

PLAYING TENNIS DURING LOCKDOWN



Max 2 people per court (unless players are all from the same household)



Only handle your own racket and personal (marked) tennis balls



Only one to one coaching permitted



Avoid changing ends or change at opposite sides of net



No shaking hands or physical contact with other players



Allow others to leave before you enter the court - wait away from the gates



Maintain social distancing (2m rule) at all times



Follow public health guidelines for hygiene



Do not play if you are self-isolating