KNUTSFORD TENNIS CLUB NEWSLETTER

14th JANUARY 2021











In this newsletter... Covid -19... Winter League... Assistant Coach... Lockdown Coaching

COVID-19 LATEST

Following Government Lockdown No 3, the Main Club building is now closed until further notice.

And complying with LTA National Tier 4 Guidelines we have had to close the tennis courts.

Coronavirus (COVID-19) - Latest advice | LTA



WINTER LEAGUE CANCELLED

Reluctantly the **organisers have cancelled the league** - even accepting that play may re-start soon, there will be issues trying to re-arrange matches before the Summer Season starts.

AND SOME GOOD NEWS

We are pleased to announce that **Tom Jones has been appointed as Assistant**Coach

Most of you will have seen him around the club over the last few months so it is great news he has agreed to take up this position.



ASSISTANT COACH - Tom Jones
LTA Licensed Level 3 Club Coach
First Aid Trained / Safeguarding Trained / DBS Checked
3 Years Coaching Experience
CONTACT - tom.h.w.jones@gmail.com 07432 533118



Knutsford Tennis Club

10 January at 09:12 - 6

Here we are again folks - #3 Lockdown...

Firstly I hope this email finds you and your families safe and well. Like you all, Tom and I can't wait to get back on court but we'll do so when it's safe and allowed.

For now, week 1 of #3 Lockdown videos - #3 Lockdown - coaches top tips - YouTube

Coaches Top Tips - The Groundstrokes -

#1 - Split Step

#2 - Unit turn

#3 - Loop

#4 - Point of contact

#5 - Follow through

For all lockdown videos on 'coaches' philosophy regarding our great game, head over to Markaireytennis on youtube.

https://www.youtube.com/watch?v=3jy-yosS8QA









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