

# LTC: Covid-19 Regulations: from April 12<sup>th</sup>, 2021

## Tennis

- Singles, doubles, individual and group coaching, cardio tennis are all permitted.

## Self-screening

- Do not play or visit the club if you (or someone you live with) have Covid-19 symptoms or have tested positive or if you have been asked to self-isolate. If you develop symptoms follow the 'test and trace' guidelines.

## Booking Courts

- All play must be by prior booking – you cannot just turn up.
- Club sessions are now pre-arranged – you cannot just turn-up.

## Clubhouse

- Entry to the hallway is only for first aid, operating the floodlights, using the loos and in emergency. Use a mask / face covering. Please minimise use of the loos.
- The main hall of the clubhouse is closed to members (open only as a 'place of work' to coaches and club officers). The kitchen and bar are closed. The bar may be opened by authorised 'bar operators' for outside table service only.

## Hygiene

- Come changed and wash your hands before leaving home.
- Sanitise your hands when you arrive and when leaving the club.
- Do not shake hands / bump elbows and avoid touching your face during play.
- If you are among the first to arrive at the club, please place one of the sanitiser dispensers under the reminder sign on the path into the club; if you are locking-up, please put it back on the patio for safe keeping.

## Social Distancing and Access

- Keep 2 metres apart from persons not in your household.
- Ensure space and allow people time to enter and exit the club and car park.
- Please avoid arriving early and forming a large group in the car park or patio.
- Access / exit the courts by using the gate closest to each court.
- If it rains, please return to your car – the clubhouse is shut!

## Equipment and Balls

- Don't forget your drink – the kitchen is shut although there's a tap on the patio.
- Bring your tin of balls marked with your initials. Tins can be collected or exchanged from Nigel Turner (07795 978199), Paul Carton (07711 385045), Pam Lamb (07946 622492) or Andrew Pearce (01372 376708).
- When dragging or brushing the clay, use the disposable gloves that can be found in the green clay bins, along with spray and a waste bag for used gloves.
- The benches will return when LTA guidelines permit!

***It's great that we can again play tennis - enjoy!***