

SPRING 22 ADULT & JUNIOR INDOOR PROGRAMME

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Improve your Doubles 9.30-10.30am	Yellow Ball Beginners & Improvers 7-8pm	Blue (4-6 years) 4.15-5.15pm	Cardio Tennis 10-11am	Improver Drills 9-10am	Mixed Drills 9.15-10.15am	Mixed Drills 9.15-10.15am
Improve your Doubles 10.30-11.30am	Advanced 8-9.30pm	Red (6-8 years) 4.15-5.15pm	Individual Lessons 7-9pm	Yellow Ball Advanced (12-17 years) PAYG 5.30-6.30pm	Blue (4-6 years) 9.15-10.15am	Blue (4-6 years) 9.15-10.15am
Yellow Ball Girls Class 7-8pm		Orange (8-9 years) 5.30-6.30pm		Individual Lessons 6.30-7.30pm	Red (6-8 years) 9.15-10.15am	Red (6-8 years) 9.15-10.15am
Tennis Xpress 7-8pm		Green (9-10 years) 5.30-6.30pm			Orange (8-9 years) 10.30-11.30am	Orange (8-9 years) 10.30-11.30am
Cardio Tennis 8-9pm		Junior Yellow (10-12 years) 5.30-6.30pm			Green (9-10 years) 10.30-11.30am	Green (9-10 years) 10.30-11.30am
		Yellow Ball Advanced (12-17 years) 6.30-7.30pm			Yellow Ball Beginners & Improvers 1-2pm	Individual Lessons 11.30am-5pm
		Tennis Xpress 7.30-8.30pm			Yellow Ball Advanced (12-17 years) 2-3pm	Monthly Afternoon Mix In 2-3.30pm
		Improver Drills 7.30-8.30pm			Ad hoc events 3-5pm	
		Intermediate Drills 7.30-8.30pm				