



**TENNIS**  
AT **YOUR**  
**PACE**




## **WALKING TENNIS** at St John Tennis Club

### **What is Walking Tennis?**

Love tennis but looking for a gentler pace of play? Walking Tennis is safe, fun and inclusive and a fantastic way to stay active!

It's a game that's open to anyone - whether you're a lifelong tennis player, a complete beginner or just need a bit more time to get into the swing of things, you can give the game a go in a great setting.

### **How do you play Walking Tennis?**

-  You can let the ball bounce twice for extra time
-  Players cannot run or jump
-  Simple underarm serve

**Walking Tennis—Fridays 10am—11.30 am**

**St John Tennis Club, Westbury Rd, Ipswich IP4 4RH**

**Non members / Guests £3 per session**