



Welcome from the Chair



A warm welcome to the 2025/2026 season at Slinfold Tennis Club (STC).

First of all, let's take a moment to reflect on the highlights of a very successful 2024/2025 season, on and off court. There are so many accomplishments to celebrate but here are a few standouts:

LED lights installation with a £3K grant from Horsham District Council (HDC), patio extension and new steps, new patio tables, consistent court surface, friendly playing environment, Junior coaching, high attendance at social sessions including new Inbetweeners and Over 60s Masters, Slinfold School Day, inter-club league tennis, internal social tournaments and events and finally, one close to my heart, a dedicated and hard-working committee.

We spent a lot of time last year on the possibility of building a 4th court and padel court. Despite building excellent relationships with Slinfold PC and HDC, the cost of a 4th court proved prohibitive. The members' survey on a padel court did not garner sufficient support, so these projects are on ice for the time being. My commitment is that members will always have a voice in any major developments.

What are our priorities for the forthcoming 2025/2026 season?

First of all safeguarding and well-being. Everyone must feel safe when visiting and playing at the club. Safeguarding is not just about policies, it's a culture. Along with on-court etiquette, it means that everyone should feel comfortable, happy and safe whenever they come to the club. We consistently receive feedback on how friendly the welcome is at the club, often from visiting team players, and we are very proud of that.

Continued overleaf...

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Key Dates

- Sun 23rd February - Table Tennis Tournament
- Sat 15th March - The Old Bats (Play & Talk Social)
- Sun 6th April—Working Party
- Sat 7th June - Men's & Ladies' Doubles Tournament & BBQ
- Fri 25th July - Summer Quiz
- Sun 17th August - Mixed Doubles Tournament & BBQ
- Mon 6th October - AGM
- Fri 5th December - Christmas Quiz Night
- Sat 20th December - Santa Smash
- Also Look out for a possible Golf Day...*

Welcome from the Chair continued...

Regarding investment in the club's facilities, we remain committed to enhancing both the courts and clubhouse. Our finances are healthy and we need to find the balance between ongoing financial security and investment in new facilities. This year, the committee's focus will be on managing court repairs and maintenance. We are engaging with court repair companies with a view to them identifying solutions and obtaining quotes. The courts will be continually monitored to ensure a good playing surface.



New Flood Lights

Coaching of both adult and junior members is essential. We like to see adult members progress from introductory coaching to social tennis and then perhaps onto team tennis. For Junior coaching, we have a strong programme of activities organised alongside Nigel Matthews Coaching and we hope to host a few junior tournaments this year to promote the club and tennis in general.

Our social sessions continue to thrive both during the day and the evening for all (Ladies, Men, Mixed, Men's Over 60s, etc) and often have up to 20 members attending. Some of these are hosted by a committee or experienced club member. There is a social session for everyone, so please ask which one is best for you.

Our current membership, around 200, is a record pre-and-post COVID. We warmly welcome players of all abilities to this club and take great pride in making them feel welcome. Marketing and communication can always be improved as competition for membership from other local clubs remains high. Our club has a lot to offer: its friendly atmosphere, excellent facilities, range of playing standards to suit all players and ample car parking - it just needs to be communicated better. We will also aim to attract younger adult members to join.

We are planning to have a number of social activities this season. Details are on the club website and include social Mixed and Men's/Women's Doubles tournaments and evenings such as quizzes, BBQs and Talk and Socials, many of these in aid of worthwhile charities. Informal social events with members using the clubhouse facilities are actively encouraged.

For those who enjoy playing against other clubs, our team tennis continues to get stronger. We will have three Men's teams and two Ladies' teams in the Sussex leagues this summer. And while team tennis may not be for everyone, it is important to note that there are ladies' and men's groups who self-organise their social tennis, ensuring there's something for everyone. We also hope to introduce a Singles Ladder starting in the spring.

A big thank you to the committee for the time and outstanding support they give to maintaining STC as a thriving hub of sport and a focal point for the community. Please don't hesitate to discuss any issue with one of the committee members.

Finally, we are very proud of the welcoming atmosphere at the club. To any prospective tennis players reading this newsletter and wanting to join a thriving club, please come and join us and see for yourself.

To those existing members, please continue to enjoy your tennis at Slinfold.

Best Regards

Peter Bird, Chair, Slinfold Tennis Club Committee

Team Tennis

Slinfold's tennis teams scored some impressive wins in competition over the past year as the club strives to build each of our five squads into division-winning outfits.

The biggest success in the Summer League came with the Men's 1st, who ended the season in second place in Division 4 thanks to strong performances from experienced players like Andy Gentry and powerful newcomer Freddie Law.

The Men's 2nd were unable to reach previous highs but did claim a morale-boosting win over Wickwoods 5th, the eventual Division 10 runner up.

The Men's 3rd pulled off their first win in a year to keep them from the bottom of Division 13.

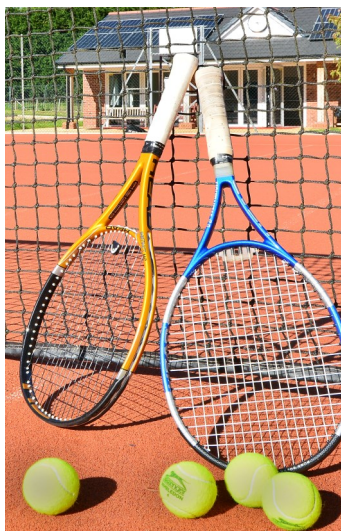
The Ladies' 1st notched a win against Comptons 4th to stay off the bottom of Division 7 and the Ladies 2nd pulled off two 4-0 wins to keep them in Division 12.

With the Winter League still in play, we are predicting more good results. The Ladies' 1st are in a strong position to win the Division 7 title; the team is in joint-first place with Storrington 4th with one match to go.

Alison Hills, Shirley Parker-Smith and Annabel Stokoe, the team's captain, lead the match-win rate table.

The Men's 1st, led by Simon Stokoe, has battled tough adversaries to stay in Division 5, with two matches to go. The Men's 2nd were disadvantaged by the postponement of most of their pre-Christmas matches due to poor weather. But thanks in part to the battling spirit of dependable warhorse Adrian Booker and new member Nick Christian they have scored two wins and lie third in their division.

The Men's 3rd have seen strong wins against Patridge Green and Comptons 5th, with mention deserved for newly returned Steve Noden, and Darren Sperring, who maintain a 100% match-win rate.



With new members and younger players in our squads we are looking to burnish our improving tournament record with a greater focus on adult team coaching. The intention is to gather team players – and members who wish to play for the teams – into a weekly coached session that will sharpen match-play skills and improve shot-making talents.

If you're interested in playing, please contact me or any of the Team Captains.

Mark McCord
Match Secretary
slinfoldmark@gmail.com 07809 401019



*Team Tennis
Paul, Mark & David*

Ladies' Club Sessions

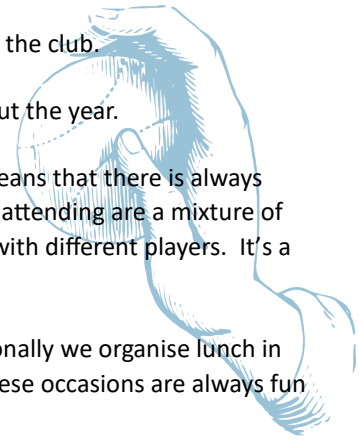
This is a free, non-bookable, morning of social tennis open to all lady members of the club.

It takes place every Thursday from 10am to midday and can be enjoyed throughout the year.

The number of ladies attending each session is usually between 8 and 12. This means that there is always court availability and a variety of partners and opponents. Those who have been attending are a mixture of ages and ability and we try to ensure that everyone gets the opportunity to play with different players. It's a great way to improve your tennis and make new friends.

Sometimes we have coffee, tea, and biscuits at the end of the session and occasionally we organise lunch in the clubhouse after play for special occasion such as birthdays and Christmas. These occasions are always fun with great food.

Prospective lady members of the club are welcome to come along and try the club before deciding if they would like to join. So, if any member wishes to bring a friend along as a guest, they can be sure that they would be made very welcome.



If you would like to come along or need any further information please contact:

Sally Coren at:
sally.coren@gmail.com

Safeguarding

I'm pleased to say yet again there were no safeguarding issues that I had to deal directly with during the past year.

To keep my LTA accreditation up to date, my DBS has been renewed for a further three years and I attended a LTA training course.



You may have seen, courtesy of Dave Jackson and Westlake House Nursing Home, we now have a wheelchair in the clubhouse which is located next to the large store cupboard. This not only improves our disabled access but also could be useful if someone injures themselves on court.

If you do have any safeguarding or welfare issues please contact me, David Gubb:

01403 256117/07551 261087 or
dzgubb@yahoo.co.uk

Events

2024 had a mixed diary of fun, competition and social get togethers.

A spring clean started last year's events with members helping with jobs around the club house and grounds.

We had two very successful quiz evenings. One in the summer where we were encouraged to bring food to share and the Christmas quiz which was accompanied by a delicious fish and chip supper. Thanks to Mark McCord who was our quiz master for both, setting some interesting and challenging questions! We again raised money for St Catherine's Hospice, meaning we have raised to date close to £1,000.



Fish & Chips!!

Our regular summer doubles tournaments with BBQ are always enjoyable and exciting sessions. The men's winners were David Woodley and our Chair, Peter. The ladies' winners were Fran and Tracy. The mixed pair were Simon and Helen.



Peter & David



Tracy & Fran



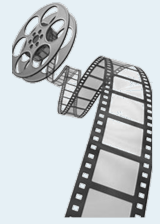
Tournament BBQ

Our last social tennis afternoon of 2024 was the Santa Smash. The entertaining part of the event is players dressed as Santa, Elves or anything Christmas related. Also, Christmas food and drink was consumed, mulled wine and delicious homemade treats such as pavlova and rocky-road biscuits.

Here's looking forward to some more enjoyable events in 2025, including hopefully a music evening.

Helen

Cordy's fascinating work in film...



In November, we had a packed-out enthralled audience listening to one of our members Cordy Carr - the evening was about Cordy's work in the film industry and included excerpts from films that she had been involved with and how they were shot.

She has also worked on various TV dramas including 'Brian and Maggie', recently broadcast on Channel 4.

Did anyone spot two club members as extras in the Cabinet?

The evening raised £260 for Cordy's nominated charity, Alzheimer's Society.



Santa Smash



Jo's Spectacular Pavlova

Coaching

Our coaches are approved by the LTA to coach adults and juniors. All coaches are DBS checked, and have had First Aid and Safeguarding Training. They offer a range of regular adult and junior group sessions and all coaches can also be booked for private individual or group lessons.

Peter Gawn



Peter has been our Head Coach for many years. He has plenty of experience as player and coach and can give good advice and help you to improve your tennis.

At our club he provides private coaching as well as an adult group session which takes place weekly on Tuesday mornings. If you would like to participate in this group session or if you wish to book a private lesson, please contact Peter:

mob: 07710 677270 or email gawntennis.com@gmail.com

Nigel Matthews



The Matthews Tennis Coaching (MTC) team provides coaching at our club and others such as Storrington, Steyning, West Chiltington and

Barns Green. They also coach at a number of schools within West Sussex, including our local primary school in Slinfold.

Director and Head Coach Nigel Matthews is a highly experienced and well respected LTA approved Level 5 coach and has been Head Coach at Storrington Lawn Tennis Club since 2007.

Ruby Lane



Ruby Lane is our Club Coach. She is a qualified LTA Level 3 coach and part of Nigel's coaching team. Ruby has been coaching adults and

juniors for four years at tennis clubs in Slinfold, Steyning and Storrington as well as giving private lessons. Ruby runs our junior coaching groups, adult group sessions and private adult and junior lessons.

**Ruby's contact details:
mob: 07801 992677**

Adult Coaching

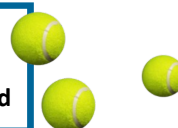
Last year we offered some adult group coaching during social club sessions on Mondays (run by Ruby) and Thursdays (run by Peter) and paid for by the club. We saw these sessions as a trial to find out about the demand for and the merits of more group coaching at the club. Our conclusion is that there is very good interest and we are therefore considering introducing new coaching sessions this season, subject to court and coach availabilities and paid for by the players. We are also considering tailoring these coaching sessions to specific player groups as this could be the most effective way to improve.

If you have any suggestions about coaching please contact any member of the Club Committee.

Tuesdays

10.30 - 12.00: Mixed Improvers

Further days and times to be confirmed



Continued overleaf...

Coaching continued...

Junior Coaching

We have a number of junior coaching sessions for various age groups during the school term. Last year, we had between 25-30 players signed up for junior coaching.

As in the previous year, we will have some holiday camps and some of the MTC junior competitions will be held at our club.

We are also supporting Slinfold Primary School again during their Sport Week. This was a very successful event last year for which we got a lot of praise, thanks to Ruby who delivered very engaging lessons and had the kids brilliantly under control. We will be doing the same this year.

The emphasis in our junior coaching sessions is to have fun and to learn tennis skills at the same time. It's a great opportunity for the juniors to practice an outdoor sport and to meet other children/teenagers. The sessions run weekly during term times and are paid for monthly with a one-month notice period. It is possible to join the coaching programme at any time throughout the year. If you know anyone who would like to try, please encourage them to give it a go: they can have a free trial before committing. Club membership is required after three sessions. Please contact the coach beforehand.

The junior membership fees (10 & Under £19 ; 11 to 17 £35) and the coaching fees are very reasonable.

Sessions



Wednesdays

15.45 - 16.30: **Red balls** 8 & Under

16.30 - 17.30: **Orange balls** 9 & Under

17.30 - 18.30: **Yellow balls** 12/13 & Under

18.30 - 19.30: **Yellow balls** 18 & Under



To join or to try out any junior sessions contact Nigel Matthews (see below) or book through the booking app Matthews Tennis Coaching, which can be found in Google Play Store (Android) and in the App Store (iPhone):

- Register yourself and your child/children
- Look for Slinfold Tennis Club and find the coaching session you would like
- Then book the player onto the session and pay online

Contact details

Nigel Matthews:

mobile: 07989764648

email: matthewstenniscoaching@gmail.com

website: [Clubspark](#) / [Nigel Matthews](#) / [Matthews tennis coaching](#)



Kristine

Digitalisation

Twenty twenty-five marks a year of transformation for the Club as we digitize a number of key features, bringing our membership and transaction processes in line with our peers.

This starts with the transition to a hybrid membership process for the new membership year.

All members will now be encouraged to register for their membership online via the Slinfold ClubSpark website. Simply select the membership of choice, add your details and pay for the membership either via debit/credit card or using a direct debit.

[Clubspark / Slinfold Tennis Club / clubspark.ita.org.uk/SlinfoldTennisClub/membership](https://clubspark.ita.org.uk/SlinfoldTennisClub/membership)

This new process will bring a number of new benefits to the club. Not only is this significantly more secure from a data and payments perspective, but the change will also save the Committee a significant amount of time with a real-time and automated way of managing the membership and payment cycle. The new process also paves the way for an easier process for new joiners and engaging younger audiences.



Alongside the membership portal, we have also introduced a card reader to the Clubhouse. Members will now be encouraged to pay for their club sessions, balls or bar events using a debit or credit card of their choice. Whilst members can continue to pay with cash if they prefer, the card reader provides additional security for the club, more flexibility for members and reduces the need to handle as much cash on site.

Through the remainder of 2025, we will also look to make further improvements to the club's online environment and deliver new and improved ways for members to engage.

Thanks, Alex

Serving Up Sunday Fun: From Inbetweeners to Chilled Sunday Social

Originally launched as the 'Inbetweeners' in April 2024, this social session was created in response to member feedback, offering a relaxed environment for players who were between beginner level and club social tennis. The session was an immediate hit, with 8 players attending the first session on a sunny Sunday afternoon. This trend continued throughout the summer, with consistent attendance each week.

As members gained confidence, and made new tennis 'fwends', many began participating in other club-led sessions and even joined in the intra-club social tournaments held over the summer.

In October 2024, the 'Inbetweeners' underwent a revamp and was renamed the 'Chilled Sunday Social'. While the core aim of creating a relaxed atmosphere for players remained, the sessions were expanded to welcome all adult members in order to offer an additional social session over the weekend and to maintain a variety of playing levels.

The inaugural 'Chilled Sunday Social' saw 10 members come along to play, and we've continued to see 6-8 players each week, with new participants always welcome.



While we can't guarantee the weather, we can guarantee a friendly, relaxed atmosphere, usually followed by coffee, cake, a glass of wine, or a beer - making it a perfect way to end the weekend.

If you're tempted to join us, we'd love to have you! The sessions take place every Sunday at 2pm. For more information or to get involved, please contact Jo Marlor at joannelmarlor@gmail.com

Jo

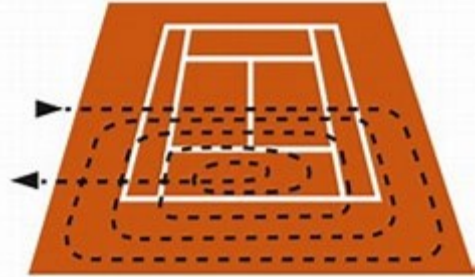
Clubhouse and Grounds

I would like to mention a few things that have had an impact, and practices that will also have an impact...

If we start with the weather and the impact on the courts. Record rainfall (or at least felt like it) over the last year has really tested our now eight-year old carpet and sand courts with puddles occasionally taking a little longer to drain away. We are currently obtaining professional advice and quotations to address this problem as well as the slight settlement along the edge of court 1 and behind the baseline of court 2. It will take a while as the work needs to be undertaken during a period of prolonged dryer weather.

To help look after our courts and clubhouse

- What we can do is make sure we always drag the courts after play whenever the surface allows. This should be done in the correct manner so that you finish at the T in the middle of each side of the courts after play (see diagram).
- Please also clean your shoes on the shoe scraper, not on the terrace and not by using the wooden veranda supports posts!
- If you have a minute between or after games, please grab a broom from the clubhouse and brush the terrace and paths when dry enough.
- Please also sweep the clubhouse floor and wipe the table and worktops clean after social sessions and matches. There are brooms in the store cupboard or just outside it and a dustpan and brush under the kitchen sink.
- Brushing down equipment before being brought back into clubhouse applies to the coaches too!



Marina, who is doing a great job as our 'official' cleaner and I do our best to keep the clubhouse clean and tidy, it's not down to the fairies! Please play your part whenever you can. Most is common sense and pride in our club but any ideas on improving our clubhouse are always welcome.

Annual Club Work Party Day on **Sunday 6th April**, look forward to seeing as many members as possible.

Thanks as always, Mark P

Things you need to know about your Club...

1. Defibrillator and First Aid Box on the wall by the changing-room door.
2. If you use the card reader to make a payment for something, please always use the 'description' function.
3. New balls, clubhouse keys, floodlight tokens can be purchased from me, Mark.
4. Old match and club night balls are left in a bucket in the kitchen, please help yourself for practice sessions.
5. The shower room door should be left wide open to assist ventilation.
6. Key holders locking up must check all taps in all rooms are turned off, wall heaters turned off, all lights are off and doors properly locked.
7. Visitor's book to be completed and payment of £5 made using the card machine.
8. Please do not try to move the two picnic tables.



Silver Servers

Eighteen months ago while shaking hands at the end of a hard fought club match one of the opposition asked me how old I was and for my phone number. Perhaps sensing my perplexed reaction, he quickly explained that the Sussex County over-60 squad training started later that month if I was interested. You'll not be surprised that I was!

So hosted indoors at West Worthing, a group of fifteen or so 60–65-year-olds meet up for a couple of hours tennis followed by cake and coffee. This is during the winter months before competitive matches against other counties take place across the summer months. The competitive matches consist of two singles and a doubles in the first set of rubbers and two doubles in the second round. Each match is played over two tie-break sets with a 10-point tiebreaker if a third set is required. The singles opponents are determined by the LTA ranking of the respective players and a reserve player can be added if needed in the second round of rubbers.



The Sussex squad is a mix of coaches and strong club players with a number of the players playing regularly in veteran tournaments across the country. Two qualified for the National Grass Court tournament played at Wimbledon in late summer. The overall standard is good as you would expect although consistency rather than power is the key feature. Serving and volleying is the norm with most points being short and sharp and won at the net rather than from the base line.

I featured in one match last year winning both my doubles matches against Hertfordshire in a 5-0 victory and hope to play the odd match again this summer although a good group of young guys have joined the squad from last years over-55 team and, thankfully, I am still a few season's away from the over 65 squad!!!

Andrew Gentry

Men's Over 60's - The Masters

Bearing in mind the number of men aged over 60 the Club (25+ and counting!), a social session has been successfully launched on Tuesday afternoons starting at 1.00pm for a couple of hours.

In order to keep things moving we do things a little differently, each match consists of five games which ensures everyone ends up playing with and against everyone else.

The feedback has been very positive. At this time of year it is also been nice to play in daylight, as good as the new floodlights are!

We generally conclude the session with tea/ coffee and cake if we're lucky. For those men who are over 60 and fancy a game do join us, you will be very welcome. Either turn up or contact me:

davidwoodley1@btinternet.com or 07597 904585

David Woodley

I Didn't Know That About The Committee

Peter...

I was a School Governor at Barns Green Primary School for 14 years. This bench was presented to me as a thank you for outstanding service.

I am probably the only person to have a bench named after them who's not actually dead yet!



Mark P...

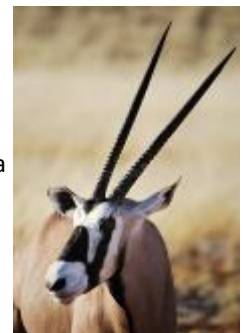
In 2007 I spent the day in the company of John Lloyd and the brilliant Anders Jarryd with Sue Ratford and our spouses at the exclusive Hurlingham Club in Fulham. For an hour and a half Sue and I were both coached and played a doubles set with them. It was Pro-Am day and the four of us were specially invited into a private room for lunch and afternoon tea with John and Anders together with a host of tennis celebs including Mats Wilander, Johan Kriek, Mikael Pernfors, Mansour Bahrami, Peter McNamara, Tom Gullikson, Vijay Amritraj and Guillermo Vilas. They were a very friendly and engaging bunch. We then watched courtside the likes of Nadal, Verdasco and Lopez. A surreal day!

Also that summer, Andy Devaney and I were just a few rows up courtside watching the Wimbledon Men's Final with Federer and Nadal slugging out a five setter.

Neal...

I once walked into a Gemsbok in the Kalahari. It came wandering into our campsite in the dead of night. The first I knew of it was when its spear-like horns appeared at eye level, only a foot or so away from me.

A wonderfully impressive beast but best viewed from a jeep.



David...

In the 1970's I worked for the Inland Revenue. There is an annual sports day at Chiswick and I entered the 200 metres. A work colleague said 'just keep up with the person in the lane outside you' - I couldn't - it was a young Linford Christie!

Helen...

You remember back in the late 1970's and 1980's *It's a Knock Out* used to be a favourite to watch on the TV. When I was 21, I applied to be part of the Leatherhead team for one of the early rounds. I had to go through some vigorous exercises to see who would make the team. Unfortunately, I didn't make the grade but was part of the back-up team checking out the assault course for *It's a Knock Out* competition.



Courts can be booked via the website, please do so.

www.clubspark.lta.org.uk/slinfoldtennisclub

Club Contacts

Role	Name	email	Phone
Chair	Peter Bird	slinfolddennis@gmail.com	07733 361686
Treasurer	Mark Ponton	mark.ponton@btinternet.com	07747 466297
Welfare Officer	David Gubb	dzgubb@yahoo.co.uk	07551 261087
Mem Sec.	Neal Zimmermann	neal.zimm777@gmail.com	07799 330302
Match Sec.	Mark McCord	slinfolddmark@gmail.com	07809 401019
Junior Coaching	Kristine Amann	juniocoachingstc@gmail.com	
Website/Com	Helen Tarran	helen.tarran@outlook.com	07742 531986
Digitalisation	Alex Hunter	ak93.hunter@gmail.com	07593 207803
Welcome	Jo Marlor	joannelmarlor@gmail.com	07734 305696
Men's 1st	Simon Stokoe	simonstokoe1@outlook.com	07957 119756
Men's 2nd/3rd	Mark McCord	slinfolddmark@gmail.com	07809 401019
Ladies' 1st	Annabel Stokoe	annabelstokoe@yahoo.co.uk	07837 135692
Ladies' 2nd	Marina Payne	marinapayne60@gmail.com	07890 470583
Adult Coaching	Peter Gawn	gawntennis.com@gmail.com	07710 677270
Junior & Adult Coaching	Ruby Lane	laner011@gmail.com	07801 992677
Organised Club Sessions	Peter Bird	slinfolddennis@gmail.com	07733 361686
Men's Over 60s	David Woodley	davidwoodley1@btinternet.com	07597 904585
Ladies' Morn.	Sally Coren	sally.coren@gmail.com	01403 823183
Clubhouse & Grounds	Mark Ponton	mark.ponton@btinternet.com	07747 466297
H&S Fire Officer	Mark Ponton	mark.ponton@btinternet.com	07747 466297

Regular Court Bookings

Monday	Mixed Social 17.00 onwards
Tuesday	Mixed Improvers Adult Coaching 10.30 - 12.00; Men's Over 60's 13.00 - 15.00; Ladies' Match Practice 17.00 onwards
Wednesday	Junior Coaching 15.45 - 19.30 (term time)
Thursday	Ladies' Morning 10.00 - 12.00; Men's Night 17.00 onwards
Friday	Skills and Drills 19.00 - 20.30 (summer only)
Saturday	Mixed Social 14.00 - 16.30
Sunday	Chilled Sunday Social 14.00 - 16.00

Sussex League Adult home matches take place Saturday and Sunday mornings



Facebook Page

Our Facebook page complements the Slinfold Tennis webpage as it offers a medium to show images and videos of our events.

In addition it provides some alternative content such as the racket restringing options, some details on club matches and tournaments.

Subscribe and scroll through to see if it appeals. Interesting club or tennis material is always welcome too!

<https://www.facebook.com/Slinfoldtennisclub/>

Neal

Club Website

www.clubspark.lta.org.uk/slinfolddtennisclub

Remember to browse the website for the latest news, up and coming events and to remind yourself of the future tournaments and coaching sessions available.

You can use our website to book a court or even easier download the ClubSpark app on your phone.

If you haven't an LTA account you can easily register with LTA ClubSpark through our 'book a court' web page.

If you have any relevant information or news, that you would like to add to the website please get in touch.

helen.tarran@outlook.com

Helen