2022 Summer Court Schedule

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We politely request that members remain flexible with regards to these Club Member Sessions, as some may be liable to change depending on demand. We are working hard to try and keep all members' varied expectations and desires met and welcome all constructive feedback.

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COACHING:	ara to try and keep all mem	pers varied expectations and desires met and welcome all constructive reedback.								
COACHING.	Members and Non-Memb	ere								
121 Coaching	These 121 coaching sessio are generally booked on t sessions if a coach is free Members: £40 p/h (Head Non-Members: £45 p/h (H	ns are tailormade to the individual and are booked directly with the coaches. They the clay or tarmac courts. Parents of juniors often take advantage of these whilst their children are in a class. coach), £20 p/h (Assistant Coach) Head coach), £25 p/h (Assistant Coach) to coach via Stripe or BACS.								
	Members and Non-Memb									
Adult group coaching Mon 7-8:30pm	These sessions run on Mo session reaches capacity: This group is suitable for t technique development. A and positioning. Sessions and conditioned points, al you have learnt into practice. Members attending the coand are invited to start play. All sessions go ahead regressions go ahead regressions go ahead regressions.	Inday nights in 6 week blocks, but you may attend adhoc sessions. However if the then priority is given to those who have block-booked. Those who are working on improving their strokes, positioning around the court and all shots will be covered over a course of time including decision-making, tactics are structured to improve your game using a combination of drills, point scenarios so match play with guidance on positioning and tactics and a chance to put what rice, while having coaches close by to help reinforce the skills learnt into match eaching are also encouraged to join the club Social or Intermediate Club Sessions along for the 3 rd Mixed league as a gentle introduction to match play. Cardless of the weather unless you hear from the coach, who will notify you with a last one hour before.								
BS College	Bishops Stortford College									
Term time only: Tues 2:30-4pm Thurs 12-2pm	Term-time Tuesdays: Preb	booked sessions for beginner and intermediate BS students. booked Performance Coaching group for a selected group of BS students.								
JUNIORS:										
Red Wed 4-5pm / Th Orange	urs 4-5pm / Sun 8:30-10:30	Members and Non-Members We are proud to offer a range of term-time and holiday coaching programmes for children of all ages and abilities. Group and one-to-one coaching is available,								
Tues 5-7pm / Wo Thurs 4-5:30pm / Yellow		and for the more experienced juniors we run Performance Squads. The timings of Junior sessions may change slightly between terms and seasons depending on the size of each group so it is best to check with the coaches first,								
Wed 5-6pm / Su Green Wed 5-6:30pm	n 10:30-12	 but they generally follow the same timeslots. All sessions go ahead regardless of the weather unless you hear from the coac who will notify you with a weather cancellation at least one hour before. 								
LADIES:										
Intermediate & Team Practice Sat 10:30-12:30	This is a friendly group su teams or who are at a tea pairs to practice before m play. Open to female junio	Mid-Week / Parent playing only with child / Social / Country) itable for confident players who are at a standard good enough to play in the im standard but unable to make matches. It is a good opportunity for doubles iatches, or for competent players to get a good level of semi-competitive (but fun!) ors who play at a standard that is good enough for them to play in the teams. ing this session (self-organised), just turn up and play.								
Social Thurs 11:30/ 12-2pm	Members only (excluding) The session formally start start earlier. The session fi have access from 1:30. This is a friendly group su basics of doubles game p learning the basics of play and split after every game.	Parent playing only with child / Social / Country) s at 12 but courts are available from 11:30 for any "Early Birds" who may wish to inishes at 2pm but if all the courts are not being used, then the social players may itable for anyone who has been playing for some time and is confident with the lay, although we welcome anyone who is of an intermediate level or who may still ying games. The session consists of a series of doubles game where pairs move es that you are guaranteed a good mix of play. Ing this session (self-organised), just turn up and play.								
MENS:										
Intermediate & Team Practice Sat 9-10:30am	This session is for men wh matches, to come togethe standard that is good eno There is no coaching durin	Mid-Week / Parent playing only with child / Social / Country) to either play in the teams or who are at a team standard but unable to make er and play semi-competitive (but fun!) games. Open to male juniors who play at a bugh for them to play in the teams. Ing this session (self-organised), just turn up and play.								
Social Sat 10:30-12 Sun 9-10:30	This is a friendly group op the basics of doubles gam still be learning the basics move and split after every	Mid-Week / Parent playing only with child / Social / Country) when to any full member who has been playing for some time and is confident with the play, although we welcome anyone who is of an intermediate level or who may of playing games. The session consists of a series of doubles game where pairs by game so that you are guaranteed a good mix of play. The session (self-organised), just turn up and play.								

MIXED:	
Intermediate & Team Practice Tues 7-10pm Thur 7:30-10pm	Members only (excluding Parent playing only with child / Social / Country) Previously called "Mixed challenger night" This session is for men and ladies who play at a standard that is good enough to play for one of the teams and would like to have the opportunity to play mixed doubles and singles. It also allows pairs that play in either mens, ladies or mixed doubles in the leagues to practice as well. Open to juniors who play at a standard that is good enough for them to play in the teams. There is no coaching during this session (self-organised), just turn up and play.
MIXED:	
Social Tues 1:30-4pm Wed 7-10pm Thurs 2-4pm Sun 10:30-12:30 (12:20 if match scheduled)	Members only (excluding Mid-Week for Sunday session / Parent playing only with child / Social / Country) The session formally starts at 2 but if all the courts are not being used by the Ladies Social group, then the Mixed Social players are welcome to have access from 1:30. Mixed Social sessions welcome all ages and abilities and consist of a series of doubles game where pairs move and split after every game so that you are guaranteed an afternoon of mixed social play. There is no coaching during this session (self-organised), just turn up and play.
MATCHES	
	Adults – Members ONLY Adult home matches are played on Saturdays or Sundays from 12:30 onwards on the artificial courts (1,2,3). Other sessions are requested to vacate the courts by 12:20 if matches are booked. Juniors – Members and Non-Members Junior matches are played on Saturdays or Sundays on either the mini courts (Red groups) or tarmac (for Orange and Green groups).