

2022 Summer Court Schedule

Monday		07:00	08:00	09:00	10:00	11:00	12:00	13:00	14:00	15:00	16:00	17:00	18:00	19:00	20:00	21:00
Court 1 (No floodlights)	Artificial													OPEN TO		
Court 2														ALL		
Court 3														Adult group		
Court 4	Tarmac													coaching		
Court 5																
Court 7	Clay			Usually reserved for 121 coaching (but court is bookable if not showing on system as booked by coach)												
Court 6a (No floodlights)	Junior/Mini															
Court 6b (No floodlights)																
Court 6c (No floodlights)																
Court 6d (No floodlights)																

Tuesday		07:00	08:00	09:00	10:00	11:00	12:00	13:00	14:00	15:00	16:00	17:00	18:00	19:00	20:00	21:00	
Court 1 (No floodlights)	Artificial								CLUB MEMBERS						CLUB MEMBERS		
Court 2									Mixed Social						Mixed intermediate		
Court 3															& Team practice		
Court 4	Tarmac									BS College			Juniors coaching				
Court 5										Beg/Int Coach			ORANGE				
Court 7	Clay			Usually reserved for 121 coaching (court bookable if available on booking system)											Clay for overspill		
Court 6a (No floodlights)	Junior/Mini																
Court 6b (No floodlights)																	
Court 6c (No floodlights)																	
Court 6d (No floodlights)																	

Wednesday		07:00	08:00	09:00	10:00	11:00	12:00	13:00	14:00	15:00	16:00	17:00	18:00	19:00	20:00	21:00
Court 1 (No floodlights)	Artificial													CLUB MEMBERS		
Court 2														Mixed		
Court 3														Social		
Court 4	Tarmac										Juniors coaching:					
Court 5											ORANGE YELLOW					
Court 7	Clay			Usually reserved for 121 coaching (bookable if avail on system)												
Court 6a (No floodlights)	Junior/Mini										Juniors:					
Court 6b (No floodlights)											coaching:					
Court 6c (No floodlights)											RED					
Court 6d (No floodlights)																

Sunday		07:00	08:00	09:00	10:00	11:00	12:00	13:00	14:00	15:00	16:00	17:00	18:00	19:00	20:00	21:00
Court 1 (No floodlights)	Artificial			CLUB MEMBERS ONLY												
Court 2				Men	Mixed				Priority for Team Matches							
Court 3				Social	Social											
Court 4	Tarmac				Juniors:	121		Priority for Junior Matches								
Court 5					ORANGE/YELLOW	Coaching		ORANGE/GREEN								
Court 7	Clay			Overspill	Overspill			Usually reserved for 121 coaching (bookable if available on system)								
Court 6a (No floodlights)	Junior/Mini															
Court 6b (No floodlights)				Juniors:				Priority for Junior Matches								
Court 6c (No floodlights)				RED				RED								
Court 6d (No floodlights)																

We politely request that members remain flexible with regards to these Club Member Sessions, as some may be liable to change depending on demand. We are working hard to try and keep all members' varied expectations and desires met and welcome all constructive feedback.

We politely request that members remain flexible with regards to these Club Member Sessions, as some may be liable to change depending on demand.

We are working hard to try and keep all members' varied expectations and desires met and welcome all constructive feedback.

COACHING:	
121 Coaching	Members and Non-Members These 121 coaching sessions are tailor-made to the individual and are booked directly with the coaches. They are generally booked on the clay or tarmac courts. Parents of juniors often take advantage of these sessions if a coach is free whilst their children are in a class. Members: £40 p/h (Head coach), £20 p/h (Assistant Coach) Non-Members: £45 p/h (Head coach), £25 p/h (Assistant Coach) Payment is made directly to coach via Stripe or BACS.
Adult group coaching Mon 7-8:30pm	Members and Non-Members These sessions run on Monday nights in 6 week blocks, but you may attend adhoc sessions. However if the session reaches capacity then priority is given to those who have block-booked. This group is suitable for those who are working on improving their strokes, positioning around the court and technique development. All shots will be covered over a course of time including decision-making, tactics and positioning. Sessions are structured to improve your game using a combination of drills, point scenarios and conditioned points, also match play with guidance on positioning and tactics and a chance to put what you have learnt into practice, while having coaches close by to help reinforce the skills learnt into match practice. Members attending the coaching are also encouraged to join the club Social or Intermediate Club Sessions and are invited to start playing for the 3 rd Mixed league as a gentle introduction to match play. All sessions go ahead regardless of the weather unless you hear from the coach, who will notify you with a weather cancellation at least one hour before. Members £72 / Non-Members £90 Coach managed. Payment is made directly to coach via Stripe or BACS.
BS College Term time only: Tues 2:30-4pm Thurs 12-2pm	Bishops Stortford College students only Term-time Tuesdays: Prebooked sessions for beginner and intermediate BS students. Term-time Thursdays Prebooked Performance Coaching group for a selected group of BS students. Both these sessions are coach led.
JUNIORS:	
Red Wed 4-5pm / Thurs 4-5pm / Sun 8:30-10:30	Members and Non-Members We are proud to offer a range of term-time and holiday coaching programmes for children of all ages and abilities. Group and one-to-one coaching is available, and for the more experienced juniors we run Performance Squads. The timings of Junior sessions may change slightly between terms and seasons depending on the size of each group so it is best to check with the coaches first, but they generally follow the same timeslots. All sessions go ahead regardless of the weather unless you hear from the coach, who will notify you with a weather cancellation at least one hour before.
Orange Tues 5-7pm / Wed 4-5pm Thurs 4-5:30pm / Sun 10:30-12	
Yellow Wed 5-6pm / Sun 10:30-12	
Green Wed 5-6:30pm	
LADIES:	
Intermediate & Team Practice Sat 10:30-12:30	Members only (<i>excluding Mid-Week / Parent playing only with child / Social / Country</i>) This is a friendly group suitable for confident players who are at a standard good enough to play in the teams or who are at a team standard but unable to make matches. It is a good opportunity for doubles pairs to practice before matches, or for competent players to get a good level of semi-competitive (but fun!) play. Open to female juniors who play at a standard that is good enough for them to play in the teams. There is no coaching during this session (self-organised), just turn up and play.
Social Thurs 11:30/ 12-2pm	Members only (<i>excluding Parent playing only with child / Social / Country</i>) The session formally starts at 12 but courts are available from 11:30 for any “Early Birds” who may wish to start earlier. The session finishes at 2pm but if all the courts are not being used, then the social players may have access from 1:30. This is a friendly group suitable for anyone who has been playing for some time and is confident with the basics of doubles game play, although we welcome anyone who is of an intermediate level or who may still be learning the basics of playing games. The session consists of a series of doubles game where pairs move and split after every game so that you are guaranteed a good mix of play. There is no coaching during this session (self-organised), just turn up and play.
MENS:	
Intermediate & Team Practice Sat 9-10:30am	Members only (<i>excluding Mid-Week / Parent playing only with child / Social / Country</i>) This session is for men who either play in the teams or who are at a team standard but unable to make matches, to come together and play semi-competitive (but fun!) games. Open to male juniors who play at a standard that is good enough for them to play in the teams. There is no coaching during this session (self-organised), just turn up and play.
Social Sat 10:30-12 Sun 9-10:30	Members only (<i>excluding Mid-Week / Parent playing only with child / Social / Country</i>) This is a friendly group open to any full member who has been playing for some time and is confident with the basics of doubles game play, although we welcome anyone who is of an intermediate level or who may still be learning the basics of playing games. The session consists of a series of doubles game where pairs move and split after every game so that you are guaranteed a good mix of play. There is no coaching during this session (self-organised), just turn up and play.

MIXED:	
Intermediate & Team Practice Tues 7-10pm Thur 7:30-10pm	<p>Members only (<i>excluding Parent playing only with child / Social / Country</i>)</p> <p>Previously called "Mixed challenger night"</p> <p>This session is for men and ladies who play at a standard that is good enough to play for one of the teams and would like to have the opportunity to play mixed doubles and singles. It also allows pairs that play in either mens, ladies or mixed doubles in the leagues to practice as well. Open to juniors who play at a standard that is good enough for them to play in the teams.</p> <p>There is no coaching during this session (self-organised), just turn up and play.</p>
MIXED:	
Social Tues 1:30-4pm Wed 7-10pm Thurs 2-4pm Sun 10:30-12:30 (12:20 if match scheduled)	<p>Members only (<i>excluding Mid-Week for Sunday session / Parent playing only with child / Social / Country</i>)</p> <p>The session formally starts at 2 but if all the courts are not being used by the Ladies Social group, then the Mixed Social players are welcome to have access from 1:30.</p> <p>Mixed Social sessions welcome all ages and abilities and consist of a series of doubles game where pairs move and split after every game so that you are guaranteed an afternoon of mixed social play.</p> <p>There is no coaching during this session (self-organised), just turn up and play.</p>
MATCHES	
	<p>Adults – Members ONLY</p> <p>Adult home matches are played on Saturdays or Sundays from 12:30 onwards on the artificial courts (1,2,3). Other sessions are requested to vacate the courts by 12:20 if matches are booked.</p> <p>Juniors – Members and Non-Members</p> <p>Junior matches are played on Saturdays or Sundays on either the mini courts (Red groups) or tarmac (for Orange and Green groups).</p>