



# WELCOME TO ISSUE 21 OF THE HASLINGFIELD LAWN TENNIS CLUB NEWSLETTER

August 2021  
Editor: Lawrence Hopkins

## THE TENNIS SEASON IS IN FULL SWING



As the school holidays get under way it is great to see our Tennis Club almost back to normal in most areas. Paul and Rilla have managed to run a full programme of **Group Coaching** during the summer term, and have two **Summer Weeks** planned in August. The Cambridgeshire **LTA Leagues** have been fully operational, with 10 Haslingfield teams competing. Our Men's 1 team has been promoted to the lofty heights of Division 2, and our Ladies 1 and Men's 2 teams came top of their divisions. Men's 3 also secured promotion so four teams go up this year. We are still awaiting the results of the Mixed matches.

The **Club Tournaments** are under way, with 50 members participating this year. Follow their progress on the "News" page of our website. **Social Tennis sessions** are well attended on Sunday mornings, Wednesday evenings and Monday afternoons (Active Over-Fifties).

Some **Social Events** are starting to be planned at long last! On 4th September the Club will be participating in the **Badcock 100th Anniversary celebrations on the Rec.**, and on 11th September Gail will host a **Club Social Event** at her house following a short **AGM**. Further details will be e-mailed soon. We have also pencilled in a date for the ever popular **Safari Supper** in November.

So, from all the Committee—make the most of everything the Club has to offer, and enjoy your tennis!

### Diary

4th September 100th Birthday Party for the Rec.  
6-12 September Courts repainting  
11th September AGM and Club Social at Gail's  
13th November Safari Supper

### Court Maintenance

This autumn we are going to have the courts repainted. This should make them less slippery in the winter, as well as help the surfaces last longer.

The work is dependent on the weather, but we have pencilled in 6-12th September. If any lessons are affected they will be added on to the end of the term.

# ADULT TENNIS

## LTA Leagues

This year HLTC entered 10 teams into the Cambs LTA Summer League. This competition allows us to play against teams from other clubs around Cambridgeshire, and once again our teams have done very well. Four teams have won promotion and two, Ladies' 1 and Men's 2, came top of their divisions. Special congratulations go to Men's 1 who have been promoted to Division 2. Furthermore, none of the teams that were promoted last year dropped back this year.

Congratulations to everyone who played!

If you would like to play for one of our teams, please contact any of:

Gail Rutherford (Ladies' Captain): gail\_rutherford@hotmail.com

Stephen Richardson (Men's Captain): stephenhome66@yahoo.co.uk

Lindsay Sandhurst (Mixed Captain): lsandhurst@gmail.com

<b>SUMMER LEAGUE</b>				
<u>Team</u>	<u>Div</u>	<u>Final Position</u>		
<b>Ladies' 1</b>	4	<b>1st</b>	Promoted!	
Ladies' 2	6	4th		
Ladies' 3	8	5th		
Men's 1	3	2nd	Promoted!	
<b>Men's 2</b>	8	<b>1st</b>	Promoted!	
Men's 3	10	2nd	Promoted!	
Men's 4	11	6th		
Mixed 1	5			
Mixed 2	7	No results available yet for Mixed matches		
Mixed 3	8			

Trophies won by HLTC in the Cambs LTA Summer & Winter Leagues	
2020/21	 No winter cups due to COVID
2019/20	 No summer cups due to COVID
2018/19	
2017/18	
2016/17	
2015/16	
2014/15	
2013/14	

## Booking Courts

If you have booked a court but find you are unable to play, please remove your booking as early as you can so that someone else can have the opportunity to play at that time.

Thank you.

## Paul's Top Tip

One of the most important parts of the Serve is the ball toss. A consistent ball toss will lead to greater service control. Make sure you place the ball in your finger tips and relax your arm before you toss the ball. Open your hand to release the ball and then keep your tossing arm up and straight. The ideal release point is between eye level and the top of your head. Ideally you should be close to full stretch when you make contact with the ball and the ball should be out in front so that you can push up and into the court during your motion. This will help you accelerate through your serve and generate power.

# JUNIOR TENNIS

## U18 Team

For the first time, HLTC has entered an U18 boy's team in the Cambridgeshire National League. Due to the small number of teams entering this competition, our team found themselves in Division 1 against some formidable competition. Some of the teams were comprised mainly of County players! Although our team didn't win any of their matches, all the players enjoyed taking part and gained from the experience. Two of them went on to play in the HLTC Men's teams, easily holding their own at that level.



Joss, Nick, Ciaran, Ben, Callum, Matt and Ben

## Group Coaching

We run a full programme of group coaching sessions for all ages from Tots to Adults. For latest information about upcoming courses see [www.haslingfieldtennisclub.org.uk/coaching](http://www.haslingfieldtennisclub.org.uk/coaching).

