

Mini & Junior Tennis Programme

Spring Term 2024

GIGGLE BUGS AGED: 3-4

PRE-SCHOOL - Developing co-ordination, movement & simple tennis skills

| | |
|-----------|---------------|
| Monday | 1.00 - 2.00 |
| Monday | 4.00 - 5.00 |
| Wednesday | 11.30 - 12.30 |
| Thursday | 1.00 - 2.00 |
| Friday | 1.30 - 2.30 |
| Saturday | 9.00 - 10.00 |

MINI RED BUGS AGED: 4-6

RECEPTION & YEAR 1 - New to the game. Introducing core tennis & movement skills

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|-----------|---------------|
| Monday | 4.00 - 5.00 |
| Tuesday | 4.00 - 5.00 |
| Tuesday | 5.00 - 6.00 |
| Wednesday | 4.00 - 5.00 |
| Wednesday | 5.00 - 6.00 |
| Saturday | 9.00 - 10.00 |
| Saturday | 10.00 - 11.00 |
| Sunday | 10.00 - 11.00 |

MINI RED AGED: 6 - 8

YEAR 1 OR YEAR 2 - Nurturing a love for tennis and developing key co-ordination

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|-----------|---------------|
| Monday | 4.00 - 5.00 |
| Monday | 5.00 - 6.00 |
| Tuesday | 4.00 - 5.00 |
| Wednesday | 4.00 - 5.00 |
| Wednesday | 5.00 - 6.00 |
| Saturday | 10.00 - 11.00 |
| Sunday | 11.00 - 12.00 |

RED RALLYERS AGED: 6 - 8

For competent rallyers. Developing topspin, serve and match skills

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|-----------|---------------|
| Monday | 5.00 - 6.00 |
| Wednesday | 4.00 - 5.00 |
| Saturday | 11.00 - 12.00 |

MINI ORANGE AGED: 8 - 9

Children new to the game or developing skills. Developing technique & tactics

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|-----------|---------------|
| Monday | 5.00 - 6.00 |
| Tuesday | 5.00 - 6.00 |
| Wednesday | 5.00 - 6.00 |
| Saturday | 11.00 - 12.00 |

MINI GREEN AGED: 9 - 10

Children new to the game or developing skills. Developing technique & court skills

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|-----------|---------------|
| Monday | 6.00 - 7.00 |
| Tuesday | 6.00 - 7.00 |
| Wednesday | 6.00 - 7.00 |
| Saturday | 11.00 - 12.00 |

CLUB JUNIORS AGED: 11+

Developing core swing patterns, court awareness and key tactics.

| | |
|-----------|--------------|
| Tuesday | 6.00 - 7.00 |
| Wednesday | 6.00 - 7.00 |
| Friday | 5.00 - 6.00 |
| Saturday | 12.00 - 1.00 |

CLUB FUTURES AGED: 11+

For Children who can serve & rally. Developing shot control & patterns of play.

| | |
|-----------|--------------|
| Monday | 6.00 - 7.00 |
| Wednesday | 6.00 - 7.00 |
| Saturday | 12.00 - 1.00 |

CLUB MASTERS AGED: 11+

For competent rallyers keen to compete & develop technical efficiency and tactics.

| | |
|--------|-------------|
| Monday | 7.00 - 8.00 |
| Friday | 6.00 - 7.30 |

TERM DATES

Wednesday 3rd January -
Thursday 28th March excluding
half term 19th - 25th February
11 week term*

COMPETITION WEEKS

W/C 12th February. Children are organised to play matches to practice their understanding of the rules and tactics of the game

MINI TENNIS ACADEMY ASSESSMENTS

Children showing good athleticism and tennis potential will be invited or can apply to attend. Please ask for details.

HOLIDAY CAMPS

Children can continue the fun & their tennis development during the School Holidays with our daytime camps which run throughout the holidays.

ADULT TENNIS SESSIONS

We have sessions for all levels during the day and in the evenings with Start-Up courses, Team tennis, Cardio Tennis and more.

* 12 weeks for Wednesdays and Thursdays

| PRICING | Non-Members | Members |
|-----------------------------|-------------|---------|
| Giggle Bugs & Mini Red Bugs | £110.00 | £93.50 |
| Mini-Red | £115.50 | £99.00 |
| Red Rallyers | £121.00 | £104.50 |
| Orange, Green & Junior | £132.00 | £115.50 |
| Friday Club Masters | £198.00 | £173.25 |

Bookings can be made at Reception or online at www.legendstennis.co.uk

