## **Coaching Standards**



## What you CAN expect to see in junior group sessions:

- · Sessions that begin on time
- Productive, well-planned sessions, with a clear direction in their content
- The coach creating an enthusiastic and motivating environment on court
- The coach displaying good communication and giving a consistent message
- Standards explained by the coach and then set, particularly with regards to work rate, physical and mental effort
- The coach being a role model for high standards

## What you can expect NOT to see:

- Use of mobile phones on court
- Unplanned sessions with no direction
- Sessions where low standards of behaviour are accepted
- Poor focus from the coach
- An inconsistent message
- Interruptions to the session from parents talking to the coach

If you feel these standards have not been met by GDTennis coaches we would love to hear from you. Either email <a href="mailto:info@gdtennis.co.uk">info@gdtennis.co.uk</a> or call **0118 947 7885.**