



# WELCOME TO ISSUE 22 OF THE HASLINGFIELD LAWN TENNIS CLUB NEWSLETTER

October 2021  
Editor: Lawrence Hopkins

## REJUVENATED COURTS!

In September the courts were out of action for a week while they were re-painted. Although our “new” courts are only five years old, they have been used so much they were beginning to look a bit scruffy, and Court 1 was getting slippery, particularly in the winter.

Re-painting the courts at this stage not only makes them look like new, it will also help prolong their life as the paint contains a special resin that binds the tarmac and helps prevent the surface breaking up.

In addition, this time the white lines have been painted with non-slip paint, so hopefully there will be fewer points lost due to a slip at a crucial moment.



The Anglia Surface Care team

The non-slip paint contains an aggregate that makes it too thick to apply with a spray gun—so our lines had to be painstakingly painted by hand!

Our thanks go to the team from Anglia Surface Care who worked hard to complete the work before the weather broke at the end of the week. This meant the work didn't spill over into the following week, and we could all get back to playing tennis!

## New—Buy Balls from the Club

We are able to offer a new service to members—you may now buy tubes of tennis balls from the Club.

The price is £5 per tube of 4 balls.

To buy balls, simply write your name and the number of tubes you want on the sheet hanging on the wall of the shed near the floodlights cabinet. Then take your tube(s) from the racks to your right as you enter the shed. Please do not take loose balls from the baskets, these are reserved for coaching.

We operate payment for balls and floodlights on an “honesty box” basis, and hope that members will respect the trust placed in them.

## Diary

13th November Safari Supper

## New Committee Member

We are pleased to welcome Angela Martin to the Committee. Angela is currently supporting Paul and Rilla in some of the junior coaching classes, and we are delighted to have her in the team.

## HLTC Awards

The HLTC Awards were presented at the AGM in September. Congratulations go to

**Robert Judge** — Member of the Year 2021

**Men's 1** — Team Spirit Award

# ADULT TENNIS

## LTA Leagues

We now have the results of the Mixed Doubles matches played in the Summer League, and we have won two more trophies! Mixed 1 and Mixed 2 both came top of their divisions. Congratulations to all!

If you would like to play for one of our teams, contact

Gail Rutherford (Ladies' Captain):  
gail\_rutherford@hotmail.com

Stephen Richardson (Men's Captain):  
stephenhome66@yahoo.co.uk

Lindsay Sandhurst (Mixed Captain):  
lsandhurst@gmail.com

<b>SUMMER LEAGUE</b>			
<b>Team</b>	<b>Div</b>	<b>Final Position</b>	
Ladies' 1	4	1st	Promoted!
Ladies' 2	6	4th	
Ladies' 3	8	5th	
Men's 1	3	2nd	Promoted!
Men's 2	8	1st	Promoted!
Men's 3	10	2nd	Promoted!
Men's 4	11	6th	
Mixed 1	5	1st	Promoted!
Mixed 2	7	1st	Promoted!
Mixed 3	8	6th	

## Club Tournaments

The Group stage of the Club tournaments has now ended. 50 members took part, playing matches over the summer months. The following now move through to the semi-finals:

**Ladies' Singles** Gail Rutherford, Merissa Lim  
(to play Final, no semi-final)

**Ladies' Doubles** Alison Benson & Elizabeth Martin  
Gail Rutherford & Lindsay Sandhurst  
Isabel Robinson & Diana D'Arcy  
Tessa Davies & Merissa Lim

**Men's Singles** Andy Smith v Martin Reade  
Ashley Brown v Rudi Winslow

**Men's Doubles** Andy Smith & Andy Wynne v Phil Coates & Thomas Coates  
Martin Reade & Rudi Winslow v Stephen Richardson & Ben Gardiner

**Mixed Doubles** Liz Galpin & Chris Galpin v Gail Rutherford & Niki Thiruchelvam  
Lindsay Sandhurst & Stephen Richardson v Isabel Robinson & Andy Smith

## Paul's Top Tip

When you're serving try not to find yourself focusing solely on where the ball lands and not recovering properly for the next shot. Once you've served, your momentum and weight transfer should ideally take you forward inside the court so it's crucial that you then step back with both feet behind the baseline and then make a split step to prepare instantly for the return of serve.

## New Singles Tennis Ladder

Member Sam Denyer suggested we set up a tennis ladder to make it easier to find members willing to play singles. With Sam's help, we have set up a ladder using a website called Global Tennis Network, and invite anyone who wants to participate to join by clicking the link below.

There is no fee to join our tennis ladder. You will need to register with the Global Tennis Network and they will regularly invite you to upgrade to premium membership for a small fee. There is no need to do this - you can access all the functionality you need to as a basic (no fee) member.

The tennis ladder is open to men and women of all ages. Once you have joined, you can challenge other players, and if you beat them you move above them in the ladder.

Please click here to join:

[https://www.globaltennisnetwork.com/network/ladder-league/registerPage/429\\_14096-men-ladies-singles-tennis-ladder](https://www.globaltennisnetwork.com/network/ladder-league/registerPage/429_14096-men-ladies-singles-tennis-ladder)

We hope you enjoy this new opportunity to play competitively!

# JUNIOR TENNIS

## Cambridgeshire Festival of Tennis

Congratulations to the Haslingfield LTC 8 years and 9 years & under teams who both finished runners-up in their groups at the Cambridgeshire Festival of Tennis in August. It was the first ever 8 years & under event that Club members Walter Mackenzie, Benedict Short and Amelie Schickerling had played in so it was fantastic to see them play so well against more experienced players.

The 9 years & under team of Zach Smith, Joshua Britton, Anton Schickerling and William Prentice also competed very well in their singles and doubles matches against teams from David Lloyd Cambridge and the Cambridge Tennis Academy. Overall, it was an extremely enjoyable event and one that will hopefully inspire all involved.

## FIRST SERVICE

### Local tennis support services

#### New Therapy Clinic in Meldreth

Ronnie Woods is a soft tissue therapist who has been helping people in the Cambridge and Royston areas for the last 5 years and is now located at the Gympo's fitness studio in Meldreth. He is also one of the tutors at the Cambridge School of Sports Massage.

His treatments include all soft tissue techniques including traditional sports and deep tissue massage, myofascial release, neuromuscular release and dry needling. These can help with minor sport injuries and overuse injuries, as part of rehabilitation and training plans or simply everyday aches and pains.

Ronnie is in Meldreth on a Tuesday and Friday and also available for home visits by arrangements - please see his website : [www.scsofttissue.com](http://www.scsofttissue.com) for more information and booking details.

**There is a 20% introductory offer for all bookings before end of October and then an ongoing 10% members discount.**

For any questions whatsoever, Ronnie can be contacted on 07545 499890 (call or message) or email [soft.tissue@outlook.com](mailto:soft.tissue@outlook.com). Facebook: <https://www.facebook.com/scsofttissue>