



Our Proposal

We are proposing to develop courts at Douglas Park. Our favoured solution is to develop the courts at Douglas Park to a standard which provides the opportunity to play tennis all year round on all weather floodlit courts.

This will include resurfacing courts at Douglas Park, the provision of new fencing and floodlighting, posts and nets. A smart entry system will also be installed to enable season pass and public access to the courts.

Site Improvements

The current site of the Tennis Courts at Douglas Park has fallen into disrepair due to neglect over a number of years. Our proposal to develop presents an opportunity to completely transform the Douglas Park Tennis Courts into an asset which will be available to the entire community for many years to come and provide wider community benefit on a sustainable and long-term basis

Long Term Maintenance and Facilities Refurbishment

Our proposal will provide facilities which ensure the long-term viability of the tennis courts through a fully funded maintenance programme. This will guarantee the site's long-term sustainability by the Club setting aside finance to ensure ongoing maintenance and facility refurbishment after a ten-year period.

Community Hub

Our proposal will create a genuine Community Hub in partnership with North Ayrshire Council and existing Douglas Park users

Participation in Sport

Our proposal will allow public access to well-maintained tennis courts, and develop a programme to support public participation in tennis activities (i.e., actively promoting and supporting tennis rather than simply passively offering facilities). We will also introduce free tennis sessions and actively encourage wider community participation in tennis

Community Links

Largs Tennis Club has been in existence for a number of years and since our inception we have developed links with the local community and schools through Community Holiday Coaching Courses and our Community Coaching Programme which includes

Mini Tennis Red 4 to 8 years - played on small courts with short rackets and sponge balls or felt balls enabling players to learn different shots and start to rally.

Mini Tennis Orange & Green 9 to 11 years - Courts are bigger and wider than the red stage allowing players to develop a range of techniques and tactics before moving on to the next level.

Junior Tennis - 12 to 16 years. Played on a full-sized court with yellow compression balls. Players learn to develop basic technique, how to build rallies and learn about match play.

Orange & Green Tennis 9 to 11 years -; Junior Tennis 12 to 16 years -; Adult Beginner 17+ years; Adult Improver 17+ years –

We also have links to Largs Academy which involve coaching courses tailored towards the needs of various age groups. We intend to continue these courses should we move to Douglas Park.

Support for Local Charities

Largs Tennis Club has a long and positive relationship with a number of local charities. Our recent prizegiving event raised £1000 to be divided between the Gillian Saltire Appeal and Largs Foodbank

Support for North Ayrshire Council's Health and Wellbeing Strategy

Our proposal to provide wider access to playing tennis adds to the significant evidence base for the range of individual and wider social health and well-being benefits that can be achieved through outdoor activity. Key benefits include: better physical and mental health and guarding against future illness; therapeutic and restorative qualities which enhance recovery; reduced social isolation, greater community cohesion and opportunities to establish lifelong healthy behaviours.

Green health activities include any activity that gets people outdoors and benefits their physical and/or mental health. It can include a wide range of activities such as:

- Walking and running
- Outdoor learning and play
- Recreation and sport

Health Benefits of Playing Tennis



In addition to the social and economic benefits outlined above the refurbishment of the Douglas Park Courts will provide a wide range of health to members of the local community who will have access to the refurbished Douglas Park Tennis Courts These include

A full body workout.
Reducing the risk of a heart attack
Improvements in stamina
Increased muscle toning
Weight loss
Improved agility

Largs Tennis Club Governance

Should our proposal be successful the Council can be rest assured they will have a partner whose affairs and compliance with the most up to date are in place. The Club has a Welfare Officer. A key element of how the Club is managed is adherence to the following policies.

Code of Conduct
Disciplinary Procedure
Children and Vulnerable Adults Safeguarding Policy
Code of Practice for Young People
Code of Practice for Parents and Guardians
Code of Practiced for Coaches
Diversity and Inclusion Policy
Safeguarding Policy Statement
Guidance on using changing rooms and toilets in public area venues
Anti-Bullying Policy
Staying Safe Online
Photography and Filming Best Practice Guide