

# LTC: Covid-19 Regulations: October 1, 2020

## Self-screening

- Do not play or visit the club if you have symptoms, have tested positive or been asked to isolate. If you develop symptoms follow the 'test and trace' guidelines
- Keep abreast of the latest Government / NHS / LTA advice.

## Booking Courts

- All play must be by prior booking – you cannot just turn up
- Club sessions are now pre-arranged – again you cannot just turn-up.

## The Clubhouse

- The main hall of the clubhouse is closed to members (open only as a 'place of work' to coaches, club officers and the bar operators)
- Entry to the hallway is only for first aid, operating the floodlights, the loos and in emergency. Use a mask / face covering
- Please minimise use of the loos (unavoidable need)
- Bar service is subject to Covid secure procedures and is outside only unless pre-planned and approved for serving inside. The bar must be shut by 10pm.

## Hygiene

- Come changed and wash your hands before leaving home
- Bring sanitiser and sanitise your hands when you get on court
- Do not shake hands / bump elbows and avoid touching your face during play
- Cough / sneeze into tissue or upper sleeve
- Sanitise your hands on leaving
- Clean and wipe down your equipment before and after play.

## Social Distancing and Access

- Keep 2 metres / 1 metre-plus apart from persons not in your household.
- Access / exit the courts by using the gate closest to each court
- Ensure space and allow people time to enter and exit the club and car park
- Please don't congregate to chat near the courts after playing! You can however use the garden if you distance and follow the hygiene rules.

## Equipment and Balls

- Don't forget your bottle of water – the clubhouse is shut!
- Individuals bring their own tins of balls clearly marked with their initials
- A tin of balls can be collected or exchanged from Nigel Turner (07795 978199), Paul Carton (07711 385045), Pam Lamb (07946 622492) or Andrew Pearce (01372 376708) - all of whom live in Fetcham.
- When dragging or brushing the clay, use the disposable gloves that can be found in the green clay bins, along with spray and a waste bag for used gloves.

***Despite all that, it's great that we can still play tennis - enjoy!***