



## 2023 Elthorne Park Coaching Programme

Junior Courses run for 12 weeks starting week of Monday 17th April - until Sunday 16th July 2023

September Junior Courses run for 14 weeks starting Monday 4th Sept - Sunday 17th December 2023

If you would like to make a booking please go to [www.clubspark.lta.org.uk/elthornetennis](http://www.clubspark.lta.org.uk/elthornetennis), register and make booking

For all telephone enquiries please contact **Matthew Cattaway on 07876221259**

Membership to Elthorne Tennis Club is £10.00 per year. Registration is through the website. Wimbledon Ticket Ballot is included in membership

<b>Junior Programme (courses)</b>		
Coach ratio 1 coach x 6/7 players. Maximum 12 in a group 2 x coaches.		
<b>Blue Ball</b>		
Monday	10.00am	Pre Reception year
<b>Mini Red Ball</b>		
Saturday	9.30am	School Year 2/3
Sunday	9.00am	School Year 2/3
Wednesday	5.00pm	School Year 2/3
<b>Orange Ball</b>		
Wednesday	6.00pm	School Year 4/5
Sunday	10.00am	School Year 4/5
<b>Green Ball</b>		
Tuesday	5.00 pm	School Year 6/7/8
Tuesday	6.00 pm	School Year 5/6
Saturday	9.30am	School Year 5/6
<b>Yellow Ball</b>		
Monday	6.00pm	School Year 11/12
Tuesday	6.00pm	School Year 10/11
Friday	5.30pm	School Year 9/10
Friday	4.00pm	School Year 7/8
<b>Squad - INVITE ONLY</b>		
Tuesday	5.00 pm	School Year 5
Wednesday	4.00pm	School Year 9/10
LTA Youth Start Programme - 6 weeks - £35 free racquet		
Sunday	1.00pm, starting 30/04/2023	Aged 4 & 5 years
Sunday	2.00pm, starting 30/04/2023	Aged 6, 7 & 8 yrs
<b>Holiday Camps</b>		
Aged 5-7 year: 12.00pm-1.30pm		
Aged 8 years+ 10.00am - 12.00pm		
Aged 12 + 10.00am - 12.00pm		

<b>Adult Programme</b>	
<b>Beginner Drop-in</b>	
Saturday 9.30-10.30am	
Wednesday 7.00-8.00pm	
<b>Improver Drop-in</b>	
Friday 9.00-10.30am	
<b>Intermediate Drop-in</b>	
Saturday 10.30-12.00pm	
<b>Advanced Drop-in</b>	
Friday 10.30-12.00pm	
<b>Advanced Live-Ball !! NEW !!</b>	
Sunday 11.00-12.00pm	
Wednesday 8.00-9.00pm	

Adult Sessions are Drop-In, where 3 players minimum are needed to run a session. Each group has it's own WhatsApp group to organise sessions. Sign-up is on the website