

TENNIS COACH PROFILES



Name – Tom Lemon

Position – Head Tennis Coach

Contact Number – 07849979045

Qualifications/Achievements

- LTA Licensed Performance Coach (PC)
- BSc (Hons) Sports Coaching
- R2 Licensed Tournament Official
- UKCC Level 1 Football & Badminton
- 2017 Lancashire Official of the year
- 2018 Lancashire Coach of the year
- 2019 Club of the year

Previous Experience

Tom has been Head Coach here since 2015 with great success coaching multiple players who have been selected to represent Lancashire. During his degree Tom studied various aspects of coaching including Biomechanics, Performance Analysis & Disability coaching. Tom still competes in our Men's, Mixed and Aegon 1st teams reaching a 5.1 LTA rating.



Name – Rick Whalley

Position – Tennis Coach

Contact Number – 07887763303

Qualifications:

LTA Licensed Level 3 Coach (DCA)

BSc (Hons) Sports & Exercise Science

Previous Experience

20 years coaching experience mainly at David Lloyd Clubs (Middleton, Cheadle and Bolton)

Great interest in Mini Reds to Adult sections of the programme. Always have the FUN element to the game as tennis is a game for life!

Other Interests

Love a game of golf (handicap of 5) so if anybody wants a game please call me

Look forward to meeting all members whether they're 5 or 95, I want to see you on that tennis court.





Holcombe Brook

Tennis Club