Dear Member,

Welcome to Linslade Tennis Club, we hope that you will enjoy your time with us. Please find below some useful information to make the most out of your membership this year.



### Access to Courts and the Pavilion

Court Booking

All members may use the courts free of charge when they are available outside of any regular coaching sessions. Please check court availability using the Court Calendar on the website. It is advisable to book a court to avoid disappointment. Information on how to book a court is available on the <a href="Court Calendar page">Court Calendar page</a>.

Main Gate Key & Fob for the Pavilion

Court 3 and the mini court can be accessed by the electronic gate, using the code given when you book the court. However, for courts 1 and 2 you require physical keys. The deposit for a Court key and Main Gate key is £10 and the deposit for a fob to operate the electronic lock to the Pavilion is £25. Please contact a member of the committee for information on how to get keys and a Pavilion fob. (Deposits are refundable on return of the keys/fobs)

Please note - All players must be 13 or over if they are to play unsupervised.

# When can I play?

#### Adult Coaching

Individual and group coaching is available from our LTA qualified coaches. Email coaching@linsladetennisclub.org.uk for more information.

- **Doubles Tactics and Drills** (Adults)- there is one coaching session on Fridays at 7pm on a 'pay as you play' basis.
- Ladies only coaching session Tuesday evenings 7pm 8pm.
- Rusty Rackets Fridays 3pm to 4pm.
- Adult Beginners Fridays 2pm to 3pm for those who would prefer a less energetic game on a 'pay as you play' basis.

All Adult coaching sessions are run on a Pay As You Go basis of £7 per session or £60 for 12 sessions. For all bookings, please contact Sara Bamford.

### **Junior Coaching**

- Junior the coaching programme takes place Monday to Friday 4pm to 7pm and it runs in line with the school terms. Coaching fees are due at the start of each term. Juniors must also be members of the club in order to take part in the coaching program.
- Junior tennis camps run during the day in the Easter & Summer school holidays. https://clubspark.lta.org.uk/linsladetennisclub/Coaching

1:1 private coaching sessions are also available with Sara (Head Coach). Please contact Sara for details. <u>Linslade Tennis Club / Meet our Coaches (lta.org.uk)</u>

### **Other Sessions**

Adult Social Tennis –

Sunday mornings 10am to 12.30pm, Monday mornings 10am – 12 noon Wednesday evenings 7pm to 10pm.

For adult members of all abilities and junior members who play for adult teams. These sessions are free of charge, and you can just turn up to play.

• Junior Social Tennis – Ages 12 to 18 (Free of charge)

Coach led Junior Social tennis Saturdays 10am – 12pm. Aim to give match practice. Please sign up on a week-by-week basis on club coaching page.

- **Disability tennis** This session is coach led.
- "Yes We Can" via Leighton Buzzard Rotary Club Thursdays 6pm 7pm.

For information on the Junior Social, Disability and "Yes We Can" tennis, please contact Sara Bamford.

#### **Additional Information**

- **Ball Machine** approx. 70 tennis balls to practice your game. £5 hire and can only be used on court 3 for safety reasons. Please contact a committee member to find out how to use it.
- Club teams Juniors and Adults play matches against other clubs in the South Beds and Aylesbury Leagues. Please let us know if you are interested in playing for the club.

• **Club Tournaments** – these are run during the summer with details emailed to our members in our newsletters.

#### When can I play outside of coaching sessions?

You are welcome to book the courts at any time to play outside of any coaching sessions. Please check court availability using the Court Calendar on the website. It is advisable to book a court. Court Calendar page.

# **Floodlights**

All three courts have floodlights which can be operated by tokens. 1 token last for 30 minutes and costs £2. Tokens are available from our membership secretary, membership@linsladetennisclub.org.uk

For court 3 the website payment rates change during the day to reflect sunset and so the normal practice is to pay when you book the court (same price) and the lights are linked to the booking. For members the court booking is free, but the cost covers any floodlights that may be in use at that time.

# **Safeguarding**

Every Tennis Club is required to have a Welfare Officer who will oversee the protection of children and adults to safeguard their interests. The Welfare Officer at Linslade is Fiona McGarvie.

Any safeguarding concerns that you may have must be reported to Fiona immediately, she can be contacted by email at <a href="welfare@linsladetennisclub.org.uk">welfare@linsladetennisclub.org.uk</a> or by phoning 07982 245114.

Fiona is always available to listen to any of your general or specific concerns and these will always be treated in the strictest confidence.

Information about Safeguarding and how to report a concern yourself are also found on our Safeguarding page on our website. It also contains all our Policies as well as a range of information from the LTA on getting the most out of your tennis. Please take the time to read these. <u>Linslade Tennis Club / Safety and wellbeing (Ita.org.uk)</u>

If a concern is urgent, please contact the Police on 999.

A hard copy of these can also to be found on the noticeboard in the clubhouse.

We also have a Code of Conduct that by joining the club every member agrees to. A copy of this is also found inside the clubhouse as well as on our web site.

Full list of committee members can be found on the club website.

07561 571578

#### Linslade Tennis Club / Contact us (Ita.org.uk)

If you have any questions about Linslade Tennis Club please get in touch with a committee member, any questions about any of the coaching please contact our Head Coach Sara.

| Richard Braithwaite | 07950 036689 | chairman@linsladetennisclub.org.uk  |
|---------------------|--------------|-------------------------------------|
| Michele Astley      | 01525 850160 | secretary@linsladetennisclub.org.uk |
| Fiona McGarvie      | 07982 245114 | welfare@linsladetennisclub.org.uk   |

We issue a newsletter several times each year which contains useful information

about what is going on in the club. Please make sure that you take time to read it.

sara\_leavy@hotmail.com (Head Coach)

We hope that you enjoy your year with us. We hope you enjoying playing at the club and we look forward to seeing you around.

Best Wishes Linslade Tennis Committee

Sara Bamford

