



Changing Room Policy

Montrose Tennis Club strives to ensure that all users of the Club, but particularly children (anyone under 18), and vulnerable adults, are safeguarded from abuse and have an enjoyable tennis experience.

This policy applies to all staff, coaches, volunteers, players, parents/carers and any other individuals associated with Montrose Tennis Club.

This document sets out the Montrose Tennis Club policy for the acceptable use of our gender specific changing rooms.

1. Groups of children should have sole use of changing rooms. This reduces any risks and potential vulnerability associated with mixing adults and children when changing.
2. If adults and children need to share our changing rooms, they will do so at different times. However, where it is unavoidable that changing rooms are used by both adults and children at the same time, there will be access to separate changing and toilet areas and adults must cover up appropriately.
3. Under no circumstances will adult staff, coaches or volunteers change at the same time as children using the changing rooms.
4. Children under the age of 8 years old can change, when accompanied by a parent/carer, in the changing room of their opposite gender.
5. Children under the age of 16 with additional support needs or disabilities can change, when accompanied by a parent/carer, in the changing room appropriate to the gender of their parent or carer.
6. Parents and carers are responsible for the supervision of children under the age of 13 years in the changing rooms.
7. If we are made aware that a child or adult self-identifies as a gender that differs from the gender they were assigned at birth, we will work with them and their parents/carers (where it relates to a child) to make reasonable adjustments to changing arrangements to suit their needs.
8. Mobile phones, cameras and other electronic recording devices must not be used in changing rooms.
9. Away matches - where no changing facilities are available children, parents and travelling teams/players will be made aware prior to the game and advised to make alternative arrangements and to take appropriate additional clothing, eg wear a tracksuit over tennis clothing.
10. Montrose Tennis will not tolerate bullying, harassment, or fighting wherever it may happen on the Club premises, including the changing rooms. Instances of this will be dealt with by disciplinary action and possible expulsion from the Club.

To report any concerns please contact Welfare Officer, Rhona Alston, on 01674 672404 or 07730 405314 or email rhonaalston@hotmail.com These contact details are also posted in all toilets, changing rooms and on the club noticeboards.