

LTA LEAGUE RESTART UPDATE AND GUIDELINES

Full guidance available online – www.lta.org.uk/coronavirus

ATTENDANCE SYMPTOM CHECK

Members of your team should undergo a pre-attendance self-assessment for any COVID-19 symptoms using the information on the NHS website before leaving home. No-one should leave home to participate in a match if they, or someone they live with, has symptoms of COVID -19, currently recognised as any of the following:

- A high temperature
- A new, continuous cough
- A loss of, or change to, their sense of smell or taste

TRAVEL ARRANGEMENTS

Car sharing – you should try not to share a vehicle with anyone outside your household or support bubble. If you need to try to:

- Share the transport with the same people each time
- Wear face coverings
- Open windows for ventilation
- Travel side by side or behind others rather than face to face
- Clean your vehicle, especially door handles, between journeys

VENUE FACILITIES

Clubhouses and pavilions can be opened to access outdoor courts, use the toilet, or purchase food and drink.

Where toilet facilities are opened, particular care should be taken by those using them and those cleaning them. Where they are open, ensure soap and water is provided.

Indoor facilities such changing rooms (other than toilets) and gyms can be opened (subject to specific guidelines), but use of changing facilities and showers should be avoided where possible, with participants asked to arrive ready to play and to shower at home.

MAINTAINING SOCIAL DISTANCING

Social distancing should be observed by all those playing.

Participants should be advised to limit their interactions with anyone outside of those that are competing (e.g. players on other courts)

Encourage players not to congregate on/around the court before & after play

There should be no skin to skin contact for players. Racket taps are allowed but shaking hands or elbow alternatives are not permitted.

RAIN DELAYS

In the event of rain, attendees should use an umbrella or, if they drove, return to their own vehicle to maintain social distancing if there is insufficient outdoor cover from the rain to maintain social distancing.

Attendees should not gather indoors to shelter

NHS TRACK AND TRACE

To support NHS Track and Trace captains and league organisers should keep a temporary record of all players for 21 days in a way that is manageable*, and assist NHS Track and Trace with requests for data if needed.

*See scoresheets.

Sept/2020