

## Risk Assessment

### Haverfordwest Tennis Club

#### On/off court coaching practices

14/10/2022

| Hazard   | Risk   | People at risk           | Control measures  | Comments/Actions  | Risk rating |
|--|--|--------------------------|---|---|-------------|
| Qualification of staff                                     |  |                          | <ul style="list-style-type: none"><li>• Tennis coaching session – must have an LTA coaching award</li><li>• All coaches must be DBS checked</li></ul>   | If coach is not sufficiently qualified then the coaching session can't go ahead | Low         |
| Staff – adult/child ratio                                  |  |                          | <ul style="list-style-type: none"><li>• Tennis coaching session – NGB ratio's apply</li><li>• TOTS 1:12</li><li>• U10 1:10</li><li>• 11-17 1:12</li><li>• Adult coaching 1:12</li></ul>                     | Must always be 2 coaches in attendance if there are over 10/12 players          | Low         |
| People participating who are not eligible or medically fit | Legal liability & unknown medical conditions | Participants             | <ul style="list-style-type: none"><li>• Ensure participants are eligible to participate – age, ability etc relevant to the session</li><li>• Ensure participants are medically fit to participate</li></ul> | Check through registers or verbally request information                         | Low         |
| Quality of equipment                                       | Injury                                       | Participants and coaches | <ul style="list-style-type: none"><li>• Ensure all equipment is safe to use</li></ul>   | Any equipment not fit for purpose, either disposed of or repaired               | Medium      |

|   |  |                                       |  |   |        |
|---|--|---------------------------------------|--|---|--------|
|   |  |                                       |  | E.g. faulty grips or broken cones   |        |
| Condition of the court and surrounding area | Slips, trips & falls                               | Participants and coaches              | <ul style="list-style-type: none"> <li>• Inspection of the court to ensure it is safe for the session to take place</li> <li>• Access to a qualified first aider, first aid kit and telephone</li> </ul>                             | <p>Turn up early to assess the court</p> <p>Use leaf blower if court covered in leaves</p> <p>If area cannot be made safe, cone off the area</p>  | Low    |
| Child protection                            | Participants vulnerable from members of the public | Participants                          | <ul style="list-style-type: none"> <li>• Ensure all coaches are DBS checked</li> <li>• Photography requires written consent</li> <li>• Ensure participants who need to go to clubhouse are accompanied by parent or coach</li> </ul> | <p>Obtain written consent from parent/guardian</p> <p>Continue to accompany participants to the clubhouse or ask parent/guardian to</p> <p>Registers all up to date with parent/guardian contact details</p> <p>Safe guarding officer contacted if any issues arise</p> | Low    |
| Weather conditions                          | Dehydration, heatstroke, sunburn, hypothermia      | Participants<br>Coaches<br>spectators | <ul style="list-style-type: none"> <li>• Regular breaks and access to drinking water</li> <li>• Appropriate footwear, clothing and protection against prevailing conditions</li> </ul>   | <p>Assess the conditions before a tennis lesson and plan accordingly</p> <p>Hat if sunny, shade in breaks</p> <p>Appropriate clothing if cold/ and/or wet</p>   | Medium |
| Strains and injuries during and after play  | Injury   | Participants and coaches              | <ul style="list-style-type: none"> <li>• Recognised coaching methods used</li> <li>• Adequate warm up and cool down</li> </ul>   | <p>Planned and structured coaching session</p> <p>Continue to check and update first</p>  | Low    |

|  |        |                          |  |  |     |
|--|--------|--------------------------|--|--|-----|
|  |        |                          | <ul style="list-style-type: none"> <li>• Participants wearing suitable clothing and footwear</li> <li>• Access to qualified first aider, first aid tool kit and telephone</li> </ul> | aid kit when needed  |     |
| Collision with other participants or equipment | Injury | Participants and coaches | <ul style="list-style-type: none"> <li>• Recognised coaching methods used</li> <li>• Group supervision and controlling the group</li> </ul>  | Continue to remind coaches about adequate spacing between players<br><br>Ensure good group control | Low |

This risk assessment identifies the common hazards and control measures associated with coaching tennis.

Risk assessment carried out by: Thomas Richards

Signed:

Date:

Reviewed by:

Signed:

Date: