



Holiday Activity & Food is funded by the Department for Education. The aim of the HAF programme is to offer free holiday clubs or activity places over the school holidays to children who receive benefits-related free school meals.



Retford Tennis Club is very proud to have been awarded the Holiday Activities and Food Nottinghamshire Approved Provider 2023 Badge. This is testament to our hardworking volunteers and dedicated coaches.

Ethan Baxter Age 6 said: "I loved meeting and playing with new children, my favourite thing was the game all around the world. The food was good and the coaches were friendly I would love to come again."



How our Provision has changed over 3 years

YEAR

FOOD

ACTIVITIES

2021	Bassetlaw District Council ordered the food from a local café and delivered it on a daily basis ready for the children to eat.	Although our provision was always fun filled it was very tennis orientated with little else, this has evolved through the 3 years in to what it is now.
2022	We ordered either sandwiches of hot food from Morrisons all pre prepared and ready to eat.	We started to focus more on team building activities as well as tennis based activities, these included wrapping children in toiled roll to make a “mummy”, making trophies out of tin foil and more. We did introduce healthy eating activities and tutorials. We introduced some partnership working with the food hub to bring affordable food to participants of HAF and their families.
2023	We now offer both breakfast and lunch and have extended the provision to allow the time for breakfast.	We built in to this bid money for enriching activities for the children if the weather was bad and also to give them more to do. We have also bought children's knives and the children help prepare their own food which they really enjoy. We introduced young people that are part of Bassetlaw Action Centre's Point of View project into the coaching programme.

Sue Keeling is both a Retford Tennis Club & a GOGA volunteer helping out with the HAF programme. Sue said: “ I feel as if I am giving something back to the community, the tennis club and the children. I love to see the children’s enjoyment and their little faces when they see the different foods available. I enjoy the interaction with the children and love to see them have fun with the amazing coaches and young leaders”.



We have been kindly supported by the Lincolnshire CO-OP who have donated money for fruit and vegetables, along with some activity information. We put this to good use by purchasing lots of delicious fruit for the children to make fruit smoothies and fruit skewers. The children loved this idea and had great fun doing it. Sebastian Age 8 said “I love doing this I am going to do this with my mum at home” We sent the children home with a recipe card for the smoothies.



Sam is a LTA level 1 coach & a volunteer for the POV project run by Bassetlaw Action Centre and Finlay is an LTA Tennis leader they both enjoy helping out with the HAF programme and learning how to develop their own skills for tennis coaching in the future. Finlay and Sam are being mentored by Tim who is a level 3 tennis coach and Josh who is a level 2 coach and a secondary school history teacher.



We have a level 3 LTA coach working on this programme and 2 level 2 LTA coaches along with level 1 coaches and LTA young leaders. All coaches have their first aid certificate, an enhanced DBS and have attended safeguarding training. Their expertise ensure the children have an enjoyable and memorable experience. They do a range of exercises, drills and games which improves the children's motor skills and their team building. We have a combination of children at our provision some that have HAF funded places and some that pay for the day. We also have a table tennis table and a table football. If the weather is wet we have a range of indoor games and team building exercises for the children enjoy.

Alex age 8 said " The HAF was fun because I got to play tennis and other different games in teams and I got to have some food."



We included funding kitchen equipment in our bid so we could demonstrate to the children how to prepare and cook healthy foods from scratch. The equipment included, toasters, smoothie makers, air fryers, children's knife sets and much more. We have a level 5 food hygiene rating and our volunteers have their level 2 food hygiene certificate. Our provision runs from 08.30 until 13.30 so the children can have breakfast, a healthy snack break and lunch.



The children really enjoy the team building exercises that the coaches facilitate in between the tennis coaching. Below we have 2 teams wrapping a hoop in tin foil and then they have to put as many tennis balls on it as possible and carry it around the courts to see which team has built the sturdiest construction. This requires the children to be working together as a team to be successful. Another team building exercise is to see who is the fastest team to wrap a team mate in toilet roll and make them a Mummy !



Funded by

