

WELCOME TO ISSUE 12 OF THE

### HASLINGFIELD LAWN TENNIS CLUB NEWSLETTER

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# CHARITY FUND-RAISING EVENT BREAKPOINT 2019—Sunday 23rd June

On **Sunday 23rd June, from 2:00-6:00pm**, we will be holding a big event on the tennis courts and recreation ground that will be loads of fun for all the family. There will be a BBQ, Bar, Little Owls Refreshments, cardiotennis, social tennis, football and a Raffle with a first prize of a £500 holiday voucher!

## EVERYONE IS WELCOME—ON AND OFF THE COURTS!

The event is being held to raise awareness of Mental Health and to raise funds for the Bright Ideas for Tennis disability tennis programme.

HLTC is honoured to be hosting Robyn Moore, who is undertaking the really tough challenge of Breakpoint 2019. Robyn was diagnosed with an extreme form of Post Traumatic Stress Disorder as a result of a horrific trauma in her life. Robyn has managed to pull through with the help of tennis and is attempting to play tennis for a minimum of 8 hours every day in June, hitting 200,000 shots using a ball machine, rallying with local club members and joining in club sessions at 46 host venues.

See www.breakpoint2019.org for more information.

### **TENNIS CIRCUS**

Our Opening Event, featuring Danny Sapsford's Tennis Circus on 12th May was a great success. Club members received coaching from two ex-Davis Cup players (we expect to see this reflected in the league team results!) and the sun shone on the spectators.

William Nathan was the first name drawn in the Wimbledon Ballot. This year 13 lucky members and their guests will be enjoying a day at Wimbledon.

Thanks very much to Paul Bonnington for all the time he spent coaching with Danny and Luke on the day.

### DIARY

23rd June 2019 6th October Breakpoint 2019 Tournament Finals Day



**Robyn Moore**, who will be aiming to hit 3,600 shots (1 shot every 4 seconds for 4 hours) at HLTC.

20% of people in the UK are diagnosed with a disability. Of those that have taken up tennis, 80% feel happier, healthier and less isolated.

### PAUL'S TOP TIP

The key to a good smash is having quick footwork so you can get back and underneath the ball in time. Prepare for the smash with a sideways stance and make sure that the contact point is in front of your body.

### **CROATIA TENNIS TRIP**

There are still some spaces left on this year's HLTC trip to Croatia from September 28th – 1st October. For further details, please contact Paul at paulbonnington16@hotmail.com

#### **ROAD TO WIMBLEDON CHALLENGE**

Congratulations to all the junior players who played in the HLTC Road To Wimbledon tournament on Sunday 5th May. There were some very good matches in the group stages and the final, in which **Ben Robinson** beat **Tom Unwin**, was an excellent encounter. Ben will now be invited to the County Final stage of the tournament which is due to take place in July.

The Road to Wimbledon is a unique competition for 14U players. The first stage of the competition takes place in a club/park/school and organisers can choose a format relevant to their venue to deliver a fun, sociable competition for players.

The winners of these events then progress to their County Finals. County Final winners are then invited to compete in the National Finals at Wimbledon in August.



Ben Robinson on the road to Wimbledon

### **LEAGUE RESULTS**

This summer we have 9 teams playing in the Cambs Dunlop Summer League, 3 men's, 3 ladies' and 3 mixed.

As we go to press we are about half-way through the men's and ladies' competitions (the mixed start towards the end of June). All teams are currently doing very well!

Team	Division	Position
Men's 1	4	2nd
Men's 2	9	1st
Men's 3	11	1st
Ladies' 1	5	2nd
Ladies' 2	7	3rd
Ladies' 3	8	4th

### **SOCIAL TENNIS**

The Sunday and Wednesday social tennis sessions are now in full swing and well attended—in recent weeks we have seen as many as 17 members playing in rotation at the Wednesday evening session!

These sessions are intended to be fun—do come along, whatever your level of experience.

### **USED BALL SYSTEM**

The Club provides new balls for league matches, Club tournament matches and a proportion of social sessions.

Used balls, in good condition, are available in the Shed for use by all Club members.

At the end of a match, players should put any decent balls that can be used again in the green "Good Balls" bin. All other balls should be put in the red "Spent Balls" bin—these will be recycled and contribute back towards the Club's finances.