



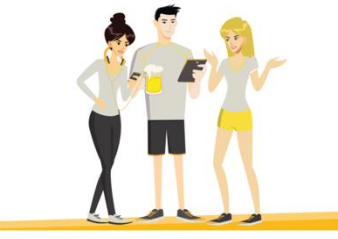



Tennis Titans	Wimbledon Warriors	Senior Stalwarts	Cardio Tennis	Social Butterflies	Goldie Oldies
					
<ul style="list-style-type: none"> • Mix of men and women of all ages • Tennis is their passion and main sport from childhood to older age • Members of tennis clubs who play all year round and to a high standard and intensity • They like to compete in leagues/competitions and have regular commitments to play • Tennis is their main sport and passion, regardless of age • They will play until they are unable to • Play all year round and have done since a young age • Have a regular commitment to play tennis with friends/ acquaintances • Many play in organised competitions and/or for a league team • Majority have had some form of formal coaching • They also tend to watch tennis on TV 	<ul style="list-style-type: none"> • Men and Ladies under 32, average age 26 • Love any kind of sport • Play a few competitive matches against their good friends • Adult Social Tennis. The session would be for players already involved in the club teams or looking to get back into local team doubles competition to get together, hit loads of balls and ultimately have a laugh. Nothing too serious! • To be competitive with friends • Satisfaction at getting better at tennis to win against friends • Physical and mental release • Relish the power of their shots • Improving accuracy and imitating what they see on TV during Wimbledon • Keeping healthy and being outside in the sunshine • Socialising with friends after the game 	<ul style="list-style-type: none"> • Mostly 60+ year olds • The frequent tennis playing Stalwarts play in clubs; the less frequent play in parks/leisure centres • Tend to play with a regular group of friends • Tennis seen as a gentle exercise which helps them keep healthy and socialise with friends • Tennis is an ingrained part of life, especially in the summer • They hope to play all their lives • Usually play a game of doubles or singles, lasting around 1-1.5 hours, with (tennis) friends • Many have a regular commitment with people to play with on weekdays • Tennis is a gentle workout, appreciated for ensuring they stay healthy and active • Some have started to reduce their tennis frequency • Others expect to play less often in the next 12 months and certainly in the next 5 years 	<ul style="list-style-type: none"> • Adults of all ages • Mixture of male and female • Generally Cardio Tennis is popular with Sports people • A great introduction to people either getting back into tennis or are new to tennis, as it combines Tennis and fitness • More fun than tennis, a hit and a giggle • Tennis seen as a gentle exercise which helps them keep healthy and socialise with friends 	<ul style="list-style-type: none"> • Mostly women, some men, all age groups, beginners or only slightly better • They see tennis as just one of many summer things to do • Play a few times during the summer as a way to socialise with friends • And a place to make new friends, which may even involve socialising after the session • Usually play gentle rallies and hit balls with friends, although some do play points or sets • Getting exercise is partly a motivation (exercise that does not feel like exercise) but is secondary to socialising 	<ul style="list-style-type: none"> • Mostly 60+ year olds • The frequent tennis playing Golden Oldies play in clubs • Tend to play with a regular group of friends • Tennis seen as a gentle exercise which helps them keep healthy and socialise with friends • Tend to play with a regular group of friends • Tennis seen as a gentle exercise which helps them keep healthy and socialise with friends • Tennis is an ingrained part of life, especially in the summer • They hope to play all their lives • Usually play a game of doubles or singles, lasting around 1-1.5 hours, with (tennis) friends • Many have a regular commitment with people to play with on weekdays • Tennis is a gentle workout, appreciated for ensuring they stay healthy and active
<p>Friday Nights – 6.00pm to 8pm. - Contact Cameron Richardson, 07555 466239 to get on the Whatsapp Group</p>	<p>Tuesday Nights – 6pm to 7.30pm – Contact Jonny Carmichael or Camaeron Richardson on 07555 466239 , as this group is subject to other matches taking place and players availability</p>	<p>Monday afternoons – 2. pm to 3.30pm – Contact Keith Clayton 07519172682</p>	<p>Saturday mornings – 9am to 10am Saturday mornings – 10am to 11am Contact Pippa Munzer 0779 639 8782</p>	<p>Thursday Evenings – 6-7.30pm – contact Natalia Lea for more details 07840267257</p>	<p>Tuesday Afternoon – 2.pm to 4. Thursday Afternoon – 2.pm to 4.15pm Saturday Afternoon – 2.15pm to 4.15pm Contact Sue Mayoh 07873 364052 or Marilyn Chamberlain 0708 933017</p>