Time | Fee | Coach |
| :--- | :--- | :--- | :--- |
| Monday | $5 \mathrm{pm}-6 \mathrm{pm}$ | $£ 14$ | Will |
| Tuesday | $5 \mathrm{pm}-6 \mathrm{pm}$ | $£ 14$ | Will |
| Tuesday | $6 \mathrm{pm}-7 \mathrm{pm}$ | $£ 14$ | Will |
| Thursday | $6 \mathrm{pm}-7 \mathrm{pm}$ | $£ 14$ | Daniele |

## Yellow Ball = Beginners

For players aged 11 and over who are new to the game and want to become involved in tennis. The session covers all basic strokes and skills such as coordination, movement, racket and ball.

| Day | Time | Fee | Coach |
| :--- | :--- | :--- | :--- |
| Wednesday | $6 \mathrm{pm}-7 \mathrm{pm}$ | $£ 14$ | Will |

## Yellow Ball - Improvers

This session is an improvers class and aimed to develop players' technical knowledge of all of the basic strokes, forehand, backhand, serve and volley as well as tactics.

| Day | Time | Fee | Coach |
| :--- | :--- | :--- | :--- |
| Monday | 6pm -7 pm | $£ 14$ | Will |
| Wednesday | 6pm -7 pm | $£ 14$ | Daniele |
| Saturday (girls only) | $10 \mathrm{am}-11 \mathrm{am}$ | £15 | Daniele |

## Match Play Session

The session is aimed at young players, age 6 to 11 , who are confident serving, rallying, scoring and who are either starting competing or are already actively participating in tournaments.

| Day | Time | Fee | Coach |
| :--- | :--- | :--- | :--- |
| Friday | 4.30pm -5.30 pm | $£ 9$ | Daniele \& Will |

For more details please contact our Junior Coordinator Daniele on 07429987399 or email at danielepiccolitenniscoach@gmail.com

