Lorton Tennis Club Newsletter - March 2022

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- 2. Cardio tennis sessions Monday evenings
- 3. Want to try League tennis (men/women/mixed)?
- 4. Report on the new lights
- 5. Start of once-a-month Friday evening socials
- 6. Trial of weekly Friday afternoon social tennis
- 7. How to enter for the Club championships
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- 9. Wimbledon men's final clubhouse watch and barbecue 10th of July



1. **Opening tournament**

On Sunday 24th of April, this is a fun social event. Start 2 PM.

All members are welcome to enter. You will be provided with a different partner for each of the 7 game matches (like on Saturday's Social tennis).

Entry is free, but please bring some 'sharing' food, and any drinks you like.

2. Cardio tennis

Chris Lockyer is restarting the 1 hour tennis cardio sessions on Monday evenings. Various racket drills to get you out of breath to loud music:

Starting on 4th April 2022

Mondays at 6.30pm

Cost: £7.50

Contact via text preferably on 07900 286909 or https://www.lockyertennis.co.uk/cardio-630pm

Please request to be added to the Cardio WhatsApp group

3. League tennis

Lorton plays in the West Cumbria tennis league; matches normally run from April through to September. <u>We would like to welcome any interested members to join our teams</u>, all players of varying abilities have a great opportunity to experience match play in a lightly competitive but friendly setting.

This season we have 3 men's doubles teams, 3 ladies double teams, mixed and singles teams. The doubles matches are played during the week on either Tuesday, Wednesday, or Thursday. The singles matches, which are for both men & women, are played on a weekend. Please see website for fixture lists and contact details. We also have WhatsApp groups for communication to players.

The format is 4 players per team for doubles and 3 for singles teams. Doubles matches are played on an evening from 6:30pm home & away. Each couple in a team will play 4 sets per night with the home team providing refreshments. There is a £2 match fee for home team to cover balls. Anyone who would like to participate please contact any of the captains below. The leagues get under way on 26th April.

Our team captains are:

In the Girls under 18 league: Neve Parsons plays for the Cumbria squad. Well done Neve!

All info is available on the website as well: $\underline{https://clubspark.lta.org.uk/LortonLTC/Events}$



4. New court lights

This year we have replaced the failing lights on Court 1 at a cost of around £9000. We used the old posts as the cost of new ones was prohibitive. I am sure those of you who have played under the new lights will agree they are very impressive.

5. Friday NIGHT social tennis – Julie Best

I am thinking of restarting the Friday night social tennis in May. This occurs every fortnight and is a mixed group of 6 ladies and 6 men that I organise a rota for. We start at 7pm play 12 games and then rotate until 9 pm. After this we have supper in the pavilion- traditionally the ladies bring some food and the men some drink !! This is a fun event so if you fancy joining in please email me at: tonyandjuliebest@hotmail.co.uk.

6. Friday afternoons social tennis 3-5pm

Saturday mornings and Sunday afternoon social tennis are very popular and frequently draw more than 12 players. This has led the committee to wonder whether there may be uptake for a Friday afternoon session as well. From Friday 22nd of April courts 1 and 2 will be available from 3-5 pm on a similar format as the Saturday morning tennis.

7. Club Championships 2022

The format will be the same as previous years; men's and ladies singles and doubles and a mixed doubles event. The junior tournament is run separately.

In our doubles events we pick partners randomly from a hat which we have found encourages more people to enter and so makes the competition more inclusive. All club members are invited to enter, regardless of your experience. We do request that if you are unavailable for finals day then please do not enter otherwise we are unable to play all the finals on the one day. We like to try and make finals day a sociable club day for spectators to come and support the finalists.

This year finals day will be on Saturday 10th of September (and on Sunday 11th if wet).

All entrants for the competition should email Rachel Wilson at markrachie@aol.com stating which events you would like to enter. Please can you also give a contact phone number. Closing dates for entries is the 30th of April.

8. Third Club Trustee needed

The club is looking for a third Trustee, to join Penny Lees and Dave Hulme. Please contact either of them for more information on responsibilities and application procedure.

9. Wimbledon barbecue

On Sunday the 10^{th} of July there will be a barbecue at the club to coincide with the Wimbledon men's tennis final. Hold the date and watch for information closer to the time.