

# Holland Park Tennis Coaches



## James Elston (Head Coach)

James has been coaching tennis for 20 years and is currently qualified with the LTA as a performance and cardio tennis coach. Together, with his team at CourtFit he manages the group programme in Holland Park.

His aim is to see as many kids playing tennis as possible and to ensure that everyone has experienced cardio tennis!!!!

### Qualifications

LTA Performance and  
Cardio Tennis coach

### Contact

Email: [info@courtfit.co.uk](mailto:info@courtfit.co.uk)



## Barnaby Trusler

I am an energetic and enthusiastic tennis coach. I can tailor sessions for every level of tennis player and play to a national level of tennis with a LTA rating of 3.1. I bring my knowledge of this into my coaching but also cater to anyone who wants to improve their tennis. I bring a great passion and enthusiasm to every lesson I deliver!

### Qualifications

LTA Level 3

### Contact

Tel: – 07920 104 107

Email: [barnaby\\_trusler@yahoo.co.uk](mailto:barnaby_trusler@yahoo.co.uk)



## Stefano Zambelli

I'm a professional Tennis Coach with 40 years' experience. I love to share my knowledge & techniques to enable better skills on court and aim to tailor my lesson to an individual player's needs. I also have lots of experience coaching groups of kids, adults and players with disabilities, allowing me to be versatile with my teaching method. I can speak Italian, English and German.

### Qualifications

LTA Level 3  
BSc Sport Science

### Contact

Tel: – 07404 296 169

Email: [zambelli.meso@gmail.com](mailto:zambelli.meso@gmail.com)



## Francesco Pallavicino

Francesco is an enthusiastic tennis coach with more than 15 years of coaching experience acquired both in his native Italy and in London. He is LTA licensed and qualified and has a degree in Sport Science. Francesco maintains a high playing standard and enjoys coaching players of all ages and abilities.

### Qualifications

LTA Level 3  
Maestro Nazionale (Italy)  
BSc Sport Science

### Contact

Tel: – 07756 390 941  
Email: [francescopallavicino26@gmail.com](mailto:francescopallavicino26@gmail.com)



## Manuel Rosatelli

Manuel is our newest member of the team. He has a huge passion for tennis and loves to be on court.

### Qualifications

LTA Level 2  
RPT National Professional

### Contact

Tel: – 07462 150 859  
Email: [m.rosatelli@hotmail.it](mailto:m.rosatelli@hotmail.it)



## Seda Uygur Tunel

### Qualifications

LTA Accredited

### Contact

Tel: – 07983 464 465  
Email: [spctenniswellness@gmail.com](mailto:spctenniswellness@gmail.com)



**Colin Chai**

**Qualifications**  
LTA Level 2

**Contact**

Tel: – 07880 790 583

Email: [colintenniscoach@gmail.com](mailto:colintenniscoach@gmail.com)