

The Energy Check Louth Tennis and Sports Centre

Changing room policy

Last updated: 25/04/2023

Declaration

LTSC seeks to support and safeguard everyone who uses our changing facilities.

Facilities

LTSC has 3 changing facilities: Men, ladies and disabled access. All changing facilities are inclusive of toilet and showering facilities.

Men:

- Open changing area with hooks and benches
- Individual shower cubicles
- Toilets and urinals
- Access is not controlled but is monitored by the use of CCTV.

Ladies:

- Open changing area with hooks and benches.
- Baby change table
- Individual shower cubicles
- Toilets
- Access is not controlled but is monitored by the use of CCTV.

Disabled:

- Disabled toilet with shower area.

Policy

General use

Our changing room and toilet facilities are open to all Club members, users of the café, beauty salon and pro shop at any time. We consider this to be a safer arrangement because it removes the inherent problem of an unsupervised closed space. Changing areas are busy public spaces where any person can enter at any time. The risk of discovery is a deterrent to grooming, assault and bullying and while it is not an absolute protection we do not advocate single age group changing rooms as this creates the greater risk of private spaces and unsupervised children.

Those who feel uncomfortable changing in front of others are welcome to use one of the private shower cubicles in the changing facilities or the disabled facility.

Supervision of children

Children remain the responsibility of their parents before and after training sessions. This includes children in changing rooms. If a parent wishes to supervise a child of the opposite sex they are welcome to do so in the changing facility designated for the parent's sex. They can do so until the child turns 7. Children older than this can change with a parent of the opposite sex in the disabled facility as required.

Parents are always welcome to supervise their children changing in the Disabled facility if they wish.

Transgender policy

If we are made aware that a child or adult self-identifies as a gender that differs from the gender they were assigned at birth, we will work with them and their parents/carers (where it relates to a child) to make reasonable adjustments to changing arrangements to suit their needs. For additional support, please visit <https://thecpsu.org.uk/help-advice/topics/lgbt-young-people-and-sport/>

Electronic equipment

Electronic equipment such as cameras or phones must not be used in the changing rooms. Signs are posted on the changing room doors and in the changing rooms.

Reporting

If anyone is uncomfortable or concerned about the behaviour of any individual in the changing rooms they should report it to any member of staff, coach or the welfare officer.

Juniors in after school training sessions

Many of our junior players make their way directly to the club from school. These juniors are welcome to change in the disabled facility if they are uncomfortable changing with adults. Otherwise they can change in the changing room with other members.