



HEALTH & SAFETY POLICY STATEMENT

Houghton Tennis Club is strongly committed to encouraging members, non-members and visitors to take part in the playing of tennis, with the well-being and safety of each individual being of paramount concern. The Club recommends levels of training dependent upon age and ability and expects junior members to participate within these boundaries.

This policy is fully supported by the **Houghton Tennis Club** committee, which is responsible for the implementation and review of the policy.

HEALTH & SAFETY POLICY:

To support its Health & Safety policy statement the Club is committed to the following duties:

- Undertaking regular, recorded risk assessment of the club premises and all activities undertaken by the Club
- Creating a safe environment by putting health & safety measures in place as identified by the risk assessment
- Ensuring that all members are given the appropriate level of training and competition by regularly assessing individual ability dependant on age, maturity and development
- Ensuring that all members are aware of, understand and follow the club's health & safety policy
- Appointing a competent club member to assist with health and safety responsibilities
- Ensuring that normal operating procedures and emergency operating procedures are in place and known by all members
- Providing access to adequate first aid equipment, professional coaches who are qualified first aiders, and guides for members in emergency situations during organized club sessions
- Ensuring that the implementation of the policy is reviewed regularly and monitored for effectiveness
- Recording any reported injuries or accidents sustained during any club activity or whilst on the club premises

ALL CLUB MEMBERS HAVE A DUTY TO:

- Take reasonable care for their own health & safety and that of others who may be affected by what they do or not do
- Co-operate with the club on health & safety issues
- Correctly use all equipment provided by the Club
- Not interfere with or misuse anything provided for their health, safety or welfare.

FIRST AID: Location of the first aid box is in the tennis Club House mounted on the wall

HEALTH & SAFETY FOR VISITORS TO HOUGHTON TENNIS CLUB

Houghton Tennis Club welcomes all visitors to the club to participate in team tennis and to undertake our introductory coaching sessions by the clubs volunteer coach.

We request that you read our Health and Safety Policy in order to understand the duties of the club and also people participating in tennis. In addition, we ask that you raise any health conditions that you may have and can share, in order to ensure your safety and well-being at all times.

Finally, we request that you sign and date below that you have read the policy and that you are fit to participate in the tennis sessions/activities.

Name.....

Signature.....

Date.....